

HOUSEHOLD HINTS.

Some Interesting Information for Busy Housewives.

RECIPES.

AMSTERDAM SANDWICHES.

Cut stale bread in 1-4 inch slices, remove crusts and cut slices in halves crosswise. Beat two eggs slightly, add two tablespoons sugar, quarter teaspoon salt and three-quarters cup milk; strain into a shallow dish. Soak bread in mixture until soft and soak in butter. Spread half the pieces with jam or marmalade, cover with remaining pieces and serve with thin, hot vanilla or wine sauce.

BEEF TEA IN HASTE.

Cut all the fat from a pound of lean, juicy beef, put it on a board and with a strong sharp knife scrape it so quickly that the lean becomes a fine pulp, leaving only the stronger muscles unused.

Have ready a very small saucepan, put in the pulp of meat, with four tablespoons of cold water; beat it with a silver fork to free the juice place it on back part of stove on asbestos mat to heat gradually, pressing the pulp occasionally for six or eight minutes. Strain, add a few grains of salt, simmer for about two seconds and it is ready for use.

VENISON ON TOASTS.

For the chafing dish.—A cup of butter, a cup of grape or current jelly, half a cup of sterry, salt and pepper to taste. Thoroughly clean the venison, wiping with a dry cloth, cut into dice and when above mixture is fast boiling add the venison and allow it to cook from three to five minutes. Avoid longer cooking or it will toughen. Serve on toast using a liberal amount of the delicious gravy.

POTATOE PUFFS.

Take three ounces of flour, three ounces of sugar, three large boiled potatoes, a piece of butter the size of a nutmeg, two eggs and a little grated nutmeg. Put all the ingredients together, make a nice paste and fry a delicate brown with plenty of butter. Serve on a paper doily and keep them as hot as possible. If you wish them for a course they are very nice with white sauce.

POTATOES IN CASES.

Allow one for each person, wash the skins well and bake the potatoes in the oven until they are nearly cooked; then cut the tops off each, and with a spoon scrape the inside carefully out keeping the skin perfectly whole; mash the potato smoothly and add to it a little butter and sufficient cream or milk to make a smooth batter; put into a saucepan and cook for a few moments, then stir in the well whipped whites of two eggs; then fill the potato skins with this mixture and return them to the oven to finish cooking.

HEALTH AND BEAUTY.

Shining locks are the only kind upon which approval is set. If one's hair be naturally dull, so much the worse for it means spending a great deal of time, as well as money, but the resultant health and beautiful condition of the hair should give ample return for this expenditure. For treatment of hair that has been destroyed by the present practice of "rattling" there is nothing better than scalp massage, the application of a good hair grower and electric brushing. This sort of coaxing will create a new growth and will cause the old one to take new courage and to brace up and be-hive.

A delightful face cream, with works veritable wonders if employed as soon as it is made, and never after it has been mixed more than a week or so; Blanch for the purpose four ounces of sweet almonds and pound them till they are smooth, add the yolks of three eggs, and mix with fresh cream; boil as you would a custard, stirring all the time, and remove as soon as it thickens; then add the perfume you prefer. Seal while hot.

One of the nicest ways of keeping dresses—especially evening ones—fresh is to sew throughout the lining tiny perfumed silk sachets. Any odd bit of silk does for this purpose. Make the sachet about one inch square. Put in a layer of soft white wadding, into which has been sprinkled some sachet powder. Sew up and tack firmly to various parts of the lining and bodice. This gives the delicate elusive fragrance to your frock which is rather hard to attain when liquid perfume is used. It also has the additional benefit of keeping away destructive moths when the garment is laid aside for a time.

FASHION NOTES.

Embroidered strips sold by the yard for collars are by no means new, but this year some of the dealers are making the strips of heavier material, so they are less liable to crush, and the machine-made designs upon this new material give much the appearance of handwork.

The plaids come in every possible color and design, but those of moderate size seem to have the preference. Checks are used in a little, but the small "invisible" plaids are gaining hold all the time.

Plaids come in lightweight serge, in the different qualities of wash flannel, in the poplin weave and (one of the prettiest of all, by the way,) in a woollen background overlaid with silk.

