

HOUSEHOLD HINTS.

Some Interesting Information for Busy Housewives.

RECEIPTS.

SUGAR DROP CAKES.

One half cup butter, one cup sugar, one egg, two-thirds cup of sweet milk, three cups flour, two teaspoons of baking powder. Drop with a spoon into pan and bake in a quick oven.

SOFT GINGER BREAD.

One cup molasses, one cup sugar, five teaspoons of melted butter, three tablespoons of milk, one teaspoon of soda, one teaspoon of ginger, one cup of boiling water, three cups of flour.

MOCK LOAF CAKE.

One cup of sugar, one half cup of butter, one cup of milk, one egg, two and one half cups of flour, three scant teaspoons baking powder, one cup of raisins, citron, a little salt. Flavor with lemon.

EGGLESS DOUGHNUTS.

One and one half cups of sugar, one large sized potato (boiled and mashed) one cup of sour milk, one teaspoon of soda, one teaspoon of melted lard, flour to roll, nutmeg or cinnamon.

LARD COOKIES.

Two cups of sugar, one scant cup of lard, two eggs, two-thirds cup of sweet milk, one rounding teaspoonful soda, two teaspoons cream of tartar, salt and spice, flour to knead, makes a big quantity. I often take half the recipe and use one egg and the yolks of two. One half of the recipe makes about thirty cookies.

A NEW SALAD.

This delicious salad hails from Spain. Select ripe, but not soft bananas, and cut into slices with a silver knife. Shell English walnuts until you have one-third the quantity of the bananas. Press the nuts through a grinder or chop fine. Mix fruit and nuts lightly and heap them on a platter covered with crisp lettuce leaves. Pour maitre d'hôtel dressing over the whole, taking care that it is seasoned quite sharply with cayenne pepper.

FILBERT CAKE.

Filbert cake is delicious. Besides, it is rather new. Take six eggs, six tablespoons sugar, six tablespoons chopped filberts, two tablespoons flour, one tablespoonful baking powder. Beat the whites, add the sugar, then the beaten yolks, nuts and flour and baking powder sifted together. Bake in two layers. Between

layers and on top of cake put this filling: Whip one cup of cream, add two tablespoons of sugar, four tablespoons of chocolate, four tablespoons chopped filberts.

WITH BOILED FISH.

An expert cook says that one very palatable way to serve noodles is with boiled fish instead of potatoes. Drop the noodles into boiling salted water, but reserve a few for frying. After allowing them to boil for ten minutes, stirring occasionally with a fork. Pour into a colander, and while they are draining fry those that have been reserved to a golden brown. Heap the boiling noodles in a vegetable dish, and drop the fried ones lightly over the surface. Serve the fish with a cream sauce.

ORANGE FLITTERS.

One cupful sifted flour slightly salted and turned into a deep bowl. Make a hole in the centre and drop into it the yolk of an egg which has been well beaten with a teaspoonful of best salad oil. Mix this to a little batter, adding water enough to make the batter just stiff enough to run off the spoon. Beat the white of an egg to a stiff froth and fold lightly into the batter. Drop slices of orange into the batter, cover well and slide them into hot fat. Fry to a golden brown remove with a wire spoon, drain well and sprinkle with powdered sugar. Bananas, peaches, apricots or other firm fruits make good flitters.

CREAM RAREBIT.

Melt a teaspoonful of butter, to which add one half pound of cheese, cut fine, one saltspoonful of salt, and one-fourth as much butter. When the whole has become creamy, add gradually one cup of cream and the beaten yolks of two eggs. Serve on toast or light crackers.

SCALLOPED OYSTERS.

Roll fine one pound of common crackers. Butter a dish and put in a layer of crumbs. Pour off the liquor from the oysters and add to it one and one half pints of milk. Wet the crumbs with this and put in a layer of oysters and small pieces of butter, a little salt and pepper. Alternate the layers, the top one being of crumbs, with more pieces of butter. Beat two eggs and add to them a cupful of milk; pour over the top. Bake, covered with a tin, half an hour in a quick oven. Remove the cover and let them remain until brown.

He didn't have to. He just waited for some agent to come along and tell him all that was in 'em and turn over the leaves while he looked at the pictures."

RHEUMATISM ALMOST KILLED HER.

For years Mrs. S. Stahlschmidt of Humboldt, Ont., was a martyr to rheumatism. "I was so stiff and lame I could scarcely walk," she writes. "An attack striking my limbs made walking impossible. Friends and doctors gave prescriptions but I only got relief from Ferrozone. I took twelve boxes and gained from the first. Today I am well, feel stronger, weigh heavier and look the picture of health." Whether muscular or inflammatory, chronic or otherwise, Ferrozone does cure rheumatism and sciatica, 50c. per box at all dealers.

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KING STREET.

