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CURE

Biliousness
Headache
Constipation
Keep the eyes bright
and the skin clear.
They cleanse and
purify the system.

At all dealers 25c.

A SEA SONG.

A wet sheet and a flowing sea,
And wind that follows fast,
And fills the white and rustling sail,
And bends the gallant mast;
And bends the gallant mast, my boys,
While like the eagle free,
Away the good ship flies, and leaves
Old England on the lee.

Oh, for a soft and gentle wind!
I heard a fair one cry;
But give to me the roaring breeze
And white waves heaving high;
And white waves heaving high, my boys,
The good ship, tight and free,
The world of waters is our home,
And merry men are we.

There's tempest in yon horned moon,
And lightning in yon cloud!
And hark the music, mariners!
The wind is piping loud;
The wind is piping loud, my boys,
The lightning flashing free,
While the hollow oak our palace is,
Our heritage the sea.
—Allan Cunningham.

THE HASTINGS COACH.

Ghostly Legend Attached to the House
of the Earl of London.

Mr. T. P. O'Connor tells the following in his Mainly About People: To many prominent Scottish families there is, as is well known, attached some ghostly legend or other, generally taking the form of weird music or a similar manifestation, which is believed to forewarn death of some member of the house. Of such a nature is the famous "Hasting coach," which is said to be heard (although not seen) driving to the door, when the death is imminent of any member of the ancient family of which the Earl of Loudon and Lord Grey de Ruthyn are now the heads. Lady Victoria Kirwan, mother of the lady who has for some years past devoted herself to further the material and moral welfare of the working shop girls of the West End, had good reason, she used to tell her intimate friends, for believing in the truth of this legend. Her brother was the fourth and last Marquis of Hastings, who died in 1868, in his twenty-seventh year, after a career on the turf alike brief, brilliant and disastrous.

Lady Victoria's story was that she was dining in her brother's company (I think in his own house) in the autumn of 1868, soon after the Newmarket October meeting, when Lord Hastings was seen on a race course for the last time. In the middle of dinner she heard the grinding of carriage wheels on the gravel outside, and immediately afterwards a loud ring at the door bell. The servants apparently heard nothing, but the young Marquis instantly rose from the table, and said he would go himself and see who had arrived. A few moments later he returned to the dining-room with a white face and a strange smile, and, looking around on the assembled company, offered to wager a large sum that there would be a funeral from the house within a month. Three weeks later he himself was lying dead in an upper chamber. The ghostly warning had come to no one in the room except his sister and himself—for it is heard only by those of the Hastings blood.

The Railway Man's Mile-Book.

The railway man's mileage has been recently completed by The London Advertiser. According to that mathematical journal there are conductors and brakemen running between London and Windsor and Windsor and Niagara Falls, who, in a year's run—not counting Sunday—cover respectively 68,460 miles and 48,000 miles. On the Sarnia branch are men whose year's run total up to 44,800 miles. On the through trains from the tunnel to Suspension Bridge, train-hands make on an average 52,000 miles in a year. The C. P.R. mileage per capita is also a case of big mathematics. Between Toronto and Windsor the crews on through trains roll up 66,000 miles to their credit in a year. Even in the C.P.R. freight service the average year's run is 38,400 miles. According to these figures the average express train conductor on the through lines of both the Grand Trunk and the C.P.R. travels more than three times round the earth at the equator in a year. A conductor forty years on the road—if such an average rate could be maintained for the length of time—would travel 2,312,600 miles.

An Aggravated Cough Cured.

A customer of ours who had been suffering from a severe cough for six months bought two bottles of Chamberlain's Cough Remedy from us and was entirely cured by one and a half bottles of it. It gave perfect satisfaction with one trade.—Haynes-Parker & Co., Lineville, Ala. For sale by all druggists.

Canadian Women Warned.

A caution to young Canadian women is as necessary as that which is finding place in many American religious papers, to the effect that an organized attempt is being made to entice young women to St. Louis for infamous purposes, under the guise of attractive and profitable employment. The great Exposition to be held there will call for domestic help of every class, and many favorable positions will open for industrious and competent girls, but there is fearful risk in any young woman going to such a city to find employment in answer to an ordinary advertisement, and without certainty as to the responsible and respectable character of the advertiser. A woman's society in the western cities is sending out circulars and publishing papers showing that there are gangs of vile wretches scouring the country towns and places to lure girls to cities where it is promised they will be met and cared for by kind friends and provided with a home and employment. To their dismay they are taken to dens of infamy, and only escape as by a miracle, if they escape at all. And the scoundrel who sent them forward is paid a large commission for every one he thus sends to the snare of the fowler. This seems too diabolical to be true, but the facts are verified, and the operators of the shameless game have been traced and convicted and imprisoned, though much oftener they escape. Knowing this, the young women of Canada should not only keep far away from all such treacherous schemes and schemers, but they should put all their young acquaintances in possession of the facts referred to, and unite with them in a crusade for purity and happiness within the range of their acquaintance.—Canadian Baptist.

Mothers of Well-Known Men.

A venerable woman has just died in Montreal, at the age of 92, whose children are well known. This is Madame Fabre, mother of the late Archbishop Fabre, of Hon. Hector Fabre, now Canadian representative in Paris, and the late Lady Cartier, widow of Sir G. E. Cartier. Madame Fabre, whose maiden name was Perrault, married in 1826 E. R. Fabre, who half a century ago was Mayor of Montreal. He kept a book store on St. Vincent street, and was one of the first Canadian booksellers to import foreign works. He died of cholera in 1854. For half a century since Mme. Fabre has lived in widowhood, surrounded by children and grandchildren, and enjoying good health almost to the last. As was her custom, Mme. Fabre never missed mass on Sundays or feast days, but last Christmas, owing to failing strength, she was obliged to give up this pious practice of three-quarters of a century.

