

BE DEVOTED TO YOUR WIFE.

Some Advice to Husbands on How to Retain

THE LOVE AND RESPECT OF THEIR BETTER HALF.

Hold the wife, as you won the sweet-heart, by gallantry and devotion. Neither time nor trite repetition has threshed the truth out of that threadbare saying of Lord Byron's: Man's love is of man's life a thing apart; 'tis woman's whole existence."

Even if this were not true of man by reason of his peculiar masculine organization, his bread winning training would make it so.

Woman lives in her emotions both because she is so constituted and because of her environment. To the woman who loves, life means love. It forms the idol of her thoughts and dreams, the foundation of her pleasures and the inspiration of all her undertakings, achievements and self-sacrifice.

She gives up family, home, freedom and even faces death for love. If, after all she does not get love, she is wretchedly, utterly, desperately disappointed. Words of endearment and caresses are necessary to woman because of her love-nature and because they have formed her constant nourishment since the days of the cradle. Woman is a great big grown up baby, eternally crying for love and putting up her mouth to be kissed.

The things that contrive to make or mar a woman's happiness may look trivial in cold print. But they are mighty important to woman herself. Such an insignificant change in the heading of his letter as "Jarlino" to "dear" has been known to send brides straightway into hysterics. If the young husband omit in today's letter the "Precious" by which he for the first time had called her in yesterday's letter—a meaningful love term which proves the endearing power of absence—she mopes around the house all day in heavy spirited despondency. She cannot practice embroidery, read, play solitaire or arrange the tidies and bric-a-brac.

"Could he have met anybody down in Galveston, between Sunday's and Monday's letter, that has come in between them?"

She reads his letters several times a day wears them upon her heart, sleeps upon them and keeps the gas burning low to read over certain passages at intervals during the night. If in the haste and bustle of things down south he fails in so many words to speak of their love, she telegraphs him and asks him if he loves her still.

If he changes his hotel before he can notify her, or if any of her letters are misrouted, he is routed out of bed in the wee-small hours of the night by the porter with the information that his wife is waiting below in the parlor.

And then, there is the kiss.

In matters of the heart, a woman is always measuring and defining. If some one of the various natural causes his married kiss is not as warm, as long, as deep or as often as his courtship one, she gets out her thermometer and yardstick. She rattles him with questions in regard to man's love, regarding which he has never thought; surprises him into replies which he never would have given, supplies answers and causes where he is unable and makes them both miserable and dissatisfied.

And all because he has been too lazy and stupid to keep up his gallant devotion.

If, finally, marriage falls to that low ebb of felicity in which he is too busy, too careless or indifferent to kiss his wife at all, it is high time he was up and about devising a way to win back his wife.

I have delineated a woman's nature and indicated her need. Be guided by these in holding your wife. A woman is a woman.

If you are not equal to considering her inherent frailties, her vagaries and her inexplicable sensitiveness, stick to your club.

A man to hold his wife, must not interfere with her right to liberty of thought and conscience. He cannot insist upon doing her thinking for her. A woman is not a puppet. She is an individual. She is an individual with all the individual's consciousness, of an individual's right to individual thought, individual conscience and individual activity, women have been fondly called angels and seraphs and saints and divinities and no end of pretty things on the one hand, while on the other they have been called dull senseless things, devoid of both soul and reason. I believe it was naughty Lord Byron who paid women this last compliment. Of course he referred to the poor oppressed female of the fourteenth century. He would not have dared say such a thing of the twentieth century woman.

All questions of ethics, religion, politics and choice of pursuits in study and pleasure man must allow his wife to decide for herself. Difference of opinion regarding the rearing and training of children and domestic economy must be settled by loving compromise. In these matters the wife—if she loves him—and in most others besides, will compromise, if he does not undertake to compel her by asserting the royal rights of husbandarchy. She is not his subject. She is his associate in a partnership of love.

"The Crown Princess," said Andre Giron, in detailing the antipathies and woes of her odious married existence with the prince, "was forbidden to read the newspapers because they spread injurious ideas. She must not read romances, because they do not respect the conventionalities. She must not even enjoy music, because it unsettles the mind. She must do nothing but live according to court etiquette."

