

# The Daily Herald.

VOL. X.

FREDERICTON, N. B., SATURDAY, MARCH 4, 1905

NO. 53

## NERVOUS TROUBLES.

Promptly and Permanently Cured by  
Dr. Williams' Pink Pills.

There is no torture more acute intolerable than nervousness. A nervous person is in a state of constant irritation by day and sleeplessness by night. The sufferer starts at every noise, is shaky, depressed and, although in a constantly exhausted state, is unable to sit or lie still. If you are nervous of worried or suffer from a combination of languor and irritation, you need a nerve tonic, and Dr. Williams' Pink Pills are absolutely the best thing in the world for you. You can only get rid of nervousness through feeding your nerves with rich, red, blood, and Dr. Williams' Pink Pills actually make new blood. There is no doubt about this—thousands can testify to the blood-making, nerve-restoring qualities of these pills. St. Vitus dance is one of the most severe forms of nervousness, and Mrs. H. H. H. of Gravenhurst, Ont., tells how these pills cured her little boy. She says: "At the age of eight my little boy was attacked with St. Vitus dance, from which he suffered in a severe form. His nerves twitched to such an extent that he was almost helpless, and had to be constantly watched. He was under several doctors at different times, but they did not help him, so I decided to try Dr. Williams' Pink Pills, and these have completely cured him, and now not a sign of the trouble remains."

When you buy these pills always look at the box and see that the full name, Dr. Williams' Pink Pills for Pale People, is on the wrapper, and to take anything else. You can get these pills from all medicine dealers, or they will be sent by mail at 50c. a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

## PREMIER WHITNEY'S GIFT.

The Cornwall papers contain a pleasant incident in the life of the new Premier of Ontario. They say that Hon. J. P. Whitney has a good memory. As is generally known he went to school in Cornwall in his early days and becoming a law student in Sandfield Macdonald's office, and warmly espousing the latter's cause on all occasions came to take a warm interest in politics. He often talked politics with a friend with whom he lived in town, and the lady of the house used to encourage him with the remark that he would be Premier some day. "If I do," said the budding statesman, "I will send you the best silk dress I can get." It took some time for Mr. Whitney to realize his ambition, but the dress arrived last Saturday to the delight of the recipient.

The weak and delicate people envy the strong and robust. We are told that "The D. & L." Emulsion builds up solid flesh and that it does not disturb the digestion. Why not ask your druggist about it?

They appear to be rushing the spring in Manchuria.

A dignified man's hat is seldom as large as he thinks it ought to be.

The average man meets temptation about three-fourths of the way.

## Said "Good-bye" To His Family.

Dying of Weakness—Given up by Doctors as an Incurable and Hopeless Wreck.

## FERROZONE SAVED HIS LIFE!

After reading the following letter from Mr. H. A. Thurston, of 228 Vermont street, east, Indianapolis, Ind., no one will ever doubt the merit of Ferrozone.

"A year ago I took the grippe. I was as weak as a child. I was no longer able to eat. My blood was thin. My cheeks were white and hollow. Doctors gave me all kinds of medicine, but none of them brought me strength. My friends said I was wasting away with some slow disease, and I bid them good-bye. Then I heard of the wonderful Ferrozone. After three days it gave me an appetite. I gained strength and became cheerful. Under Ferrozone I improved steadily. I am well today. I weigh fifteen pounds heavier than ever before, and feel like a new man. (Signed) "H. A. Thurston."

The secret of growing strong is solved by Ferrozone. It supplies actual nourishment. It braces you up quick, supplies new energy, brings back the snap and fire of youth. Try Ferrozone, 50c. per box, or six for \$2.50, at all dealers in medicine, or Polson & Co., Hartford, Conn., U. S. A., and Kingston, Ont.

## OUR YALE LETTER.

### Popular Fredericton Student Discusses Affairs

### AT THE OLD UNIVERSITY.

### Which Has a Splendid Record of Two Centuries.

### HOW THE STUDENTS LIVE, STUDY AND GRUB.

(Special Correspondence to Herald.)

Yale University, N. H., Feb. 28.—Yale University is pleasantly and conveniently situated in the very heart of the city of New Haven, which, strangely enough, combines the features of a university and a manufacturing city, it being one of the busiest and most prominent manufacturing centres in New England. The position of the University was happily chosen; surrounded by beautiful elms such as line the streets of Fredericton, and favored with a pleasing and healthful climate, it is an ideal place during nearly every season.