Man Against Horse.
A man (Shrubbs) has run ten miles in 50 minutes 40 seconds; another man (Hutchens) has run 300 yards in 30 seconds; another man (George) has run a mile in 4 minutes 12 1/2 seconds. Of all running records this last appears most unapproachable, and it seems likely to stand for a very long time. Men like Shrubbs, Bacon and "Deerfoot," who have covered very close on twelve miles in the hour, could certainly hold their own with most carriage horses over a good road. If the gait chosen were walking instead of running, the quadruped would be badly worsted.—Grand Magazine.

Not Quite a Tempest.

A young gentleman with an unusual voice insisted upon singing at a social gathering.

"What does he call that?" inquired a disgusted guest.

"The Tempest," I think," answered another.

"Don't be alarmed," said an old sea captain present. "That's no tempest. It is only a squall and will soon be over."

Sarcasm.

Greene—Whom are your children said to take after, Mr. Enpeck? Enpeck (with a mental reservation)—The younger, with a sweet smile and angelic temper, takes after his mother. The elder, that cross eyed young viper, takes after me, I'm informed.—London

They Waited Well.

A large audience once gathered in Baltimore to hear Professor Sylvester read a unique original poem of 400 lines, all rhyming with the name Rosalind. He had appended to the poem a large number of explanatory footnotes, which he said he would read first. When at last he had done so he looked up at the clock and was horrified to find that he had kept the audience an hour and a half before beginning to read the poem they had come to hear. The astonishment on his face was answered by a burst of good humored laughter from the audience, and then, after begging all his hearers to feel at perfect liberty to leave if they had engagements, he read the Rosalind poem.

No Mistake.

The editor was apologizing over the telephone for an annoying typographical error in his paper.

"In our account of the meeting at which you were chairman last night, colonel," he said, "we tried to say, 'Following is a detailed report of the proceedings,' but it appeared in print, as perhaps you have noticed, 'Following is a detailed report,' and so forth. Mistakes of that kind, you know, will."

"It may have been an accident," interrupted the man at the other end of the wire, "but it wasn't a mistake. You sidetracked most of the report."

Good Dog.

The brave Newfoundland had just rescued his young master from the boiling surf.

"My dog, too," said L'Oignon pensively, "once saved my life."

"Tell us about it," said Tete de Veau, with eager interest.

"I sold him for \$3," said L'Oignon, "when I was nearly starving."

Full Price.

Mrs. Skrimper—One can never believe one-half that is said in advertisements. Blasfold & Tating had an advertisement in yesterday's paper saying that everything was marked down. Mrs. Bargainhunter—Yes, I saw it. Mrs. Skrimper—Well, it was false. I bought two postage stamps there this morning, and I had to pay as much as ever for them.

The Song Bird.

They say the birds are timid! Great heavens, to be so small and lovely in a world of hawks and snares and yet dare to sing as if the gods were good! In all the wide creation there is nothing braver than the heart of a singing bird.

Yet Both Made Hiss.

Director—Say, my man, how is it that Shakespeare's statue is standing on the pedestal marked Scott? Attendant—He must have got his base on an error, sir.

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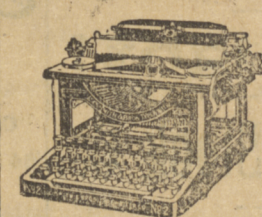
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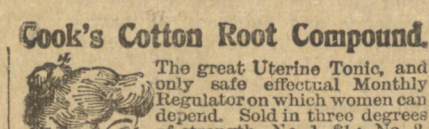
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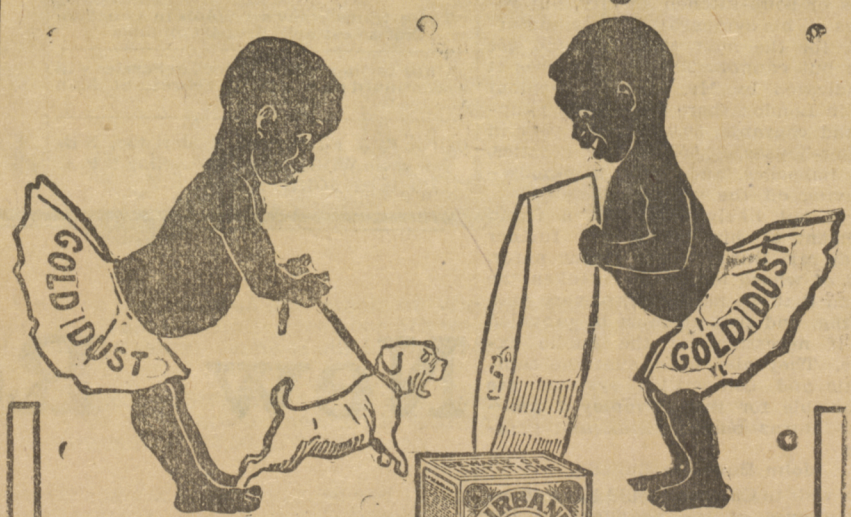
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Millions of Buffaloes Once Ranged the Western Plains.

