

POULTRY ON THE FARM.

Industry Can Be Made an Important Adjunct.

From London Farm and Home we give the following on poultry keeping as an adjunct to farming.

It is generally admitted that almost all farmers should keep poultry for the industry is one which goes very well in hand with such branches of agriculture as dairying, corn raising, and other works of the farm.

There are facilities on most farms for keeping not only fowls, but also turkeys, ducks, and geese, and it will generally be found convenient to keep at least a few of each, if only for the sake of providing a variety of food for the household. It is an advantage, too, to be able to meet the demand for various foods which crops up regularly with the change of seasons, and to let our customers have reasonable food in the shape of chickens and ducklings throughout spring and summer, geese at Michaelmas, turkeys at Christmas, and new-laid eggs all the year round.

Very many farmers have an ambition to become fanciers, to breed and possess high-class fowls, to exhibit them at all the agricultural shows, and to sell all the young birds they raise for breeding, as well as almost all the eggs produced for hatching. This is a thing that in these days cannot be done, but the farmer can carry on a very profitable business if he will be content with selling a large proportion of his eggs and fowls for consumption, and but a small proportion for hatching and breeding respectively. The days are gone when the fancier was ashamed of being a market poultry man, as well, and the man who can now sell the largest number of birds for breeding is he who gives publicity to the fact that all his inferior and medium grade birds are despatched to the market, and that he reserves but a small proportion of tip-top specimens for sale as breeders. The fancier who runs a market poultry plant in combination with his fancy department, has no excuse and very little temptation to sell as breeding stock those birds which ought to be consigned to market.

Scarcely any kind of farm stock pays so large a profit on the capital invested as poultry, but, on the other hand, there is none which will sink money faster if neglected or mismanaged. This is why we have so few success large poultry farms. So long as a man can devote his own time to the care of his poultry the business flourishes, but as soon as it begins to grow so large as to require hired labor the profits diminish.

The poultry plant which pays best is that wherein the proprietor and his family do the whole work, and thus secure, as additional profit, the wages which might otherwise be paid out for labor. The amount of capital in hand at the start should be sufficient to pay for buildings, appliances and stock, and to leave enough over to pay all current expenses until the fowls begin to lay enough eggs to pay their way. After six months the income from sales of eggs and chickens should be sufficient to pay from twelve to twenty per cent profit on the capital invested, as well as fair wages to the operatives who may as I have said, be the owner himself and his family.

According to the plan which I have briefly outlined, it will be necessary to keep thoroughbred stock. For the fanciers there is no other kind, and for the practical farmer there is no better kind. One or more breeds may be selected, and in order to fill the demand for both eggs and table poultry I would recommend the keeping of a general purpose breed. The great advantage of keeping pure-bred stock rather than cross-breeds is that the chickens and eggs are uniform, and customers prefer to buy them because they can always depend upon the kind of produce which they will get from the person who keeps pure-bred stock.

TO CURE FEVER, CHILLS, AGUE

We know of no remedy so reliable as Nerviline. Twenty drops taken in hot water three times daily not only stops the chills but destroys the disease completely. Nerviline has direct action on ague and chills and removes their exciting causes. In stomach and bowel disorders Nerviline has held first place for nearly forty years. It is powerful, swift to act, thorough, and perfectly safe. Being pleasant to taste it's popular with everybody. Your druggist sells Polson's Nerviline in large 25c. bottles, satisfaction guaranteed.

VEGETABLE COOKING IN FRANCE AND RUSSIA.

Vegetables are great features in French households, and neither potatoes, beans, peas nor cauliflowers are ever served plainly boiled. Cauliflower cut into small pieces and served with a rich bechamel sauce is a favorite dish, and potatoes and carrots cut in rounds are often cooked in the same way, while beans and peas are greatly improved by the addition of a little butter, salt and pepper. They stew pears to perfection, whole, in syrup, peeled and with the stalks left on. After they are thoroughly cooked they are put on a sieve to dry and cool, and the syrup is cooked a little more, a little red wine being added and sometimes lemon peel to flavor it. A very simple but popular sweet dish is composed of cooked sago sweetened and steeped in red vin ordinaire. Russians are past mistresses in the art of preserving vegetables and fruits as, on account of the severe winters, it is necessary for them to lay in great stores. Perhaps the most curious are preserved Russian cucumbers, about three inches long and in shape resembling dwarf vegetable marrows. These are placed in a two-gallon stone jar in layers, divided from each other by leaves of the oak, cherry tree and black currant. The first and last named are supposed to

give a pleasant flavor to the vegetable, while the cherry leaves prevent the cucumbers getting soft. When the last layer of leaves is added, salted cold water is poured over the whole to the brim, and a piece of wood—leaving a space between it and the sides of the jar for the air to enter—is placed on the top, with a heavy weight to keep the vegetables down. They are eaten with hot meat and much appreciated. Braising is understood to perfection in France, but, as a rule, mutton and beef are generally overcooked when roasted.

