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FEATS PERFORMED BY WORLD'S GREAT ATHLETES.

Strong men of all times have excited the admiration of their fellows and have always been objects of popular interest. The Bible celebrates the exploits of Samson, Greek mythology tells of Hercules as the personification of physical force, strength, bravery and generosity. In more recent days we have recorded some instances of extraordinary strength.

It must be borne in mind that remarkable physical feats depend less upon the size of the individual than upon the mechanical proportions of the various members of the body and also those qualities which go to make what we commonly call will, the power which represents those characteristics of the mind and which are chiefly the result of discipline, habits, confidence and acumen.

Jumpers and acrobatic tumblers are credited with many extraordinary accomplishments dating from remote times. Phylus of Croton is said upon good authority to have jumped the incredible distance of fifty-five feet. In the writings of many Greek and Roman historians there are recorded jumps of fifty feet by practical athletes. A jump of more than twenty feet today is considered very clever, the record being twenty-nine feet seven inches without weights, although greater distances have been jumped with the aid of apparatus.

In September, 1895, M. F. Sweeney, and American amateur, at Manhattan field, New York, jumped six feet five and five-eighths inches in a running high jump without weights. With weights J. H. Fitzpatrick, of Oak Island, Mass., jumped six feet six inches. The record for the high kick is nine feet eight inches, by C. C. Lee, at New Haven, Conn.

Endurance in swimming as a sport has some remarkable examples. The ancient Greeks, living on their various islands and inhabiting a mild climate, were celebrated as swimmers. Socrates relates the feats of swimming among the inhabitants of Delos. The journeys of Leander across the Hellespont are celebrated in both verse and prose. Herodotus says that the Macedonians were skillful swimmers, and we know that nearly all living savages on the borders of waterways are remarkable for their dexterity in swimming.

In 1875 Captain Webb swam across the English Channel from Dover to Calais. He felt extremely cold at the end of his trip, but his body was found to be as warm as when he started. He was exhausted and very sleepy, and fell into a sleep slumber on his way to the hotel. On getting into bed his temperature was only about half a degree below normal, while his pulse was quite normal. In five hours he was feverish, his temperature rising from ninety-eight to one hundred and one degrees. During the passage he was blinded from

the salt water in his eyes, and the spray beating against his face. After a good night's rest he was apparently none the worse for the task. He later repeated the event successfully, but in 1883 he lost his life in attempting to swim the rapids of Niagara.

In 1877 Cavill swam from Cape Gris-Nez to South Farland in less than thirteen hours, and in 1880 Webb swam and floated at Scarborough for seventy-four consecutive hours as a mere feat of staying in the water.

In London in 1881 Beckwith swam ten hours a day over a thirty-two lap course for six days, and traversed ninety-four miles.

Squire Obaldistone, an Englishman, rode two hundred miles in seven hours ten minutes, and four seconds. He used twenty-eight horses, and as 1 hour 22 minutes and fifty-six seconds were allowed for stoppages, the whole time, changes and all, occupied in accomplishing this wonderful feat was eight hours and forty-two minutes. The race was run at the Newmarket Houghton meeting over a four-mile course.

It is recorded that a Captain Horne of the Madras horse artillery rode two hundred miles on Arab horses in less than ten hours, along the road between Madras and Bangalore. When we consider the slower speed of the Arab horses and the roads and climate of India, this performance rather more than equals the two hundred miles in the shorter time on an English race track and on thoroughbreds. This wonderful horseman lost his life finally in riding a horse named Jumping Jenny a hundred miles a day for eight days.

The heat was excessive, and although the horse was none the worse for the performance, the captain died from the exposure and exhaustion.

It is also recorded that a Mr. Bacon rode a camel eight hundred miles, from Bombay to Alogur, in eight days.

Christopher Duke of Bavaria is said to have lifted to his shoulders a stone which weighed more than three hundred and fifty pounds.

Louis de Boufflers, surnamed the "Robust," who lived in 1534, was noted for his strength and agility. When he placed his feet together, one against the other, he could find no one able to disturb them. He could easily bend and break a horseshoe with his hands, and could seize an ox by the tail and drag it against its will. He more than once carried a horse upon his shoulders.