The early explorers who describe the buffalo numbers do not give us any thing more exact than superlative expressions, such as "countless herds," "incredible numbers," "teeming myriads," "the world one robe," etc. I have endeavored to get at a more exact idea of their numbers.

The total area inhabited by the buffalo was about 3,000,000 square miles. Of this the open plains were one-half. According to the figures supplied me by A. P. Potter of the forest service, the ranges of the Dakotas, Montana, Wyoming, Nebraska, Kansas, Colorado, Texas and Oklahoma (a total of about 750,000 square miles, or half of the plains) were, according to the census of 1900, carrying 24,000,000 head of cattle and horses and about 6,000,000 head of sheep. This means that when fully stocked they might sustain a number of buffalo at least equal to the number of cattle and horses. The buffalo had to divide their heritage with numerous herds of mustang, antelope and wapiti. On the other hand, a buffalo could find a living where range animal would starve, many of the richest bottom lands are now fenced in, and we have taken no account of the 6,000,000 sheep. Therefore we are safe in placing at 40,000,000 the buffalo formerly living on the entire plains area.

Their prairie range was a third as large, but it was vastly more fertile. Indeed, the stockmen reckon one prairie acre equal to four acres on the plains. Doubtless, therefore, the prairies sustained nearly as many head as the plains. We may safely set their population at 30,000,000. The forest region was the lowest in the rate of population. For its 1,000,000 square miles we should not allow more than 5,000,000 buffalo. These figures would make the primitive number of buffalo 75,000,000.

Many other calculations based on different data give similar or slightly lower totals. From these facts it will appear very safe to put the primitive buffalo population at 50,000,000 to 60,000,000.—Ernest Thompson Seton in Scribner's.

A Neglected King.

Some Canadian papers are coming to the view that Canadians are not giving the apple fair play, and the statistics seem to indicate that the treatment of the "King of Fruits" is not commensurate with its worth. For instance, the apple crop has in recent good years averaged 17,500,000 barrels. We export 1,500,000 barrels and eat, say, 6,000,000, or a barrel apiece per year. Then there is a hiatus as to what becomes of the other ten million barrels. We have increased our trade in cheese, butter and bacon by looking after these commodities, and there is no reason why some of these wasted apples should not be so handled as to fill the demand in Europe and swell the income of Eastern Canadian farmers.

Verdict for Dr. Pierce

AGAINST THE

Ladies' Home Journal.

Sending truth after a lie. It is an old maxim that "a lie will out." Seven leagues while truth is getting its boots on, and no doubt hundreds of thousands of good people read the unwarranted and malicious attack upon Dr. R. V. Pierce and his "Favorite Prescription" published in the May (1904) number of the Ladies' Home Journal, with its great black display headings, who never saw the humble, groveling retraction, with its inconspicuous heading, published two months later. It was boldly charged in the slanderous and libelous article that Dr. Pierce's Favorite Prescription, for the cure of woman's weaknesses and ailments, contained alcohol and other harmful ingredients. Dr. Pierce promptly brought suit against the publishers of the Ladies' Home Journal, for \$300,000.00 damages.

Dr. Pierce alleged that Mr. Bok, the editor, maliciously published the article containing such false and defamatory matter with the intent of injuring his business, furthermore, that no alcohol, or other poisonous, or habit-forming, drugs are, or ever were, contained in his "Favorite Prescription"; that said medicine is made from native medicinal roots and contains no harmful ingredients whatever; and that Mr. Bok's malicious statement was wholly and absolutely false.

After the retraction printed by said Journal they were forced to acknowledge that they had obtained analyses of "Favorite Prescription" from eminent chemists, all of whom certified that it did not contain alcohol or any of the alleged harmful drugs.

These facts were also proven in the trial of the action in the Supreme Court. But the business of Dr. Pierce was greatly injured by the publication of the libelous article with its great display headings, while hundreds of thousands who read the wickedly defamatory article never saw the humble groveling retraction, set in small type and made as inconspicuous as possible. The matter was, however brought before a jury in the Supreme Court of New York State which promptly rendered a verdict in the Doctor's favor. Thus his traducers came to grief and their base slanders were refuted.

The Wreckers of Scilly.

As far back as the time of Henry I. there were royal grants of "the islands and their wrecks," and frequent was the phrase in centuries following. With royal encouragement, why should they not be wreckers? One Sunday, long ago, in Scilly, service was in progress when there came the cry of "Wreck!" The men started from their seats. In a moment there would have been a stampede, but they covered back as the minister sternly thundered a warning. He strode to the door. Again his voice arose. "Let's all start fair!" he shouted, throwing off impetuous cascade as he ran, while his congregation labored at his heels. Most curious of all wrecks was that of a bark, with a cargo of beads, that went ashore 200 years ago. So generous has been the ocean with this treasure that throughout these two centuries it has intermittently been tossing beads ashore, yet so frugally that the supply is not yet exhausted, for in a few minutes' search I found that some had been thrown there since the last search of the islanders.—Robert Shackleton in Harper's.

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