The University buildings, over fifty in number, are compactly, and conveniently arranged and although rather heterogeneous in style, display much of what is grand and stirring. Constant additions are being made to meet the growth of the University and the only difficulty is to secure sites within convenient distance of the present buildings. For over two hundred years the graduates of Yale have been going out into the different walks of life, and many of the leading men of the United States in political, professional and business life during these two centuries have looked to Yale as their Alma Mater. She is indeed an ancient seat of learning, and, as the years go by, is constantly broadening the scope of her work, and more efficiently training men for lives of usefulness and service.

### OVER THREE THOUSAND STUDENTS.

At present there are somewhat over three thousand students in attendance in the four departments, academic, scientific, medical and law. Three fourths of these students room in college dormitories, which, although spacious and well equipped, are not by any means equal to the demand. It is becoming a serious problem at present how to provide more dormitory accommodation and already some graduate classes are contributing funds towards that end. The present dormitories were nearly all the presents of wealthy graduates of Yale, or friend of the University, the best equipped and appointed being Vanderbilt Hall, erected by Mrs. W. C. Vanderbilt in memory of her son, who died while a student at Yale.

The most interesting of the buildings is perhaps the Old South Middle which was erected in 1750. This is the last remaining structure of what was known as the Old Brick Row, which composed Yale University in the olden days and which has since been removed. Old South has become rather dilapidated, but will soon be rebuilt, and remodelled into a modern dormitory, funds of \$28,000 being already subscribed for that purpose.

### DORMITORY LIFE.

Right here in the dormitory life lies the secret of the broadening influence at Yale, and which so much will be sacrificed to conserve that democratic spirit which is fostered here, and which is such a marked characteristic and vital principle of Yale life and institutions. This spirit is what distinguishes Yale from Harvard, where the large number of luxurious and wealthy private dormitories foster a class distinction and

### CHARIVARI SI LVHM

It is an inflammation of the mucous lining of the throat, bronchial tubes and nasal passages excited by germs that can only be developed by fragrant healing Catarrhoxone which is breathed direct to the seat of the disease, and has never yet failed to cure. Pleasant to use, absolutely certain to cure, Catarrhoxone always gives satisfaction. "I suffered from nasal catarrh so badly that I couldn't breathe through my nostrils," writes G. K. Wilnot of Meriden. I used Catarrhoxone for a few minutes and was relieved. It cured in a short time." No other remedy just like Catarrhoxone—it's the best. Two months' treatment \$1.00; trial size 25c.

### "NOT IF IT COST TEN DOLLARS

A bottle would I be without Polson's Nerviline, writes J. A. Ruth, a farmer living near Trenton, Ont. Nerviline is the best household liniment I know. We use it for stomach troubles, indigestion, headache, and summer complaint. I know of nothing better to take in hot water to break up a cold, or to rub on for rheumatism or neuralgia. Every farmer should keep a few bottles of Nerviline handy and have smaller doctor bills. Large bottles 25c. at druggists.

unwholesome spirit which is entirely absent from Yale life. Here a man is regarded and admired for his manly qualities, not for his wealth and every man has an equal chance to win a prominent place in the life of his college. It is to perpetuate this social democracy that such strenuous efforts are being made to provide funds for new dormitories, and to prevent a recline to private dormitories which seems to be threatening social life here at present.

In support of college dormitory life the Dean has quoted statistics showing that over two thirds of the men in the Academic department making first division stands, are men living in the college dormitories, which is in itself sufficient commendation.

### COMPULSORY CHAPEL.

One of the interesting features of Yale life is compulsory chapel. Every week day morning at eight ten o'clock, service is conducted in Battell church by one of the professors, or President Hadley, and attendance is requested of every student in the Academic department. There is a great difference of opinion as to the feelings of the students in regard to chapel, many disliking the early rising and rushing to service, often thinly clad, or without breakfast, and the prayers seem especially long and tiresome. On the whole, however, the majority of the students would probably be opposed to its abolition. On Sabbath morning service is held at ten thirty, and the pulpit is filled by a prominent Dean from New York or different parts of the United States. Music is rendered by a choir composed of about thirty-four students.