Home laundrying is so much cleaner and fresher and so much easier on the clothes. You can get every bit as good a finish, too, if you use Celluloid Starch. It is easy to use, requiring no boiling, and soaks into the fabric without strength-taxing, clothes-wearing rubbing.

Ask your grocer for

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Never Sticks. Requires no Cooking

The Brantford Starch Works, Limited, Brantford, Canada.

DIG IN.

When you want to get ahead. Dig in!
When you're up to work you dread. Dig in!
When Dame Care comes down your way,
Days are sad instead of gay,
When there's nothing seems to pay. Dig in!
When the other fellows lead. Dig in!
When you're short on things you need. Dig in!
When the rent is overdue
And the landlord says he'll sue—
When the world is looking blue. Dig in!
Never mind the other man, Dig in!
You can win, you know you can, Dig in!
Better luck will come your way,
Just make up your mind to stay;
Every dog will have his day. Dig in!

A LIFE ON THE OCEAN WAVE.

A life on the ocean wave,
A home on the rolling deep,
Where the scattered waters rave,
And the winds their revels keep!
Like an eagle caged in pine
On this dull, unchanging shore;
O, give me the flashing brine,
The spray and the tempest's roar!
Once more on the deck I stand,
Of my own swift-sailing craft;
Set sail! Farewell to the land;
The gale follows fair and abate.
We shoot through the sparkling foam
Like an ocean bird, set free—
Like the ocean bird, our home
We'll find far out on the sea.
The land is no longer in view,
The clouds have begun to frown;
But with a stout vessel and crew,
We'll say, Let the storm come down!
And the song of our hearts shall be,
While the winds and the waters rave,
A home on the rolling sea!
A life on the ocean wave!
—Epes Sargent.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Charles H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

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"HELP YE ONE ANOTHER."

How the Sparrows of Winnipeg Live Up to the Divine Command.

The divine command, "Help ye one another," seems to be followed a great deal more unhesitatingly by a certain community of sparrows that hang out in the C.N.R. depot, Winnipeg, than it is by the majority of humans, says a despatch from that city.

Last fall the powers that be on the C. N. R. concluded that the little brown chirpers had become so important in point of numbers and had so entirely misconceived the real aim and object of the huge canopy which covers the four tracks that stream-liners measures must be taken to be rid of them.

They were gathered by thousands up among the darkened beams and joints of the roof and the sounds of their daily converse were as the far-off murmurings of a mighty host.

One day orders came from headquarters, and employees with guns took up positions at the west end of the station and opened fire. Till noon the boom of the slaughter sounded, the police rushed valiantly to the scene, and went back again; passersby held their ears and small boys collected more thickly than the birds. When it was all over only a few brown chirpers remained, and a wire netting was affixed beneath the beams from gable to gable, shutting off entrances and exit. This solved the problem—for a time. But as the days passed it was noticed that the few sparrows held prisoners above the netting, instead of pining away and starving, grew fat, flourished, and increased. This was a poser.

Recently a watch was set and an investigation made, with the result that a few days ago the observers ascertained the fact that the birds on the inside were being fed by their friends outside. Regularly, day after day, the little fellows enjoying freedom procure food, and flying to one of the many small apertures in the roofing, deposit it within reach of their friends.

The C.N.R. officials will have to call a meeting to devise other plans.

Our Japanese Agent.

Mr. Alexander MacLean of Ottawa, who has just been appointed Commercial Agent for Canada to Japan, was in his earlier days a prominent newspaper man. He established The Mitchell Reformer in 1861, published The Cornwall Freeholder from 1865 to 1872, was Ottawa correspondent of The Globe from 1872 to 1874, was proprietor and publisher of The Ottawa Times, 1874-1875, and was managing director of The Montreal Herald, 1894-1895. With Mr. J. C. Roger he obtained in 1874 the contract for the Parliamentary and departmental printing at Ottawa, and held it until the Printing Bureau was established in 1888. In the meantime he had turned his attention to manufacturing, and in 1885 established the Canadian Granite Company, and three years later the Ottawa Granolithic Paving Company, of both of which he was president. He took considerable interest in municipal matters, and was an alderman for several terms. In politics he is a Liberal, and was for a term president of the Ottawa Reform Association. He has also been president of the St. Andrew's Society, of the Ottawa Art School and of the Central Canada Exhibition Association.

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P. FARRELI

April 10, 1904

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On and after Sunday, October 11th, 1903, trains will run daily (Sundays excepted), as follows:

TRAINS WILL LEAVE ST. JOHN

No. 6 Mixed for Moncton	6.30
No. 2 Express for Halifax, the Sydneys and Campbellton	7.00
No. 4 Express for Point du Chene	13.15
No. 26 Express for Point du Chene, Halifax and Pictou	12.1
No. 8 Express for Sussex	17.10
No. 134 Express for Quebec and Montreal	18.00
No. 10 Express for Halifax and Sydney	23.2

TRAINS WILL ARRIVE AT ST. JOHN

No. 9 Express from Halifax and Sydney	6.2
No. 7 Express from Sussex	9.00
No. 133 Express from Montreal and Quebec	13.58
No. 5 Mixed from Moncton	15.20
No. 3 Mixed from Point du Chene	16.50
No. 25 Express from Halifax, Pictou and Moncton	17.40
No. 1 Express from Halifax	18.40
No. 81 Express from Moncton, (Sunday only)	24.35

All trains are run by Atlantic Standard Time. Twenty-four o'clock is midnight, Moncton, October 9, 1903

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