The unceremonious upshot of all this vigilance and pains to keep Louise's mind healthy has been a flippant disregard for the marriage sacrament and the unsettling of a royal kingdom.

If a husband would hold his wife, he must not treat her as a dependant. To not put her to the humiliation inconvenience of asking him everytime she wants a carfare. Your wife is not your child, whose spendthrift tendencies you must curb, or your servant, to whom you pay wages for your household drudgery. Consider together your income, the cost of actual necessities, how much should be placed in reserve and then divide the rest between you.

When your wife comes down in a ravishing creation of white chiffon and Pink La Frances, don't tell her that a half dozen American beauties at a quarter the price would do just as well. She will think of those you sent the morning after the betrothal at \$22 a dozen. If she makes what you regard as a foolish purchase, or overdraws her account, don't warn her that you will have to "shut down" upon her, or depress her with doleful visions of the poorhouse. If you do she will tell your mother-in-law that you are mean and stingy with her, and it will somehow leak out in your club and work its way to the ears of your old "flame," who will thank their stars that they are not she.

Besides, it will drive her to desperate methods. "It is degrading," said a shame faced wife, as she sewed up the seam in his pocket which she had ripped when she had pilfered his change, "but if he did not think he had lost it, he would vow I took it, and the children would hear the dispute." She may be extravagant and inconsiderate, as wives sometimes are. But work your reforms without previous announcement and without airing your methods. I know a man who cured his wife of her selfish expenditures by paying without remonstrance her extravagant bills which expanded every month, and by practicing the most painstaking disregard of his own toilet. His coat became worn and shiny at the seams; his trousers bagged at the knees; and he trimmed his ragged collar before the mirror of his wife's dressing table with a silent resignation touching to see. Perceiving finally what an uncomely sight she was making of her husband, she went into deepest sackcloth of remorse and penitence.

The husband must be, to hold his wife, not boorish, but gallant; not indifferent,

but loving and devoted; not domineering but chivalrous; not stupid and bungling, but clever and patient.

\$25,000.00 Given Away.

In the past year Dr. R. V. Pierce has given away copies of his great work, The People's Common Sense Medical Adviser, at an expense to him of \$25,000.00 exclusive of postage. This standard book on medicine and hygiene, contains 1008 pages and more than 700 illustrations. It treats of the greatest and gravest problems of human life in simple English, from a common sense point of view. It answers those questions of sex which linger unspoken upon the lips of youth and maiden. It is essentially a family book, and its advice in a moment of sudden illness or accident may be the means of saving a valuable life. This great work is sent absolutely free on receipt of stamps to defray the cost of mailing and customs. Send 31 one cent stamps for the book in paper binding, or 50 stamps for cloth covers. Address Dr. R. V. Pierce, Buffalo, N. Y.

Soap and Water for Typhoid.

Director Martin, of Philadelphia, says that a generous use of soap and water is an excellent preventive of typhoid fever.

"If people," he said, "would wash their hands more frequently the spread of typhoid would undoubtedly be checked somewhat. Dirt containing typhoid germs not unfrequently collects on the hands and is carried into the system on a piece of bread or cake, or anything held in the unwashed hands while eating. Market men and hucksters in handling celery and lettuce not infrequently infect those vegetables with typhoid through their dirty hands. All vegetables and fruits eaten in the raw state should be thoroughly washed before eaten. At present I should advise people to refrain from eating salad."

A BLOATED STOMACH

Distention and pains from indigestion are cured quickly by Nerviline. When you get an attack of stomach trouble take a stiff dose of Nerviline, which is perfectly harmless but marvellously quick in effecting a lasting cure. "I was once taken ill with stomach trouble" writes Edward Rowell of Rochester. "I was in great pain and distress but half a teaspoonful of Nerviline fixed me up in a few minutes. I can recommend Nerviline for sick headache and cramps and consider it an invaluable household remedy." Try it yourself. Price 25c.

A NEAT STORE.

A Popular Grocery Store Where You Will Get Your Money's Worth.

Messrs. Dykeman and Vanwart the popular West End grocers have decorated their store with evergreens for Christmas and it presents a very neat appearance. Notwithstanding the fact that this firm do a large business, they find time to keep their store clean and neat and this is what a person likes to see about a store where he buys his provisions. This firm has only been in business a few months, but they are coming up to the front line of city grocers, and have succeeded in building up a first class trade. They are always ready to give you a welcome smile, and what is better, a dollar's worth for a dollar, and that is what takes.

