

HOUSEHOLD HINTS.

How to Get the Best Out of Cabbages.

TO BOIL CABBAGE.

Cut a small head of cabbage into four parts, cutting down through the stock. Cook for half an hour in a pan of cold water to which had been added a tablespoonful of salt. This is to draw out any insects that may be hidden in the leaves. Take from the water and cut into slices. Have a large stewpan half full of boiling water, put in the cabbage, pushing it under the water with a spoon. Add one tablespoonful of salt and cook for twenty-five minutes to forty-five minutes, depending upon the age of the cabbage. Turn into a colander and drain for about two minutes. Put in a chopping bowl and mince. Season with butter, pepper and more salt if it requires it.

Allow a tablespoonful of butter to a generous pint of the cooked vegetable. Cabbage cooked in this manner will be of delicate flavor and may be generally eaten without distress. Have the kitchen windows open at the top while the cabbage is boiling, and there will be little if any odor of cabbage in the house.

CABBAGE COOKED WITH PORK.

For a small head of cabbage use about half a pound of mixed salt pork. Boil the pork gently for three or four hours. Prepare the cabbage as for plain boiled cabbage. Drain well and put on to boil with the pork. Boil rapidly from twenty-five to forty-five minutes. Serve the pork with the cabbage. The vegetable may require a little more salt.

Smoked bacon or ham may be substituted for the pork. Cabbage may

be cooked in water in which corned beef was boiled.

CREAMED CABBAGE.

One pint boiled and minced cabbage, one half pint hot milk, one tablespoonful butter, one teaspoonful flour, one-half teaspoonful salt, one-half teaspoonful pepper. Put the cabbage, hot milk, salt and pepper in a stewpan and on the fire. Beat the butter and flour together until creamy, then stir into the contents of the stewpan. Simmer ten minutes, being careful not to touch the sauce; serve very hot.

CABBAGE WITH SAUSAGE.

Six sausages, one quart cabbage, one-half teaspoonful pepper; salt, if necessary. Fry the sausage crisp and brown. Take from the frying pan and pour off all but three tablespoonfuls of the fat. Put the minced cabbage in the frying pan and cook six minutes. Arrange in a hot dish and garnish with the sausages. Serve mashed potatoes with the dish.

PUREE OF CABBAGE AND POTATOES.

One pint boiled finely minced cabbage, six medium sized potatoes, two tablespoonfuls butter or savory drippings, two teaspoonfuls salt, one-half teaspoonful pepper, one-half pint hot milk.

Peel the potatoes and put them in a stewpan with boiling water enough to cover them. Cook just thirty minutes. Pour off the water and mash fine and light. Beat in the hot milk, seasoning and cabbage. Cook about five minutes longer.

SEASONABLE SPORTS.

A Peep Into the World of Base Ball, Racing, Golf Bowling and Athletic Sports Generally.

THE RING.

IN THE WORLD OF SPORT.

(By George Siler.)

Some fighters never can understand why a referee decides against them when they are not knocked dead to the world. Probably the most strenuous kicker I decided against during the year 1902 was Al. Weinig.

My first introduction to Weinig was at Louisville on May 2, the night after I refereed the Harry Forbes-Johnny Peagan 20 round draw at St. Louis. Al's opponent was the veteran Joe Choyinski, but in the fifth Joe got up the ex-bicyclist and peppered unmercifully. He fopped him over several times with jolting left hooks and towards the end of the session he hung him on the ropes like a dish rag with a right to the jaw.

Another punch would either have sent him over the ropes into the laps of the spectators or stiffened him out in the ring. Joe was ready to deliver the settling punch, but I grasped his arm, declaring him the winner. Al was dead to all surroundings, and it was several minutes before he regained his consciousness. When informed that he had lost he declared that he was robbed.

Later I officiated in his fight with Billy Stiff. The limit of the bout was six rounds, in the second of which Billy connected one of his right hand swings and the next thing that hit Al was the door. The blow was hard enough to keep him down for several counts of ten, but he gamely struggled to his feet at the count of eight with his hand wandering along "queer" street, and when Billy stepped in to hang another wallop on his jaw Al deliberately sought the canvas for another count. This was a foul, for which I disqualified him, and then awarded the contest to Stiff. Weinig never forgave me for the disqualification.

RYAN TOOK MATTERS COOLLY.