Among other celebrated persons in history endowed with uncommon strength were: Caliph Mostasem-Billah; Edmund "Ironside," King of England; Boudwin, Count of Flanders; William IV., called the Pious; Godfrey of Bouillon, Emperor Charles IV., and Alexander III., Czar of Russia.

BEST EDUCATED IN THE WORLD.

About the Free Women of Holland.

Rights Are Recognized and all Professions Open to Them--Helped to be Self-Supporting and Artistic Except in Dress.

Miss Rudolphine Scheffer, who has been giving parlor talks for the benefit of the Society of Russian Freedom during the past few months in the U. S., is the daughter of Dr. Rudolph Scheffer, who was placed by the Dutch government at the head of the scientific tropical garden in the world, that at Buitenzorg and Java, whose name is known to all botanists. Miss Scheffer was born in Java. Malayan was her native tongue, and she spoke no other until she had been talking several years.

She was educated in Holland and became an actress in the Royal Society of the Netherlands stage, the dramatic organization endowed by Queen Wilhelmina. She is interested in politics, like all educated European women, and in the modern feminine movement in Holland.

"Our Queen is popular in Holland," said she. "But she is respected, not as a queen, but as a princess of the House of Orange."

"Really the monarchy is an anomaly in Holland. We are essentially republicans, yet we are fond of our great historic House of Orange, in-

terwoven as it is with our history as a nation."

"That old William III., though, Wilhelmina's father, almost destroyed the popular regard both for the monarchy and the House. Queen Wilhelmina's prestige is due to her mother, Queen Emma. The Queen is sailing on the full sea of her mother's achievement."

"The accession of a queen to the throne has been a very great thing for us women in Holland. Not that the queen is particularly interested in the feminist movement, though in no way opposed to it. But the very fact that we have a woman ruler instead of a man has caused a revision of the laws relating to women."

"The father has previously had entire legal control over the children. Now mothers and fathers have been made equal guardians. Before, in the case of divorce or separation, the father had entire disposal of the children. Now the judge calls a family council of relatives on both sides, which reports to him. And it is safe to say that no one knows better than the family who is to blame and

who ought to have the custody and bringing up of the children."

"As for the property rights of married women, that is all regulated with us by marriage contract. Even the woman of the masses can, by simply claiming the privilege beforehand, marry with separation of property, in which case they have entire control of their wages."

"If the woman neglects this precaution the husband controls her wages. But if she can get her wages into a savings bank under her own name, her husband cannot touch them. He cannot even touch his own savings if she gets them into a bank under her name."

"We have never had any such trouble about women in the profession as there has been here. If a woman can pass the requisite examination for admission to legal or medical practice, she is admitted. No one ever thought of opposing it."

"Women teach in all our institutions of learning except our universities, and in greater number than men. The question of married women teaching is now being agitated. The consensus of opinion is that other qualifications being equal, a mother will make a better teacher—especially of young children than one who never had children."

"Women are doing a very useful work as factory inspectors with us."

"We have a very excellent institution called the National Bureau of Women's Professions. It was founded out of a surplus left after the great exposition of women's work in 1890. It is a complete bureau of information with regard to everything connected with money earning by women."

"Parents who wish their daughters to become self supporting can ascertain there the opportunities in any line, wages and openings, the best schools and methods of equipment, requirements and prices. It is conducted by women and so well organized that there is not a little village in Holland which has not one woman of position acting as agent for the bureau to collect and disseminate information."

"We are interested in providing new occupations for women in the way of art crafts. Our prime minister, Abraham Kuyper, did not think it beneath his dignity to revive the ancient lace making of Holland and to call upon a woman to assist him."

"The old peasant lace making of Holland has never died out, but the antique patterns, copied from mother to daughter, has lost its reputation. Mr. Kuyper put the matter in the hands of Mrs. Agathe Wegerif, our leading artist, and we have now a school of lace making and Apeldoorn, where the old craft has been revived along the lines of the most artistic modern ideas."