It would be worth while for intending purchasers of goods in their line to give them a call. The lines carried by Dykeman & Vanwart include everything usually found in an up-to-date family provision store. You can get your whole Christmas outfit there. We noticed some very nice mince meat which they were opening today, also some new cider. Space will not permit us to enumerate the goods they carry, but the reader can just drop in and see for himself.

AN ASTHMATIC'S STORY TOLD.

Sleepless nights, suffocating sensations, difficult to even breathe. "I can scarcely describe all I suffered from asthma," writes Mrs. E. P. Cavanaugh of Colborne. "Spasms of coughing would come on that made me weak. Nothing did me any good until I used the fragrant, healing Catarrhone. I am delighted to recommend this remedy which cured me of chronic asthma after scores of good physicians had given me up. Catarrhone is better for asthma gives quicker relief than any remedy I know of. My cure is a perfect one." Try Catarrhone, it never fails to cure asthma. Complete outfit 1.00; trial size 25c.

MR. LYALL ACCEPTS

And will Redeem St. Antoine Division, Montreal, for the Liberals.

The only division in Montreal represented in the present parliament at Ottawa is St. Antoine, for which Dr. Roddick has sat for the past two terms. The Doctor, however, is tired of politics, and will not stand again, and his party will nominate Ald. Ames, although Mr. Foster was talked of.

The Liberals expect to redeem the Division and have put up Mr. Peter Lyall, a very popular gentleman, and one of the leading contractors of Canada.

In accepting nomination Mr. Lyall said:

"Throughout my life I have been a man of action rather than words, I like to do things rather than talk about them, I am not going to burden you with long speeches. I may say, however, that I am an ardent admirer and staunch supporter of that great man and devoted Canadian, who has done so much for the unbuilding of our country, and bringing it into prominence not only in our Mother Country, but in all the nations of the world.

"There is no other country on the face of the earth which has been more prominently and more favorably in the public eye during the last seven years, than Canada. We have the proof of this in the expansion of our foreign trade and we have a still further evidence of the growing importance of our country, in the eyes of the world, in the stream of immigration which is pouring in from Europe and the United States.

"We need more people in Canada, the enormous wheat belts of our great Northwest must be taken up. Manufacturing industries of the older provinces must be developed. We should be great exporters of paper and iron and other products of the mine, forest and field.

"We must have population to develop these resources of our country, and it should be a matter of great pride and

satisfaction to us that the vigorous and forward policy adopted by our party, when it came into power in 1896, has been justified by the results we are achieving, not only in finding suitable and remunerative employment for all the immigrants who have sought homes in our country, but, what is still more important, that we should have been enabled to see the exodus of our people to the United States which went on for so many years, effectively stopped.

"There is plenty of work in Canada today at good wages for all her sons and daughters who want to work, and we have room in our great Northwest, and the undeveloped portions of our older provinces for many millions more.

"There is one question which I desire to bring before you, and that is the Imperial question now being advocated by the Hon. Joseph Chamberlain in Great Britain. This policy of mutual preference and interchange between the Mother Country and her colonies has my hearty support. It is a pleasure to recall that this great question originated with our honored leader, Sir Wilfrid Laurier, and that Canada through him was the first to give a preference to the Mother Country. While heartily approving of this policy, we must guard against injury being done to any of our manufacturing industries."