The gray wash flannels in the different plaid designs are exceptionally pretty. A waist of this soft plaid is very pretty when lighted with the new daily colored neck arrangements and belts.

The stiff white collars, with lining and tie of the ubiquitous heavy plain silk, are quite new.

The new chignon or marine ruffs are finished off by streamers of wide satin ribbon—sometimes in a contrasting color.

Some of the latest stock collars feature with a bow on the side instead of in front—an awkward fashion, surely.

One white lace collar is piped with baby blue, pink, Nile green or violet velvet, and a rosette of the same color fastens it behind.

A white linen collar was trimmed with a band of Persian embroidery, ending in streamers finished with jeweled buttons.

All black silk scarfs, with jet trimmings, come for mourning. Some of these have a heavy silk fringe.

HOUSEHOLD NOTES.

A good beefsteak, however well cooked, will not be at its best unless served directly it is cooked.

Every saucepan that has been used and finished with should be filled with cold water, a lump of soda put into it, and set to boil out.

To utilize scraps of lemons, having removed the yellow rind and the juice for flavoring, the pulp should be dipped into salt and used for cleaning copper pans.

Make potatoes look white and fluffy by boiling in as little water as possible, strain and take at once to an open door. Give the potatoes a vigorous shake in the pan, let it remain uncovered at the side of the stove for five minutes before serving.

Lamps should be filled daily and the chimneys polished at the same time. Once a month either wash and dry the wick, or have a new one, and you will find that you lamp burns without smoking and gives a good light.

To dry parsley for winter use pick the parsley on a dry day and tie in bunches. Plunge into boiling salted water and cook for three or four minutes. Drain and dry before the fire. Put into dry pickle bottles. When required for use, soak in tepid water for five minutes and serve as usual.

When baking apples remember that they are dusty even before picked from the trees, and that if bought in a town they are sure to be dusty. Wipe the fruit carefully after washing and cook at once.

To keep walnuts from becoming dry pack them while fresh in earthenware jars, sprinkle with salt, place some damp hay on the top, cover the jars, and keep them in a cool dark place. Before using, make a brine in the proportion of a teaspoonful of salt to a pint of water, soak the walnuts in this for twenty-four hours then dry them in a cloth; walnuts may also be kept in damp sand in a cellar. Dry walnuts may always be freshened by soaking in brine.

Bones for making gravy should be boiled gently for over six hours, and then strained off. If, when cold, the bones look shiny, they may have more goodness in them, and can be cooked in fresh water (sufficient to cover only) for a few hours. The bones should never be kept in an iron saucepan, but when strained from the liquor at night, be placed on a clean dish. After two days' cooking you will find the bones useless.

Attempts to Deceive

The Ladies of Canada.

Attempts have been made by some makers of weak and adulterated package dyes to have the ladies of Canada believe that their common products are as good as the popular DIAMOND DYES for the work of home coloring.

Some agents of the crude and worthless dyes referred to, have made statements that their miserable dyes are made according to the formulas of DIAMOND DYES. All such statements are false and have resulted in loss and trouble in many homes.

The manufacturers of the celebrated DIAMOND DYES would warn the ladies of Canada to beware of such common dyes being substituted when DIAMOND DYES are asked for. All progressive merchants in Canada sell DIAMOND DYES which are the only guaranteed dyes in the world.

Send your full address for free Booklets and card of Dyed Samples of 50 colors to The Wells & Richardson Co., Limited, Montreal.

NASHWAAK AND VICINITY.

Mar. 1.—A concert and basket social will be held in the Temperance Hall, Nashwaak Village, on the evening of March 12th. A good program is expected and all are cordially invited. Proceeds go towards re-seating the Baptist church.

A little stranger has come into the home of Mr. and Mrs. Sanford Clayton, Nashwaak Village. It is a boy, Mr. and Mrs. Luther Goodspeed sent Friday at the home of Mr. and Mrs. Wm. Bradley.

Mr. Hanford Dunphy has finished his lumber operations for this winter, and has now some 800,000 feet of first class lumber on the banks of the Nashwaak.

We are glad to learn that Miss Gertrude McLean is slightly improved. She has been very low with typhoid fever. Dr. Mullin is in attendance.

French Economy.