On Sept. 15 I made my debut as a ring official at Fort Erie, Ont., to officiate at the middleweight championship fight between Tommy Ryan and Kid Carter. The men battled at 158 pounds weight in at the ring side, a weight that Carter experienced trouble training down to. Carter, although outclassed in a science, gave Ryan a pretty good argument in the early sessions, but as administering punishment, but he took quite a bit of it and kept Tommy guessing. He learned early in the fray that his only chance of beating Ryan was to induce him to swap blows. This always had been his long suit in fighting, but he made but little headway with it against Tommy. The sixth period saw his finish. Ryan began it with straight left hand jabs, followed with an occasional right hand cross counter. These punches nettled the Kid, and when he rushed in to force the issue he was toppled over with a brace of lefts and rights.

He looked to be all in and Tommy advised Carter's manager to toss up the sponge; but Macias had seen his portage on the floor and practically out times without number and he naturally thought it was in his man to turn the tide of battle. One punch on the right spot would have done the trick, but Ryan, seeing that he had the fight well in hand, took matters coolly. He did not rush at Carter when he regained his feet, as I have seen any number of fighters do, to deliver the settling punch. Instead, he walked leisurely towards his intended victim and when Rithin hitting distance he let go a straight right-hand to the jaw that settled Car-

ter's middleweight championship aspirations.

ACQUATIC.

ROOSEVELT CUP RACES.

Sonder is a German word, meaning special. It is applied to the boats to race off Marblehead because the German rule for the sonder, or special, class, as used in Germany, prevails in the patch, which is an international event, arranged between the Eastern yacht club of Marblehead, and the Imperial yacht club of Kiel, for the purpose, as set forth in the agreement for the match, to promote good feeling between the German and the American people.

The idea of arranging such a match originated with Mr. Henry Howard, who is chairman of the regatta committee of the Eastern yacht club, shortly after the visit to this country of Prince Henry of Prussia, brother of the kaiser, four years ago. The arrangements for the match were made with the approval of the German emperor, and so far as the Germans are concerned, under his direction. The Roosevelt cup is the first prize offered for the races, which will be the best three out of five. It is so called because the president has agreed to stand sponsor for the match and present the cup to the winner.

It is expected that the race will become an annual yachting fixture, and that they will be sailed alternately in America and Germany. If there is a match next year, as expected, the prize will be given by the German emperor, and will be known as the Kaiser cup. The races in 1907 will be sailed at Kiel, on the Baltic, the chief yachting port in Germany.

The arrangements for this year's match provides that both sides start three boats. The three American boats will be selected by a committee of the Eastern yachting club after a series of six trial races between 17 boats specially built for the class, off Marblehead, beginning next Monday, Aug. 13.

The boats of the sonder class are small racers, of about 21 feet waterline length, an average length of 32 feet and breadth of about 6 feet, 6 inches. They have ballasted keels carrying about a ton of lead. The total weight of hull and ballast cannot exceed 4035 pounds. The formula to which they are built is length of waterline, plus breadth, plus draft, cannot exceed 32 feet.

Two of Germany's boats have already arrived at Marblehead, and the third is due to arrive in Boston on the 15th of this month. All were shipped from Hamburg on the decks of steamers.

According to the terms of the match, a boat can be sailed in it only by gentlemen sailors, who are native born citizens of the town in which the boat is built.

THE TURF.

FUTURITY WORTH \$50,000.

There will be only a Small Field Start in the Event.

Saratoga, Aug. 14.—With the Futurity only three weeks away horsemen are talking today regarding the chances of the candidates for that richest stake in America. From the present outlook not more than fifteen horses will go to the post, although 130 are in the eligible list. The stake will be worth \$50,000 this year. The reason so few will go to the post is that the crop of youngsters this season has panned out only in differentially well in regard to quality. With one or two exceptions the

youngsters that are eligible are a poor lot.

It is a remarkable fact that the best colt and the best filly that have shown in public to date—Salvidere and Court Dressmare intelligible. The former was not nominated this year by the late Capt. S. S. Brown, and James R. K. Keene, for some unaccountable reason, failed to enter the dam of the latter.

The winner, whichever it may be, therefore, will not be a champion in the full meaning of the word, and unless some maiden that has not been shown develops unexpected speed this year's Futurity winner will be recorded in turf history as merely a second rate.

KEENE HAS A GOOD CHANCE.

A close study of the chances of the horses that are engaged for this big classic reveal that James R. Keene, despite the fact that he failed to nominate Court Dress, has the best chance to win. He has already won eleven stakes with his two-year-olds, all of which have been beaten with the exception of Court Dress and Salvidere; but clever trainers who have watched the early morning spins of his youngsters say that his best horses have not been seen in public yet. These men say that in Grimaldi and Pope Joan he has two youngsters that are much faster than any he has sent to the post.

Both Pope Grimaldi and Joan have shown some marvellous trials. The former has easily beaten Peter Pan and the latter showed a five furlong spin here recently that simply amazed those who were fortunate enough to see the trial.

