

Appetite Was Poor.

Dizzy Most of The Time.

Could Not Sleep at Night.

Many people are unaware of having anything wrong with their heart or nerves till some little excitement or overwork makes them feel faint and dizzy, or perhaps simply going up or down stairs causes dizziness and specks to float before the eyes. People troubled in this way should heed the warning, and not fail to take treatment before something more serious occurs.

For all heart and nerve troubles there is nothing to equal

Milburn's Heart and Nerve Pills.

We do not claim that they will cure chronic heart disease, but we do claim that they will strengthen the weak heart, and build up the shaky nerve system.

Here is what Mrs. Sidney Hoffman, Hillside, Ont., says:—

"I was troubled greatly with my heart, and was so very nervous that the least little thing startled me.

"My appetite was very poor; I could not sleep at nights, and was dizzy most of the time. I took three boxes of Milburn's Heart and Nerve Pills, and I am very pleased to say that they did me a wonderful lot of good."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 for \$1.25. All druggists, or mailed direct.

THE T. MILBURN CO., LIMITED,
TORONTO, ONT.

THE KING'S BOOTS.

Royal Bootmaker Talks of the Royal Footwear.

The King wears an 8½ boot and his foot is well proportioned.

So says Mr. Leo Thomas of St. James' street, the royal bootmaker, in an interesting interview on the King's boots, which appears in the current number of Footwear.

His Majesty has practically a pair of boots for every uniform he wears, besides walking boots, walking shoes, evening shoes, and shooting shoes.

It is a popular delusion that the King orders his boots in large quantities. This is not the case. He orders, as a rule, only one pair at a time, although occasionally several pairs which are required for specific purposes, and which differ from each other, are included in one order.

"The King," said Mr. Thomas, "knows precisely what he wants, and insists upon having it. He is one of the greatest students of detail I know, and I have come in contact with a great number of people, as you can well imagine. There is not an ornament, a button, or a particular style but what he remembers, even after the lapse of a long period since the goods were originally made for him."

As for material, the King never wears either box calf or glace kid, the latter of which he considers too effeminate for his use. "For a smart, neat walking boot he prefers," Mr. Thomas says, "the vamps cut from patent kid or fine blacking leather."

But, whatever the material, it is the very best procurable.

The King's boots and shoes are all made on specially modeled lasts, and the work, it goes without saying, is hand sewn.

The price the King pays was not stated, but one remark made by Mr. Thomas is significant:

"I pay as much as 14s and 15s per pair to a workman who simply attaches the soles to the uppers, which is as much as most people of an average pay for an entire pair of boots."

Among His Majesty's favorites are Russian calf derbys for shooting, calf patent evening dress shoes for evening, and Oxford ties, a brogue shoe, for walking.

Mr. Thomas also makes all the Prince of Wales' boots and shoes, the style and character of which are very like those of the King.

There is an interesting souvenir at Mr. Thomas' shop in the shape of a high pair of military-looking boots with gilt spurs attached.

"That pair of boots," said Mr. Thomas to the interviewer, "was made by me for the late Duke of Clarence to be married in. His Royal Highness died just about the time the boots were completed. They were not, of course, delivered; but I subsequently obtained the consent of his royal parent to retain them as a memento of the sad occasion."

The Story of "Self-Help."

From a statement made to a representative of The Young Man it is evident that the book "Self Help" was offered to a publisher between March, 1854, and July, 1856, and the following is the story of one of the most successful books of the century:

A Leeds firm was willing to publish it and divide the profits, but I wanted it to come out in London. So I offered it to Routledge, but the Crimean War was then raging, and the book trade was consequently at a very low ebb.

I remember old Routledge saying, "Nobody will read books nowadays; newspaper accounts of battles and fights are much more to the public taste. If you will call any day, you

will find, the manuscript on the counter of my publishing house."

So I went one day and saw my "Self Help" lying amongst a lot of other documents; I picked it up and took it away with me and put it on one side, thinking "This won't do." But as soon as "Stephenson" was published, I thought, "I will bring out the old manuscript, 'Self Help,' and see if I can't make something of it."

