

The Secret of "Fruit-a-tives"

lies in the secret process of making them. The fruit juices are changed, chemically and medicinally—their action on the human system is intensified—their effect on disease made infallible.

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or Fruit Liver Tablets

are the juices of fresh, ripe apples, oranges, figs and prunes—prepared by our secret process, and compressed into tablets.

"Fruit-a-tives" have some wonderful cures to their credit in severe cases of Stomach, Liver and Kidney Troubles.

At all druggists, 50c. a box.

FRUITATIVES, Limited, OTTAWA.

People Who Live In Nests.

Travelers who have returned from the heart of Africa and the Australian continent tell wonderful stories of nest building people who inhabit the wilds of those countries. In the bushmen of Australia we find perhaps the lowest order of men that are known. They are so primitive that they do not know enough to build even the simplest form of hut for shelter. The nearest they can approach to it is to gather a lot of twigs and grass and, taking them into a thicket or jungle, build a nest for a home. The nest is usually built large enough for the family, and if the latter be very numerous then the nests are of a very large size. Sometimes the foliage above will form a natural covering, but there is never any attempt at constructing a protection from the rain and storms.

Value of Routine Work.

Routine is a blessed thing when something happens to reduce the moral driving power which keeps us going, the courage, purpose and good cheer that give life present joy as well as meaning. It is good in moments of depression or weariness that there is a path marked out ahead each day which men follow because it is there; that there is time which custom has set for them to get up, to eat, to work, to rest, to read, go to bed again. They move along the grooves of habit and get all the benefit of their inheritance and their experience. The general may quit the field for a time if he chooses; the army has its marching plan and knows what is expected of it.

A Natural Inference.

They were discussing the couple in the next flat. The husband is silent and reserved, while the wife is a gossip and the most inveterate borrower. Food of all kinds, articles of clothing, money and everything that is capable of being borrowed she endeavors to get from the neighbors on one pretense or another. Some surprise was expressed that her husband should have chosen her as a partner for life when a little girl who was listening created considerable amusement by exclaiming: "Perhaps she borrowed him too."

The Self Made Business.

"Yes," said the egotistical person, "I am proud of the fact that I am a self made man; but, strange to say, I never have yet encountered a self made woman."

"Oh, that's easily explained," rejoined the auburn haired lady. "One glance at a self made man is enough to distrust a woman with the self made business."

Assured of It.

Dentist (who has pulled the wrong tooth)—I see how I made the mistake. I counted the molars from the back instead of the front. You don't seem to have cut your wisdom teeth yet, young man. Groaning Patient—That's evident from the choice I made of a dentist!

Johnny Was Good.

"I'm afraid, Johnny," said the Sunday school teacher, rather sadly, "that I shall never meet you in the better land."

"Why? What have you been doing now?"

Seized the Opportunity.

"You must mark down your age in this blank space," said the insurance agent to the beautiful woman.

And she did. She marked it down from twenty-eight to twenty-two.

When a bride is being given away it is hard for her to look self possessed.—Philadelphia Record.

Their Climate.

"Your climate can't possibly be as damp as ours."

"Think not?"

"No, indeed. Why, our climate is so damp we never raise anything but umbrellas."

"But ours is so damp we never think of raising umbrellas. They're always up."—Philadelphia Press.

Paul Kane and His Pictures.

Much interest was renewed in a Canadian artist and his works by the exhibition of Paul Kane's paintings, which the Lieut.-Governor opened in Toronto on Saturday, March 3, under the auspices of the Woman's Canadian Historical Association.

Paul Kane was born in 1810 of humble parentage in the little town of York, now Toronto. His youth was spent here, and, as he tells us in his autobiography, from his earliest years he took the greatest interest in the Indians, of whom many wandering bands were to be found in the neighborhood. As years passed he developed a talent for drawing and became a portrait painter, which vocation he followed for some years in Canada and the United States. In 1841 he went to Europe and passed four years in the study of art in the galleries of England, France and Italy. Returning to Canada in 1845, he determined to devote himself to the dream of his boyhood, the painting of a series of pictures illustrative of the North American Indian, and the scenery of that vast unknown region between the Great Lakes and the Pacific Ocean. In order to accomplish his purpose, he left Toronto on June 17, 1845, with a slender outfit, including his portfolio, a box of paints, his gun and a stock of ammunition. He traveled far and wide for years, sketch book in hand, and lived among the red men, learning their manners and customs, studying their characteristics and taking portraits of their chiefs and warriors, and medicine men, as well as of their wives and daughters. He skirted the shores of the Upper Lakes, and Hudson's Bay, thence to the Red River settlement; the Valley of the Saskatchewan, and the great buffalo prairies of the west. Crossing the Rocky Mountains, he followed the course of the Columbia River to Oregon, Puget Sound and Vancouver Island. Scarcely, as he says, meeting a white man or hearing his own language. Fishing, hunting scenes, games and dances were limned by his pencil, and from these sketches he executed the series of oil paintings which were purchased fifty years ago by the late Hon. G. W. Allan, and which now, by the kindness of their present owner, Mr. E. B. Osler, have been placed on exhibition in Toronto.

Pluck and Success.

An argument against discouragement after repeated failures is offered by the life of George Frederick Watts, the great English painter.

That he was quite the most important of Great Britain's artists is now everywhere admitted, yet his merit was not generally recognized until after he had passed his sixtieth birthday. Before he died he said, with a smile, that he had never been discouraged once in spite of all the unjust criticism and, more maddening still, the utter indifference with which his pictures were received until after he had begun to descend the hill toward the valley of old age.

THE TREE TOAD.

Welcome little tree toad,
Sing with might and main,
Coming parching tongues to bless,
Prophet of the rain.

Sweetest liquid warbler,
Swiftly trills the strain;
Denizen of tree-top,
Prophet of the rain.

Double-quick the chatter,
Faster the refrain;
Clouds pour down to answer,
Purest prayer for rain.
—H. T. Miller.

FERROVIM

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Gives strength
Makes new blood
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Pumpkin Seed -
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A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

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June 24, 1904

INTERCOLONIAL RAILWAY

On and after Sunday, November 20th, 1904 trains will run daily (Sundays excepted), as follows:

TRAINS WILL LEAVE FREDERICTON

No. 303 Mixed for Campbellton, Moncton, Chatham and Loggieville.....	5.45
No. 301 Express for Montreal, Chatham, Loggieville.....	10.40
No. 317 Suburban for Marysville.....	6.15
" 319 Suburban for Marysville.....	10.00
" 321 Suburban for Marysville.....	11.15
" 323 Suburban for Marysville.....	15.00
" 325 Suburban for Marysville.....	17.10
" 327 Suburban for Marysville.....	18.25
" 329 Suburban for Marysville.....	21.00

TRAINS WILL ARRIVE AT FREDERICTON.

No. 302 Express from Montreal, Quebec, Chatham and Loggieville.....	13.05
No. 304 Mixed from Chatham Junction, Chatham and Loggieville.....	18.25
No. 318 Suburban from Marysville.....	8.15
" 320 Suburban from Marysville.....	11.00
" 322 Suburban from Marysville.....	13.25
" 324 Suburban from Marysville.....	17.05
" 326 Suburban from Marysville.....	18.20
" 328 Suburban from Marysville.....	19.15

All trains are run by Atlantic Standard Time. Twenty-four hour notation. 24.00 o'clock is midnight.

Moncton, N. B., November 18th, 1904.



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Reasons
Are
Many

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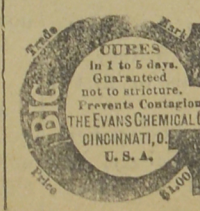
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