Recitations commence for all classes at eight thirty a. m., and thus the students form the habit of getting at their work early, which serves them in good stead in their future life.

### HOW THE STUDENTS GRUB.

Over one-third of the students get their meals at the University Dining Club, familiarly known as the "commons," which this year is under the joint management of a committee of students with eminently satisfactory results. This forms another interesting and enjoyable part of college life when the students are brought together into closer relations than in the routine of college life. The dining hall is one of the finest and most capacious buildings of the University, with a seating capacity of over eleven hundred. It is most modern and well equipped in its appointments, and as the quality of "grub" is good, it meets with a large measure of student patronage and popularity.

The remainder of the students dine at private clubs, familiarly known as "eating joints" in close proximity to the city, which provides employment as waiters to needy students.

### THE GYMNASIUM.

Not the least important part of the college is the gymnasium, a handsome and well equipped structure, which is a popular resort of the students. The faculty lay equal stress on the physical and mental development of the students, and require gymnasium work of some kind from the under classes, and for such a variety of athletics it is not hard for every man to find something to his taste. The third floor of the building, large, bright and cheerful, is fitted up with all the modern improvements for exercise of all kinds, and different games such as basket ball, while above is a splendid running track which is largely used for training by candidates for the track teams and crews. The 'gym' is well equipped with rowing and swimming tanks, shower tub and Turkish baths, bowling alleys, and such like amusements, all of which are open to the students. Athletics form a prominent feature of Yale life, and are managed on a sound and paying basis, there being a credit balance last year of

### A STUDY OF OLD AGE

Reveals the fact that the blood is usually thin and lacking in the strengthening properties of young folks' blood. If you want to fill your blood with the fire of youth, build up your strength, restore your nerves, just use Ferrozone. It's the most potent tonic known and will renew the flickering flame of an aged life by imparting nourishment to enfeebled organs. Ferrozone fortifies weak systems, feeds the blood, brain and nerves with new life. Try Ferrozone. Price 50c. per box.

### IT IS HIGHLY INJURIOUS

To use a cheap drastic physic. Saffest remedy for constipation and torpid liver is Dr. Hamilton's Pills of Mandrake and Butternut which loosen the bowels without griping pains. Use only Dr. Hamilton's Pills. Price 25c.

over \$70,000 which speaks well for the management. All lines of sport are encouraged and Yale always has a leading part, if not always successful. Last season she had a victorious football team, but more often she is deficient in baseball. Her crews can always be relied upon, and this winter the hockey team had a brilliant record, only losing to Harvard in the last game of the season. The basketball team had a splendid record, coming a close second to Columbia in the inter-University league.

### OTHER FEATURES.

Among the other features of interest at Yale is the Peabody Museum, which contains one of the finest collections of mineralogical and geological specimens in the United States. The art school with its splendid museum of painting and sculpture, and the Forestry School, which, with its able staff of instructors, forms a valuable adjunct to the educational facilities of Yale. The Sheffield science school is every year adding to the number of its students, and instructors are widening the scope of its activity, playing an important part in the life of Yale. Not the least by any means of the educational departments is the music school, at the head of which is Prof. Horatio Parker, well known as one of the most accomplished conductors in the eastern states, and who is assisted by a competent staff. Splendid courses are given in the different branches of music, vocal and instrumental, which are taken advantage of by a large number of students.

### AS TO MUSIC.

Yale is not deficient in its musical organizations, which are of a high standard, and occupy a leading place in college life. There are the University, Apollo and Freshman Glee clubs, the latter two forming training schools for the 'Varsity club. Then the University, Apollo, Madolin, and banjo clubs in addition to the University orchestra, provided ample scope to the student of musical propensities. The social organizations, clubs, German and French, secret chapter societies and such like are too numerous to mention, but all serve to strengthen the bonds of good feeling and good fellowship, which binds together the sons of old Yale. Some of the chapter houses, situated in the vicinity of the college, are splendid types of architecture, and add much to the beauty of the surroundings.

### LIBRARY ACCOMMODATION.

Although Yale is provided with two large and splendidly stocked libraries, it has been found that they are inadequate to meet the growing demands and a sum of \$250,000 has been denoted for the erection of a new library building, which will add much to the equipment and convenience of Yale.