France in her system of finance and in her whole scheme of economy aids and encourages saving among the people. The government conducts a vast banking institution whereby every postoffice has its savings bank department—its "caisse d'épargne." Here any one may make a deposit as low as 1 franc (20 cents), which deposit is recorded in one's "livret de la caisse d'épargne" (savings bank book). A convenient feature of this system tending to make saving easy is that one may make his deposits in any post-office anywhere in France and may withdraw any part or all his savings at any postoffice, without regard to where the deposits have been made. I have never had a servant in France who had not her "livret de la caisse d'épargne," and yet the girl or woman, if she had no family of her own to support, almost invariably contributed to the support of her father's family. I have had one middle aged "femme de chambre" on whose face each day I could read pretty well how the bourse was going.—Flora McDonald Thompson in Harper's Bazar.

Shopping.

Shopping is a form of cruelty indulged by married ladies toward their husbands. It is incipient in young girls, reaches an active condition in brides and arrives at its most virulent stage between the tenth and the twenty-fifth year of married life. A small, delicate, slight, nervous, sensitive woman who would faint away at an empty mouse trap will go through the shopping district in from two to seven hours and come out refreshed and sustained by an unflattering trust in her husband's credit is good, while that gentleman at the end of forty-five minutes has to be carried home on a stretcher. Some women are born shoppers, others achieve it, but not one of them has it thrust upon her. Shopping is extensively practiced on week days, beginning on Monday with a rush and ending on Saturday in time for the opera. It promotes industry. Without it married men would have time to rest.—Delineator.

MAILS CLOSING.

In effect, October 1, 1906.

6 a.m.—For St. John, etc., St. Stephen and Charlotte Co., Carleton, Victoria and Madawaska Counties, and United States.

7.00 a.m.—Woodstock and Gibson Branch Stations, daily.

WAY MAILS.—East Side St. John River.

7.00 a.m.—For Keswick Ridge, Southampton, etc., Mondays and Thursdays.

West Side St. John River.

7.00 a.m.—For Springfield, Kingsclear, Prince William, etc., Mondays, Wednesdays and Fridays.

6.30 a.m.—St. John River via Steamer.—For Oromocto, Shefford, Gagetown, etc.

9.15 a.m.—St. John, etc., C. P. Railway stations, East, Nova Scotia and P. E. Island.

10 a.m.—For St. Mary's Ferry, Gibson and Marysville.

WAY MAILS.

2 p.m.—For Nashwaaks and St. Mary's Ferry, daily, New Brunswick, New Maryland, Hanwell, Lower St. Marys and Royal Road, Wednesdays and Saturdays.

4.15 p.m.—For Gibson, Marysville, Boiestown, Doaktown, Blackville, etc., Chatham, and I. C. Railway Stations, north and south.

4.45 p.m.—For St. Stephen, W. Stock, United States, Montreal, Toronto, Ottawa and North West West Provinces.

8.15 p.m.—For St. John, etc., Nova Scotia and P. E. Island.

4.30 p.m.—British mails via New York, Mondays and Thursdays.

MAILS RECEIVED.

9.30 a.m.—From St. John, etc., and Nova Scotia.

From Hamtown, Royal Road, etc.

11.00 a.m.—From Nasonworth and New Maryland, Wednesdays and Saturdays.

12.00 noon.—From Montreal, Ottawa, Northwest Provinces, etc., and United States.

1.20 p.m.—From I. C. Railway Stations, North Shore and Quebec.

St. John River via Steamer.

5 p.m.—From Oromocto, Shefford, Gagetown, etc.

9.05 p.m.—From Woodstock and Gibson Branch Stations, daily.

8.20 p.m.—From Nova Scotia, P. E. Island and St. John.

WAY MAILS

7.00 p.m.—West Side River, St. John.—From Meductic, and Way Offices, Tuesdays, Thursdays, and Saturdays.

St. John.—From Woodstock and Way Offices, Tuesdays and Fridays.

POISONED BY A RAZOR.

Don't trim your corns with a razor use a purely vegetable remedy like Putnam's Corn Extractor. No pain certain cure, and all for a quarter. Every dealer sells "Putnam's."



SIMPLE AND PRACTICAL.

