

We Know What

Is going to happen to the little boy who is stuffing himself with green apples. A grown man couldn't be induced to try that experiment; and yet the grown man will overload himself with indigestible food for which he will pay a greater penalty than colic. It is this careless and thoughtless eating which is the beginning of stomach trouble and all its painful consequences.

Dr. Pierce's Golden Medical Discovery cures dyspepsia and other forms of "stomach trouble." It restores the weak and run-down man or woman to sound health.

"Some time has elapsed since I have written you in regard to the treatment I have been taking under your instructions," says Mr. E. F. Cingmars, of Minneapolis, Minn. "When first I commenced taking your remedies I was under treatment of a well-known specialist in this city (and had been for four months), for catarrh, and especially stomach trouble, and I was rapidly getting worse. Got so bad that I could not eat anything that did not distress me terribly, and I was obliged to quit taking the doctor's treatment entirely. I was greatly reduced in flesh. As a last resort I wrote to you and stated my case, and, after receiving your instructions I followed them closely. After taking five bottles of Dr. Pierce's Golden Medical Discovery and one vial of his 'Pleasant Pellets' I commenced to improve, and decided to continue the medicines and observe your instructions regarding hygienic treatment. It is now nearly six months since I commenced your treatment and I can say that I am well and never felt better in my life. Am very grateful to you for what your medicine has done for me."

Dr. Pierce's Pellets cure biliousness and sick headache.



FARM SCHOOLS.

The Latest Scheme Fostered by Ontario Education Department.

There is pending an important innovation in rural public school education. A growing movement is on foot to take up the study of agriculture on a scientific and attractive basis in rural schools. Manual training is soon to have a large place in city and town schools. The study of agriculture, in an experimental and practical way, is to be for the rural schools the counterpart of manual training in urban schools.

The scheme now being fostered by the Education Department contemplates a small school farm for central schools in each municipality. Traveling teachers of agriculture, preferably graduates of the Ontario Agricultural College, will visit these schools each week and teach the pupils of the district the principles and practice of the science of agriculture, as illustrated by the varied products of a 2½-acre school farm, worked by the pupils.

Carleton County is taking the initiative in the new departure. School Inspector Cowley has persuaded the Carleton County Council to defray the expenses of two such traveling teachers of agriculture, and Sir William Macdonald will pay the salary of a third teacher. In each municipality central schools will be selected within easy reach of four or five other surrounding schools. These central schools will be the "farm schools," and in each one the special teachers will hold classes once a week. These classes will be attended by the senior boys from the surrounding schools. The pupils will be taught the elements of horticulture, forestry, entomology, the science of agriculture, etc. As noted above, the theoretical teaching will be amplified by practical experiment on the school farms. The special teachers will be able to visit five of these central "farm schools" each week, and will hence serve altogether from 25 to 30 school sections.

Besides Carleton County, other counties are becoming interested in this latest educational development of the Province and will probably soon follow Carleton's lead. Saltfleet municipality, in Wentworth county, is also making arrangements to engage a traveling teacher of agriculture. In this case, however, special attention will be paid to the teaching of fruit culture.

It may be added that in France, Russia and Austria this system of agricultural education has for some years been carried on with the greatest success and on a large scale. In France there are 23,000 such schools.

Above the Atmosphere.

If it were possible to rise above the atmosphere which surrounds the earth the sun would look like a sharply defined ball of fire, while everything else would be wrapped in total darkness. There could be no diffusion of light without an atmosphere or some similar medium for the sun's rays to act upon. But, on the contrary, if the earth's atmosphere extended to a height of 700 miles the sun's heat and rays could never penetrate it, and we would freeze to death while wrapped in darkness blacker than the blackest midnight.

Virtues of Pumice Stone.

Pumice stone is the best thing in the world to take the stain off one's hands. When ink or any other stain gets on the fingers its removal is sometimes a matter of many days, but with a bit of pumice stone it may be rubbed off in a moment, and no one would ever know that it had

ever been there. To be sure, the rubbing must be pretty hard, and there is danger, of course, of rubbing off a little more cuticle than one can conveniently spare, but if this point is watched the toilet table has no more valuable accessory.

Walnuts and Gout.