So I took it to Mr. Murray and said, "Will you publish this?"

"Yes—what is it?"

"It is a book I have had beside me for some time; will you publish it on the same terms as 'Stephenson'?"

The arrangement was, I had two-thirds and he one-third of the profits.

"I will be very glad to publish 'Self Help,'" said Mr. Murray, "but you must let me have half the profits."

It was not quite finished, so I told him I would consider the matter. I eventually got him to publish the book at my own risk. "Self Help" ran through a large number of editions; twenty thousand copies, I think, were sold the first year. It has been translated into all the languages of Europe without exception, and in some cases twice over—Italian, French, Spanish, German, Danish, Norwegian, Swedish, Russian; and also, curiously enough into Japanese. The books went off, as a partner of Murray's used to say, like hot cakes.

Origin of Primrose Day

"Primrose Day," 1904, is past and over, and I fancy that very few people realize that it was originated by a Sir George C. Birdwood, K.C., I.E., who before the first anniversary of Disraeli's death wrote to the secretary of St. Stephen's Club, suggesting that Lord Beaconsfield's favorite flower should be used to decorate the club dining tables. This, however, was not done, and the indefatigable Conservative induced Lord Lytton and some influential men to wear buttonholes of primroses on the 19th of April, and finally at his own expense advertised the movement in the papers, and the idea "caught on," and to-day thousands of bunches of primroses are sent to London, and all Conservatives bedeck the lapel of their coats, and in some cases the facade of their houses, with the little flower, which means a source of income to the children of the rural districts in many parts of England.

Seventy-Eight Miles an Hour.

The Michigan Central Railway recently made a world's record for fast runs on steam railways, knocking out all previous records. President Ledyard, of the Michigan Central, and President Newman, of the New York Central, passed over the Michigan Central, en route from New York to Chicago, on a special train of one baggage and three private cars. From Niagara Falls to St. Thomas, 115 miles, the time was 97 minutes. On the west end it took twelve minutes and thirty seconds to reach Shedden, owing to slowing up through the city and for the bridge. Windsor, 111 miles, was made in 94 minutes, 30 seconds. From Shedden to Essex, 86 28.100 miles, the run was made in 66 minutes, or 78 53.00 miles an hour. On the east division, where from Perry it is uphill, 91 59.100 miles, was run in 73 minutes, at the rate of 75 48.100 miles an hour.

The Only Way.

Fidgett—Really, now, do you think there is any way whereby a man can retain the respect of his children?

Midgett—He might send them away from home as soon as they begin to take notice.

Afflicted with Erysipelas For Ten Years.

Cured by Four Bottles of Burdock Blood Bitters.

Mrs. N. Peister, of Brighton, Ont., was Cured Two Years Ago and Has Had No Return Of It Since.

Read what she says:—"It is now about two years since I was cured of a terrible attack of Erysipelas, with which I had been afflicted for about ten years. I had tried almost everything, including medicine from several doctors, but could get no relief. I had given my case up as hopeless, but I procured five bottles of Burdock Blood Bitters, and it completely cured me. In fact, the cure has been permanent. It is now two years since I took Burdock Blood Bitters, and I have not had the slightest sign of the disease returning. I fully believe that your wonderful remedy has taken it so completely out of my system that I shall never be bothered again with it. I have the greatest of faith in Burdock Blood Bitters."

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL LEITCHER

Pumpkin Seed -
Aloes -
Rochelle Salts -
Anise Seed -
Peppermint -
St. Catharine's Oil -
Warm Seed -
Clarified Sugar -
Watergreen Flavour

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Facsimile Signature of
Chas. H. Fletcher
NEW YORK.

At 6 months old
35 DROPS - 35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature

of

Chas. H. Fletcher

In Use For Over Thirty Years

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THE CENTAUR COMPANY, NEW YORK CITY.