FIVE YEARS DYSPEPSIA CURED.

"No one knows what I suffered from stomach trouble and dyspepsia," writes Mr. A. B. Agnew of Bridge-water. "For the last five years I have been unable to digest and assimilate food. I had no color, my strength ran down and I felt miserable and nervous all the time. I had a heavy feeling after meals and was much troubled with dizziness and specks before my eyes. Dr. Hamilton's Pills were just what I needed. They have cured every symptom of my old trouble. My health is now all that can be desired." By all means use Dr. Hamilton's Pills; 25c. per box at all dealers.

TOWN TWO WEEKS' OLD.

Vermillion, Alta., Bustling Little Burg Where Prairie Was Forty-eight Ago.

Winnipeg Free Press.—A gentleman who has just returned from the end of the C. N. R. construction on the main line speaks very highly of that part of the country. While at Vermillion, he says, he saw a turnip which measured eleven inches in diameter, and a potato which weighed three pounds. He saw a potato stalk with five tubers attached, none of which weighed less than twenty-two ounces. The country is rapidly settling up. Nearly all the incoming settlers speak English, the majority being Americans.

Vermillion is a town today, but two weeks ago it was a desolate prairie. The rails are laid through the town and are being extended westward at the rate of three and one-half miles per day. Vermillion is to be the next divisional point east of Edmonton and if so ought to be a place of considerable importance. There were a number of fair wooden buildings in the old Breage settlement some miles distant and they were moved into Vermillion to meet the track-laying machine. They are now thriving business stands. A number of business enterprises are being carried on in tents, pending the completion of substantial structures now under construction. The town already has a drug store, two restaurants and a post office. A commodious hotel is under construction. Work on the round house has been begun.

There are already four miles of side tracks at Vermillion and at one time recently there were no fewer than five hundred cars on them which have been in use transporting construction material. The country around the young town is open and fertile.

WHEN RUN-DOWN, "DRAGGY," USED-DP.

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Night comes and it's hard to sleep. Morning dawns and the anxious, tired feeling is still there. Don't neglect this gradual decline; it can't cure itself. But by forming rich, pure blood, Ferrozone will quickly supply the nutriment and building material your system craves.

Instantly you are aware that some powerful force is building up your depleted energies. At once you feel braced, toned, strengthened. Search the world over and you won't find anything to tone up a weak system like Ferrozone. Physicians claim it is the most strengthening, uplifting medicine ever discovered.

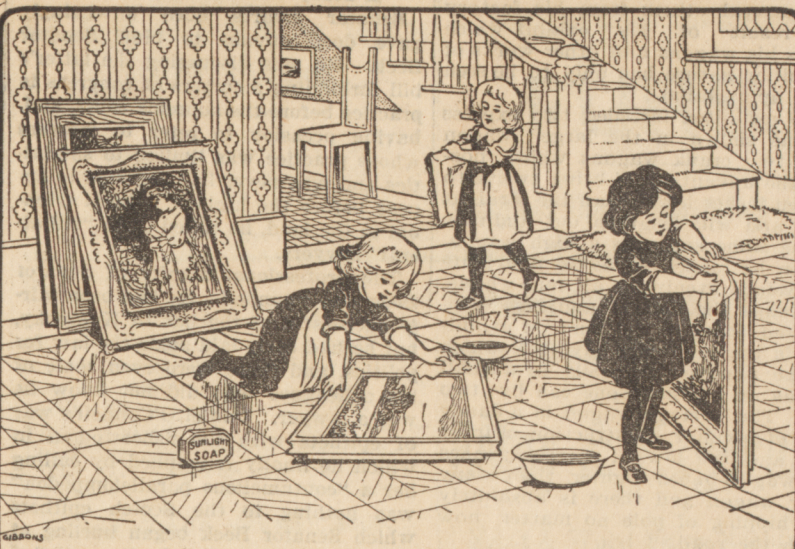
No more spells of tiredness, but bounding, joyful health when you take Ferrozone, of which Mrs. H. S. Gold, of Bowsman, Man., speaks in the following words of praise: "I state my case because I think it may assist other women to health. A year ago I was almost a wreck. I was pale and emaciated, suffering from nervousness and hysteria. Little things going wrong in the house bothered me. The doctor advised different treatments but they didn't help. He said my low condition was due to weakness that might never be cured. Ferrozone had a peculiar grateful effect and built me up quickly. The illness I suffered from was cured. I am now strong and vigorous and was made so by Ferrozone." Why not cast aside the chains of sickness and enter the bright, happy life of robust health. Let Ferrozone help you—let it cure you once and forever. Price 50c. per box or six boxes for \$2.50, at all dealers, or N. C. Polson & Co., Hartford, Conn., U. S. A., and Kingston, Ont.

Facts in the Case.