The apron should above all things be simple so that no extra labor need be expended in its making and laundering, and further, it must be serviceable. Such an apron is shown and will please mothers who are anxious for the most sensible clothing for their little ones. It has a few gathers at the neck in front and hangs without interruption to the back. The back is plain and held in place at the waist by a sash of the same which is both practical and fetching. The sleeves, too, are long and comfortably full to that they will go on over the dress sleeve without difficulty. With such a protection the little one cannot soil her frocks. Real comfort may be gained therefrom. Percale, gingham or another apron material may serve, the medium size calling for 2 yards of 36inch goods.

4159—sizes, 2, 3, 6, and 8 years. The price of this pattern is 10c.

To the Fredericton Herald:

Please send the above mentioned pattern, as per directions given below, to

Name.....

No.....Street.....

To.....Province.....

Measurement—Waist..... Bust.....

CAUTION.—Be careful to send size of pattern wanted. When the pattern is sent measure you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 23, 26, or whatever it may be. If a skirt, give waist and length measure. When miss' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than three or four days from the date of order. The price of each pattern is 10 cents in cash or postal order or stamps.

Take care of the stomach and the health will take care of itself. If people only realized the soundness of that statement the majority might live to a good old age like Moses, the undimmed, the natural force unabated. It is in the stomach that the blood is made. It is from the stomach that nourishment is dispensed to nerve and muscle. If the stomach is "weak" it can't do its whole work for each part of the body. If it is diseased the disease will taint the nourishment which is distributed and so spread disease throughout the body. It was the realization of the importance of the stomach as the very centre of health and the common source of disease, which led Dr. Pierce to prepare his "Golden Medical Discovery." "Diseases which originate in the stomach must be cured through the stomach." The soundness of this theory is proved every day by cures of diseased organs, heart, liver, lungs, blood,—by the use of the "Discovery," which is solely and singly a medicine for the blood and organs of digestion and nutrition.

Not a secret or "patent medicine" because ingredients are printed on the label; contains no alcohol, is purely vegetable.

Oh, yes, we are engaged to be married this winter, but I fear that she has not that confidence in me that comes with perfect love.

Why? Well, when a fellow looks back—as a fellow in love naturally will, you know—and sees her testing her diamond in her engagement ring on the window pane, don't you think he has good cause to feel a bit dubious.

She—I'm sorry you lost your temper over the fried steak this morning.

He—But it wasn't fit to eat.

She—I know, dear, but you must consider the consequences. You made me very angry, and she may decide to put us on bread and water.

Sachs (to friend in restaurant)—Well, and how's business?

Friend—Splendid! Why, I can't even get my meals at the right time. Just see what I'm eating now. It's my breakfast of yesterday.

OUTH'S VITALITY SAPPED AWAY.

Your child looks poorly, is tired and fretful. You would like this boy or girl to be more robust, more energetic and vivacious. The "something" that is wrong is simply this. Stomach and bowels needs attention. Constipation and indigestion must be relieved, new life and vigor are required in the blood, slight assistance is needed for the kidneys and liver. Nothing is so effective as Dr. Hamilton's Pills. They put new life into young folks as well as the old ones. Every child should use this medicine regularly because its benefits are not to be had in any other way, 25c.

Tea was cultivated in China 2,700 years before the Christian era.

Cape Colony Forestry.

The institution of a forest department in Cape Colony dates from 1881. Since that time three-quarters of a million pounds have been expended, and the staff now numbers no less than 110 conservators and foresters.

Laura Bridgeman.

Laura Bridgeman was the most remarkable example of the patience and tact requisite in the education of blind and deaf mutes. It is said that at the beginning of her mental training one lesson was given her over 500 times before she finally comprehended it.

HOW'S THIS.

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We the undersigned have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDING, KINNAN & MARVIN Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation.

City Elections.

The Election for Mayor and Aldermen of the City of Fredericton, for the ensuing year, will be held on MONDAY 11th day of March next, at the following places, viz:

DIVISION NO. 1.

For all voters residing or owning property above the centre line of Carleton Street, prolonged, at or near the City Hall in the said City.

DIVISION NO. 2.

For all voters residing or owning property in the remainder of the said City, not included in Division No. 1, at or near the County Court House in the said City.