Gouty patients are forbidden by their doctors to eat any sweets, but are advised to eat at least a dozen walnuts daily. There is no doubt that they are very beneficial in cases of gout and rheumatism. Swelling goes down and pain decreases.

Cows and Butter.

A French statistician estimates the number of cows in the civilized world as 63,880,000 and the amount of butter they yield at 2,640,000 tons a year.

Fragrant Plants.

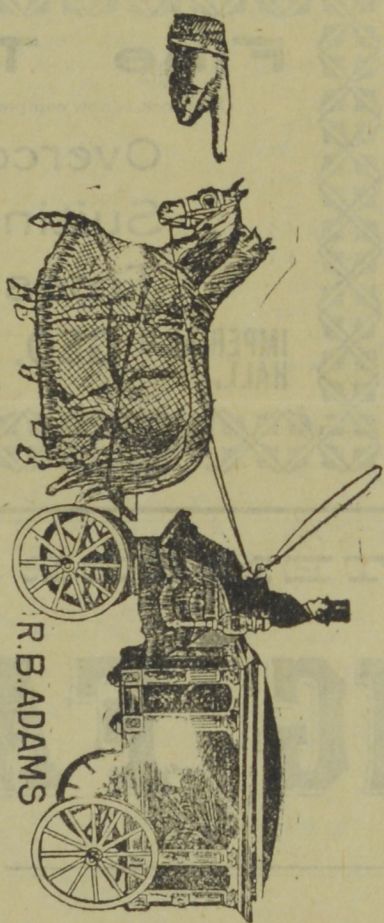
Plants with white blossoms have a larger proportion of fragrant flowers than any others. Next come red flowers, then yellow and then blue, and after these come violet, green, orange and brown flowers. Spring flowers contain the greatest number of white flowers, and therefore are those most generally fragrant.

If we gave assistance to each other, no one would be in want of fortune.—Menander.

Be Quick.

Not a minute should be lost after a child shows symptoms of cholera infantum. The first unusual looseness of the bowels should be sufficient warning. If immediate and proper treatment is given, serious consequences will be averted. Chamberlain's Colic, Cholera and Diarrhoea Remedy is the sole reliance of thousands of mothers and by its aid they have often saved their children's lives. Every household should have a bottle at hand. Get it today. It may save a life. For sale by all druggists.

FREE



Robert B. Adams,

Down town, opp. W. R. Logan, Grocer. Tel. 130.

A New Appointment

We have appointed SATURDAY as our

Bargain Day.

This does not refer to any particular day, but includes every Saturday during the year, or until further notice. Special Bargain Day prices will be given on Men's, Boys' and Children's Suits, Overcoats, Ulsters, Reefers, Raincoats and MacIntoshes, Boots, Shoes, Rubbers, Trunks, Valises, Satchels, Umbrellas, etc. Scarcely a week passes without new arrivals in all of the above lines.

LUCY & CO

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

SHOT GUN - PRESCRIPTION -

We suppose we are not revealing any trade secrets when we say that many medicines are made up on the principle of the so-called "Shot Gun" Prescriptions, which were formerly somewhat in vogue. The idea of the Shot Gun Prescriptions was to put into a medicine a large number of different drugs, each useful for different purposes, in the hope that some of them might hit the case.

The most successful physicians we know use a more direct method. The medicine we sell over our own name, and guarantee, does the same. This medicine is called

Staples' Dyspepsia Remedy.

It is the best remedy we know of for Dyspepsia in all forms, such as Indigestion, Costiveness, Biliousness, Sour Stomach, Heartburn, Water Brach, Sick Headache and all the terrible diseases caused by Dyspepsia. It is not a scattering "Shot Gun" Prescription but it goes straight to the mark, and has cured so many people right here in town, that it gives us confidence to sell it on an absolute guarantee, as follows: If you use a bottle and it does not help you, we will give you your money back without a word of complaint. We could not afford to guarantee it so boldly if we had not seen it succeed ninety-eight out of every one hundred cases.

Prepared by ALONZO STAPLES, Druggist, corner York and King Sts., Fitchburg, N. B.

SCHOOL SUPPLIES.