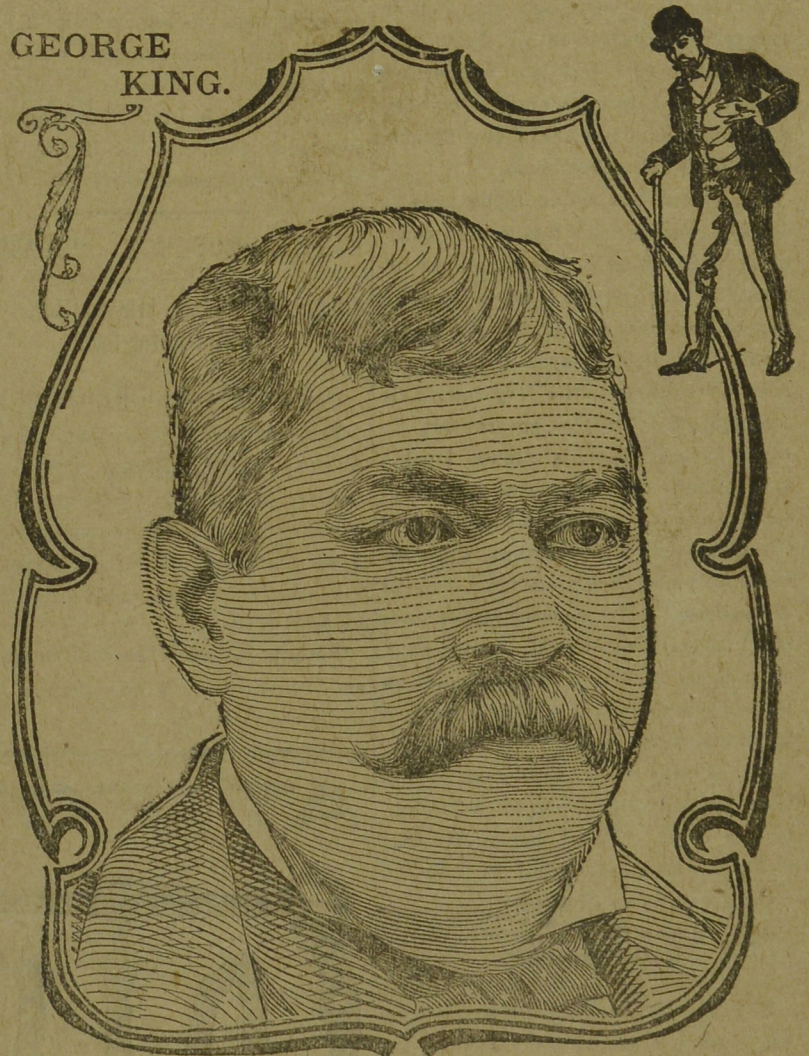
POSSIBLY YOUR WIFE.

Doesn't look so young and pretty as she used to. If her cheeks are hollow and pale, if she is tired and nervous she needs Ferrozone, which is noted for restoring the bloom of health to sickly girls and women. Complexion quickly becomes rosy, spirits rise, and strength increases daily. Health and vigor will soon return to your wife or daughter if Ferrozone is taken. It's the best tonic made, and costs 50c. at druggists.

All I demand for my client, shouted the attorney, in the voice of a man who was paid for it, is justice! I'm sorry I can't accommodate you, replied the judge, but the law won't allow me to give him more than seven years.

CATARRH DESTROYS THE KIDNEYS.

GEORGE KING.



MR. GEORGE KING, Deputy Sheriff of Rensselaer Co., N. Y., for years was a well known merchant of Troy. In a letter from No. 45 King St., Troy, N. Y., he writes:

"Peruna cured me from what the doctors were afraid would turn into Bright's Disease, after I had suffered with catarrh of the bladder and kidney trouble."

"Peruna is a blessing to a sick man. Eight bottles made me a well man and were worth more than a thousand dollars to me. I cannot speak too highly of it. It is now four years since I was troubled, and I have enjoyed perfect health since."—George King.

A Prominent Member of I. O. O. F. Threatened With Bright's Disease.—Peru-na Restored Him to Health.

O. Fred Lindstrom, Past Grand Master Independent Order of Odd Fellows, writes from 1923 University Ave., St. Paul, Minn.:

"I contracted a severe cold several years ago, which from neglect developed into urinary trouble, and threatened Bright's disease. I used Peruna faithfully for three and one-half months, when my health was perfect once more. I have never had any trouble since."—O. Fred Lindstrom.

Catarrhal inflammation of the mucous lining of the kidneys, also called "Bright's disease," may be either acute or chronic. The acute form produces symptoms of such prominence that the serious nature of the disease is at once suspected, but the chronic variety may come on so gradually and insidiously that its presence is not suspected until after it has fastened itself thoroughly upon its victim.

At the appearance of the first symptom Peruna should be taken. This remedy strikes at once at the very root of the disease.

A book on catarrh sent free by The Peruna Medicine Co., Columbus, O.