"I understand young Spongley is much given to drink." "You have got it slightly mixed. Much drink is given to Spongley."

A MILLION DOLLARS SQUANDERED.

It is estimated this sum was wasted last year by people trying to find a cure for catarrh. Foolish for sufferers to experiment when it's so well known that "Catarrhazone" is the only remedy that cures permanently. Other treatments only relieve, but Catarrhazone cures and prevents the disease from ever returning. "I had catarrh in its worst form," writes G. F. Fadden of Royan, Que. "I was so bad that ordinary medicine didn't even relieve, but Catarrhazone cured perfectly." No chance of disappointment with Catarrhazone—it's certain as death to cure your catarrh—just try it.



You can make dirty picture frames, or any other such articles, look like new if you clean them the Sunlight way. Chop very finely a piece of Sunlight Soap and put it into a bottle with a teaspoonful of hot water, shaking it well and adding a wine glass full of spirits of ammonia. Paint the frames with this liquid, let it stay on a few minutes, then wash off with a soft brush and cold clean water, and polish with clean chamois leather. Sunlight Soap can be used successfully in every cleansing operation in the household. Your money back for any cause of complaint.

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CURLS THAT LAST.

A Method That Gives Results That Defy Climatic Conditions.

Here is one woman's secret method of curling her hair so that it remains fluffy and wavy in spite of any climate. Even humidity or salt air, it is claimed, does not affect hair so treated.

The method consists in the use of a simple egg wash and the doing up of the hair in a peculiar manner before rolling it around the kid rollers.

The white of one egg is stirred slightly, but not beaten or separated in any way. This liquid is then diluted with a little water, preferably rose water, although soft water of any sort may be used, with a few drops of any favorite perfume, to give the hair a delicate odor. One-third as much water as white of an egg are the proportions given, and this should be kept in a small, wide mouthed jar upon ice, if possible, where it will keep for a week or until it is all used. When not in use the kid rollers should be kept in a sachet, rather strongly scented.

At night the hair that is to be waved is parted from the back hair and the latter rolled up out of the way. Moistened a comb repeatedly and draw it through the hair to be curled until it is thoroughly damp, then divide the hair into strands, and before winding each strand around the curler twist it round and round tightly, then roll it round and round the curler. It is the first twisting before wrapping it around the curler that makes the peculiar fluffiness that is so much desired. The wrapping it around the kid roller makes it wave, and the egg wash causes it to retain the fluffiness.

The curl given by this method is most natural, and if the fluffiness is not desired a plain wave is made by merely wrapping the hair about the kid roller as usual, omitting the twisting described above. This sort of wave will last for two or three weeks.

TOWEL HOLDER.

An Attractive and Useful Addition to One's Bedroom.

The young girl's bedroom, or any bedroom, for that matter, should be the very ideal of neatness and cleanliness, and all its hangings and fittings should be adopted with this end in view. Remember that all things that can be taken down and washed and thereafter rehung will be found to give



RING TOWEL HOLDER.

a room that delightful fragrance suggestive of cleanliness, flowers and of grandmother's linen chest.

Towels are not always as neatly disposed in a bedroom as they should be, very often the back of a chair or the end of the washstand serving as their resting place after use. The illustration shows wooden rings arranged by means of ribbon or colored lawn to serve as an excellent and attractive towel holder.—American Queen.

A Witty Diagnosis.

The object of the duel is said to be the healing of wounded honor. To try to cure a wound of the spirit, or rather, the temper, by a scratch on the skin savors of homeopathy, but may perhaps be justified by the surgical principle of relieving tension by incision.—British Medical Journal.

The Diving Bell.

The oldest intelligence respecting the use of the diving bell in Europe is the relation of an exhibit at Holoed before the Emperor Charles V. in the middle of the sixteenth century, when two Greeks, in the presence of several thousand persons, let themselves down in the water in a large inverted kettle with a burning light and came up again without getting wet.

Identification.

"What kind of a looking man is that chap, Gabbleton, you just mentioned? I don't believe I have met him."

"Well, if you see two men off in a corner anywhere and one of them looks bored to death, the other one is Gabbleton."

Character.

Each man in his sphere, however narrow or extended, will find that his fellow men weigh his character and his abilities often and unconsciously stamp him with their estimate and that the average resultant of these frequent averages is just.—E. Pierrepont.

The Tired Idle.

To those who are employed and busy time flies with great rapidity. Life is tedious only to the idle. Nothing is more monotonous than the ticking of a clock to him who has nothing to do but listen to it.—Anon.

It is a maxim with me that no man was ever written out of a reputation but by himself.—Bentley.

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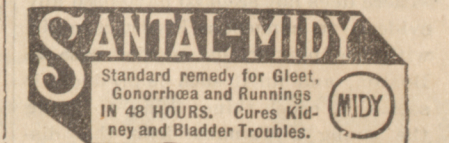
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