In the parlance of the track "she simply hit the high spots." Several men timed her five furlongs a trifle better than 59 seconds. She is credited by the stable as possessing much more speed than Court Dress. If she shows this in early hours for fun, but fails to race up to the expectations in the afternoon, she will not beat her opponents in a gallop.

Men who seem to have the next best chance to win this big event are Thomas Hitchcock, Jr., and John E. Madden, who owns jointly Conville, Fantastic and Golf Ball. The first named is the main reliance of Hitchcock and Madden and as that youngster will only carry 119 pounds he has an excellent chance to land the prize.

The other colts considered to have the third best chances are Water Pearl, Jack Atkin, Kentucky Beau and Yankee Gun. All the Eastern racegoers are familiar with Water Pearl's performances. His races in times have been brilliant and once or twice poor. He is a colt of great speed and the weight, no matter how large, has not stopped him. But most trainers regard him as a non-stayer, and predict that the six furlongs will be a long journey for him to negotiate, especially as he is asked to give away many pounds to fast horses like Grimaldi, Pope Joan and Conville.

Jack Atkin will carry the hopes of the western contingent. He was a stable mate of Horace E. Both were bred and owned by Barney Schreiber of St. Louis who sold Horace E. to Roy Rainey for \$25,000. Schreiber has always maintained that Atkin was the better colt for a long distance. He has turned his favorite over to Sam Hildreth to train, and that developer of speed is giving the youngster a special preparation for the big event. Horace E. is fast, but he has a tendency to improve very much on his one showing here to convince horsemen that he has a chance to win.

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KING AND KAISER.

Meeting of the Two Monarchs Was Most Cordial.

Cornberg, Hesse, Persia, Aug. 15.—King Edward arrived here from Frankfurt at 8:45 a. m., today. Emperor William and the Prince and Princess Frederick Charles of Hesse-Nassau, met him at the railway station. The Emperor assisted the King in alighting, and they kissed each other on both cheeks. The meeting was very cordial. The King wore a black Prince Albert and silk hat. The Emperor had on the uniform of the Posn Jaeger Regiment with a steel helmet.

King Edward was accompanied by Sir Charles Hardinge, permanent under secretary of foreign office, Major General Sir Stanley Clark, Chief Secretary, Major Frederick E. G. Ponsonby, equerry to His Majesty, Sir Frank Lascelles, the British ambassador to Germany and Britain.

Consul General Francis Oppenheimer joined the party at Frankfurt.

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AGAIN AT LIBERTY.

Dis Debar's Sentence Cut Short By Good Conduct—Woman's Strange Career.

London, Aug. 14.—Anne Delia Dis Debar, who, under the name of Laura Jackson, was sentenced Dec. 20, 1901, to seven years' penal servitude for connection with an alleged immoral cult, known as "The Theocratic Unity," of which her husband, Theodore Jackson, was the head, has been liberated from Aylesworth prison, under ticket of leave, having obtained the maximum reduction of sentence by good behavior.

Mrs. Dis Debar has been under many names in Great Britain and the United States, but her greatest notoriety was achieved as the perpetrator of a so called spiritualistic deception by which Luther R. Marsh, of New York, was, in his old age, stripped of his fortune. Through claiming to be the daughter of King Louis I. of Baravia, and Lola Montez, she was the daughter of a Professor John C. F. Salesman, of Washington, and Kentucky. After varying fortunes, she married a Dr. Nessant, in 1871, and later she married General Jos. H. Dis Debar. By him she had two children. She travelled around the country, representing herself as a personification of occult powers, and the revealer of hidden truths, and in this way, while living in New York, she met Luther R. Marsh, an aged lawyer, and so infatuated him that he gave her large sums of money and devoted to her his house in Madison Avenue. About this time General Dis Debar left the adventures, who went to live at the Marsh home, and also hired apartments, where she officiated as a priestess. Suit was brought to show that she was an impostor and she was charged with conspiring to defraud Marsh, being indicted on this charge. The Gerry Society took her children. The trial resulted in her conviction, and she was sentenced to a term of imprisonment. On her release from prison she went to Europe, returning to America and going west. Under the name of Vera P. Ava, she fell into the hands of the Chicago police, who sent her to Joliet for two years.

Later she and a man named Jackson turned up in London, where they promoted the "Theocratic organization," scandals in connection with which led to their arrest in September, 1900. The trial developed facts such a loathsome character that several of the London newspapers excluded from their columns all reports of the proceedings in court.

She and Jackson promptly were found guilty, he being sentenced to fifteen years' penal servitude, and his reputed wife to seven years.

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