"Mrs. Wegerif has established another and most interesting craft. This is batik, the old native decorative craft of the Javanese women, very ancient and very interesting to art craftsmen, because found nowhere else in the world."

"Every woman in Java does batik, from the peasant up to the two daughters of the two sultans."

"Every native in Java, man and woman, wears clothes decorated in batik. For the palaces of the sultans the native princesses make hangings with great historical designs, outlined in gold. Each color and each material demands a different treatment. The Javanese women use it only with one or two materials, and with red, yellow, blue and occasionally green."

Now, Mrs. Wegerif has established studios in which she is experimenting with all materials and all colors. She has used it on velvet and the richest materials. She employs only women, and she took the prize at the art exposition in Turin, with curtains done with the coat of arms of the city in batik."

"Emperor William fitted up his yacht with hangings from her studio, done in his monogram."

"Dutch women," said Miss Scheffer, returning to her favorite theme, are the best educated in the world. I know that the great ladies and the professional women of Germany are very highly educated. But the ordinary German hausfrau is not educated."

"Now, the ordinary, middle class Dutch hausfrau will discuss every subject under the sun with you intelligently, all the latest and most advanced ideas. The new books in four literatures, the modern drama, politics, labor troubles, sex problems. The reason is that everybody has to learn four languages in Holland; Dutch, German, French, English, and has to know something of the literature of these languages."

"The state requires it, and all education in Holland is state education. You cannot run a private school unless you run it according to state regulations. You can not even educate your own children in your own house unless you do it according to state requirements."

"As a consequence the Dutch hausfrau talks four languages, is acquainted with four literatures and keeps track of the notable books and new

ideas emanating from those four races. "The advanced women are going in for dress reform. But instead of adopting the artistic dress reform, which is beautiful, they are taking those horrid loose sacks that make a woman look like a bag. Dutch women have an idea that all beauty in dress is frivolity, that only in ugliness can there be thoroughness. It is very sad."

LONDON'S BIG SENSATION

Prominent Man Charged With Attempting Murder of Former Wife.

London, Aug. 18.—A great sensation has been created by the arrest of Hugh Watt, a financier, and formerly a member of parliament for the Camalachie division of Glasgow, on the charge of attempting to procure a private detective to assist in the murder of his former wife.

Detective Marshall testified in a police court today that Watt offered him twenty-five thousand dollars if he would induce the woman to come to Watt's flat, where he proposed to kill her by the administration of chloroform and then to remove the smell of the chloroform with peppermint.

Watt was remanded for trial on bail of three thousand dollars. The police found both chloroform and peppermint in Watt's apartments. Watt was prominent in the divorce courts some years ago when his wife sued for a divorce, the co-respondent being Lady Violet Beauchamp, daughter of the late Lord and Lady Roeder and the divorced wife of Sir Reginald Beauchamp whom Watt has since married.

Since the granting of the divorce Watt and his former wife have been in the law courts concerning their marriage settlement and much bitterness has resulted. A couple of weeks ago they appeared in police court, Watt charging the woman with having assaulted and violently ejected him from her house where he said he went for the purpose of trying to compromise their business disagreements.

RADIANT WOMANHOOD.

The glory and satisfaction of beautiful womanhood can be known only to those possessing the limited advantages of health. No weak woman can be happy or enjoy half the pleasures of life. Pallid cheeks, sunken eyes, exhausted nerves tell of a terrible struggle to keep up. What the weak woman needs is Ferrozene; it renews, restores and vitalizes instantly—it's a "woman's remedy," that's why.

Ferozene makes women strong, plump and healthful because it contains lots of nutriment, the kind that forms muscle, sinew, bone and nerve. Utilizing blood courses through the body, making delightful color, happy spirits, true womanly strength. Fifty cents buys a box of Ferrozene in any drug store.

In Brazil when an unmarried woman dies the coffin, hearse and livery of the coachman are all scarlet.

The ratio of insane persons to sane ones in England is 1 to 288, while in Chicago it is 1 to 150.

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