We are Headquarters for

Text and Reference Books

In English, French, Latin and German, and all school requisites. Largest stock in the Province. Bicycles, Sewing Machines, Pianos, Organs at lowest prices.

McMURRAY & CO.,

Queen Street, opp. Normal School.

INTERCOLONIAL RAILWAY

On and after Sunday, June 14th, 1903, trains will run daily (Sundays excepted), as follows:

TRAINS WILL LEAVE ST. JOHN

No. 6 Mixed for Moncton	6.25
No. 2 Express for Halifax and Campbellton	7.40
No. 134 Suburban for Hampton	13.15
No. 138 Suburban for Hampton	18.15
No. 156 Suburban for Hampton	22.40
No. 4 Express for Moncton and Point du Chene	11.00
No. 26 Express for Point du Chene, Halifax and Pictou	11.45
No. 8 Express for Sussex	17.10
No. 134 Express for Quebec and Montreal	19.00
No. 10 Express for Halifax and Sydney	23.45

TRAINS WILL ARRIVE AT ST. JOHN

No. 9 Express from Halifax and Sydney	6.55
No. 7 Express from Sussex	9.00
No. 133 Express from Montreal and Quebec	12.55
Nos. 135, 137, 155 Suburbans from Hampton	7.45, 15.30, 22.0
No. 5 Mixed from Moncton	15.10
No. 3 Express from Moncton and Point du Chene	17.30
No. 26 Express from Halifax and Pictou	17.45
No. 1 Express from Halifax	19.15
No. 81 Express from Moncton, (Sunday only)	1.35

All trains are run by Atlantic Standard Time. Twenty-four o'clock is midnight. Moncton, June 11, 1903.

Maryland Causality Company.

CAPITAL \$750,000

Surplus and reserves as to policy holders over

\$2,450,000.00

Accident, Health and Liability Insurance.

Clarke & Taylor

General Agents, St. John, N. B.

ST. JOHN HORSE SHOW

CARNIVAL

Under the patronage of His Excellency Lord Minto Governor General of Canada.

Oct. 5-10, 1903

\$2500.00 in prizes and valuable silver cups. Horse Show to be held in Victoria Rink on October 7th and 8th. Athletic Sports on Thursday, October 9th. Aquatic Sports on Friday, Oct. 10th—Regatta

ATHLETIC SPORTS. AQUATIC SPORTS

ATHLETIC SPORTS.

Amateur race, 100 yds handicap, prize, Gold trophy
Professional race, 100 yds handicap, 1st prize, \$75; 2nd prize, \$50
Boys' race, 100 yds (limit 16 years), prize, gold trophies
Pole vault, amateur, prize, gold trophy
Professional race, 125 yds handicap, 1st prize, \$75; 2nd prize, \$50
Hurdle race, 120 yds, amateur, prize, gold trophies
Hammer and shot throwing, 1st prize, \$25; 2nd prize, \$15
Professional race, 220 yds handicap, 1st prize, \$50; 2nd prize, \$25
Amateur race, 220 yds handicap, prize, gold trophies
Exhibition of jumping by champions for the world's records, 1st prize, \$25; 2nd prize, \$15

AQUATIC SPORTS.

Professional four-oared race, three crews outside of St. John to enter; 1st prize, \$300; 2nd prize, \$100
Amateur single sculls, prize, gold trophies
Amateur four-oared race, prize, gold trophies
Junior amateur four-oared race, prize, gold trophies
Professional single scull race, 1st prize, \$75; 2nd prize, \$25
Yacht sailing races, 1st prize, \$50; 2nd prize, \$25; 3rd prize, \$25
Professional oarsmen to guarantee \$5.00 that they will race. Money to be returned if they row.
Entries close for Horse Show on Sept. 15th. Entries close for Athletic Sports on Sept. 25th.
October in St. John is one of the finest months in the year.
Rands of music and other amusements.
Low excursion rates from every where.
For prize lists and all information apply to J. F. GLEESON, Secretary.

R. R. MACAULAY, Pres.
R. B. EMERSON, Vice-Pres.

DANCE PROGRAMMES.

We have something very neat and lobby in Dance Programmes, altogether unlike any previously used in this city. Call and have a look at them.