I AM NOW SHOWING A LINE OF

New- Overcoatings -

All the latest in stripes and checks. Also

New Fancy Vestings

In All-wool, Silk and Silk and Wool Mixtures.

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A FRAME for any PICTURE

From our large and well assorted stock of up-to-date Mouldings. Some pretty yet inexpensive Mouldings, suitable for those "Christy" Pictures.

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Down Town, Next above Queen Hotel. Phone 26

Where are You

Going for Dinner

When you go to town? Why to

LINDSAY'S RESTAURANT.

The largest Dining Hall in the Province. You can get your dinner at any time, and lunches at all times, day or night. This great Restaurant opened 1891 and adopted moderate prices, and has steadily grown until it is a Restaurant and Hotel. All the modern improvements, hot and cold water, electric lighted bath rooms, private dining rooms for clubs and parties. Also headquarters for Oysters by the bbl. or quart, delivered to all parts of the city. Pastry of all kinds always on hand.

Don't forget around the corner from the old stand on King st., one door above Hobbs's Grocery Store. Tel. No. 16

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Special attention given to Eye, Ear, Nose and Throat

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Apples

Fancy No. 1 and 2 Ontario Northern Spys,

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No. 1 Nova Scotia Bishop Pippins.

The above are all good keepers

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310 Queen St., F'ton.

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Office Hours: 9 to 5

Dentistry in all its modern branches. Special attention given to the care of children's teeth.

Patients living outside the city can make appointments by mail, and thus do away with an unnecessary delay.

By the use of our Improved Electric Light appointments can be made for any evening. Lady in attendance. Phone 93.

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Hard and Soft Coal

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Telephone 52

June 24, 1904

INTERCOLONIAL RAILWAY

On and after Sunday, November 20th, 1904 trains will run daily (Sundays excepted), as follows:

TRAINS WILL LEAVE FREDERICTON

No. 308 Mixed for Campbellton, Moncton, Chatham and Loggieville.....	5.45
No. 301 Express for Montreal, Chatham, Loggieville.....	16.40
No. 317 Suburban for Marysville.....	6.15
" 319 Suburban for Marysville.....	10.00
" 321 Suburban for Marysville.....	11.15
" 323 Suburban for Marysville.....	15.00
" 325 Suburban for Marysville.....	17.10
" 327 Suburban for Marysville.....	18.25
" 329 Suburban for Marysville.....	21.00

TRAINS WILL ARRIVE AT FREDERICTON

No. 302 Express from Montreal, Quebec, Chatham and Loggieville.....	13.05
No. 304 Mixed from Chatham Junction, Chatham and Loggieville.....	18.25
No. 318 Suburban from Marysville.....	8.15
" 320 Suburban from Marysville.....	11.00
" 322 Suburban from Marysville.....	12.25
" 324 Suburban from Marysville.....	17.05
" 326 Suburban from Marysville.....	18.20
" 328 Suburban from Marysville.....	19.15

All trains are run by Atlantic Standard Time. Twenty-four hour notation. 24.00 o'clock is midnight.

Moncton, N. B., November 18th, 1904.



The Reasons Are Many

Why you should PATRONIZE

ROBT. B. ADAMS

When the services of an Undertaker are required. One CONVINCING one that buying here insures the SAVING of MANY DOLLARS. We pride ourselves on having the NICEST and BEST SELECTED stock in the city, where quality, style and finish will be found in great variety, as nowhere else can our prices be duplicated, including FREE HEARSE.

R. B. ADAMS, TEL. 130

Strathcona

Coal

For general house purposes this Coal is inferior to none.

PRICES:

75 cents per barrel
\$6.00 per ton,

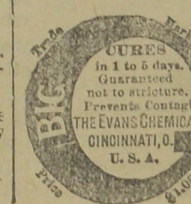
Delivered to any part of the city.

FEED.

Feed of all kinds at LOWEST PRICES. Just unloaded, two carloads Pressed Hay.

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Use Big G for unnatural discharges, inflammation, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles \$2.75. Circular sent on request.