Ample opportunities are afforded at Yale for the student of literary ability to exercise his power and rise to a position of prominence and influence in his college. In fact attainment to the editorial board of the different college publications is considered as much of an honor as high scholarship. There is one daily

paper, edited and published by students who are chosen according to their ability, and numberless weeklies, bi-weeklies and periodicals including the Yale Record, Literary Magazine, which is the oldest literary publication in the United States, Potpourri Alumni Weekly and Banner, all of which are edited by students and are highly creditable publications. Competitions for positions on the editorial boards of these publications are always very keen.

### A CO-OPERATIVE STORE.

A feature of interest to students of Economics, and an important part of college life, is the co-operative store, run by the student body, under the Yale co-operative corporation. There is a small fee of admission to membership, and students are thus enabled to procure all books, fancy goods and sporting equipment at practically cost price, while all other goods can be purchased at a reduced price at different stores in the city which give the co-operative rate. This is a practical and successful demonstration of the principle of co-operation in business, and is meeting with a large measure of success. This becomes such a factor in college life that a student that purchased anything and forgot to ask, "How much co-op." would be considered a freak.

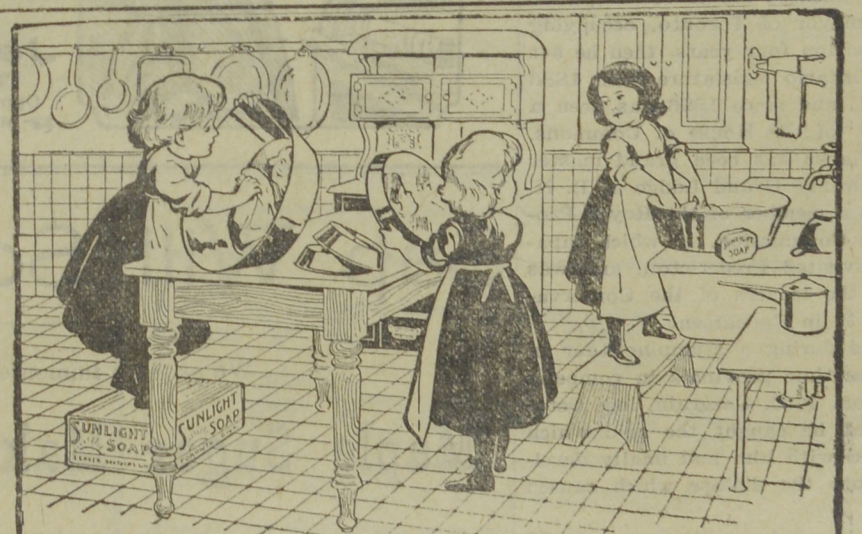
### ADVANTAGES FOR POOR STUDENTS.

Although there is a vast amount of wealth represented amongst the students of Yale, many of them being millionaires or sons of wealth, nevertheless there are ample opportunities for young men blessed with but a small portion of worldly riches and this is considered no impediment to success and a high position in college life. The Bureau of Self Help, conducted by the University aids needy students in securing positions by which they can help earn their way through college. Many students tend furnaces in the wealthy houses of New Haven, others act as coachmen, while a professor of the University applied for young men to act as nurse for his children. The University annually distributes large sums to needy students in the form of scholarships and also employs a considerable number as monitors to mark attendance in the different classes and at chapel. A certain number of cut or absences from recitations are allowed each term, but woe betide the unfortunate student who goes beyond the limit. A certain number of absences from chapel are granted each term and a strict record is kept. The rash student who exceeds this number is liable to lose his year.

This system of cuts and marks is not just what it might be and provide considerable amusement to students at the universities, but has become a part of Yale life is doubtless productive of many good results and acts as a potent restraint on wayward students who are not sufficiently impressed with a love of learning to keep up with their work without such a stimulus.

To tell of the numerous customs attached to college life and the different experiences which go to make student days at Yale, among the happiest and pleasantest of life would take far too long, suffice to say, they are jealously preserved and serve to inspire the students of today to emulate the noble lives and characters of those who have in the past graduated from this grand institution and whose records shed a bright lustre on the name of Yale.

G. W. M.



## SUNLIGHT SOAP

Household utensils can be made to look as good as new by washing in a sunny solution of Sunlight Soap. They will shine and glitter thus helping to make the home bright and inviting.

Sunlight Soap means less than half the labor required in washing with common soap—and makes everything spotlessly clean.

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