Polls will be opened at the above named places at nine o'clock a. m. of the said day of Election, and will close at the hour of four p. m. of the same day. Nominations for the office of Mayor or Aldermen must be filed in the Office of the City Clerk, City Hall, at or before four o'clock on Monday, the 4th day of March next, and must be signed by at least two qualified Electors, and the signatures at tested to under oath.

Forms for Nomination can be procured at the City Clerk's Office.

A certificate of the City Treasurer showing that all rates and taxes of the Candidate have been paid within the time required by law, must be attached to each nomination paper.

Dated at the Office of the City Clerk, Fredericton, this 21st day of February A. D., 1907.

J. W. MCCREADY, City Clerk.

PRINCE EDWARD ISLAND RAILWAY.

TENDER.

Sealed tenders, addressed to the undersigned, and marked on the outside "Tender for extension of Souris Wharf," will be received up to and including Thursday, February 28th, 1907, for an extension of the Railway Wharf at Souris, P. E. I.

Plans and specification may be seen at the office of the Secretary of the Department of Railways and Canals, Ottawa, Ont., at the Chief Engineer's Office, Moncton, N. B., at the Assistant Engineer's Office, Charlottetown, and at the Station Master's Office, Souris, P. E. I., at which places forms of tender may be obtained.

All the conditions of the specification must be complied with.

D. POTTINGER, General Manager.

Railway Office, Moncton, N. B., February 13th, 1907.

The time for receiving tenders for the above work has been extended up to and including Thursday, 7th March, 1907.

D. POTTINGER, General Manager.

Railway Office, Moncton, N. B., February 23rd, 1907. Feb. 28—41.

NOTICE OF PROPOSED LEGISLATION.

Notice is hereby given that a Bill will be presented to the General Assembly of New Brunswick, at the next session, to amend "The Municipalities Act," (Consolidated Statutes 1903, Chapter 165, Section 13,) in so far as relates to the County of York, so that the election of County Councils may be held in the month of September.

Dated Jan. 22nd, 1907.

By Order of the County Council, FRED ST. JOHN BLISS, Secretary—Treasurer of York. Feb. 5—d181.

Grand Clearing Sale

GRAND BARGAINS

NOW OFFERED AT

S. KERNER'S

Bargain Prices for this week.

Don't miss them.

Ladies Underskirts and Drawers worth 35c to

50c Special for 24c only.

Ladies Coats to clear at half their regular price.

Ladies' wool Waists the latest in the market, to clear at half price.

Fancy Neckwear at extra grand Bargains.

Men's Suits Overcoats, Pants Underwear, Hose, Suspenders [and Neckwear at Special Grand Values.

We must clear all our Ladies' and Gents' Furs, come and see prices, they must go, prices will do it, come all and save money at

S. KERNER'S

The Store of Satisfaction.

450, QUEEN ST.

New Spring Suitings

Some have arrived. Also Viekerman's Serges, wear and color guaranteed The new Spring Fashion plates are here.

W. E. SEERY 550 Queen St.

BURTT'S MACHINE SHOP

Turning, Planing, and Drilling. Repair work of all kinds. Edge Tools Sharpened. Have your wheel repaired now, before the rush.

Keys. WM. C. BURTT, 3 in 1 Oil. Phone 352-11. 625, QUEEN STREET, FREDERICTON, N. B.

Assessors' Notice

Public Notice is hereby given that the undersigned has this day been duly sworn into office as

Principal Assessor

OF

RATES and TAXES

In the City of Fredericton.

Any person liable to be assessed in the City may, within Thirty Days after the publication of this notice, give to me, the said Principal Assessor, a statement in writing under oath, before the Mayor, City Clerk or the undersigned, of his or her Property and Income, according to the form provided in "An Act to Consolidate and Amend the Law Relating to the Levying Assessing and Collecting of Rates and Taxes in the City of Fredericton."

Forms can be had from the Mayor, City Clerk, or the undersigned. Any person neglecting to make a statement to the Mayor, City Clerk, or the undersigned, according to the above advertisement, previous to the Assessment Roll being made out, will be required to appeal to the Assessors by Petition, in strict accordance to the instructions on the back of their Tax Notices.

Dated this 14th day of February, 1907.

E. WETMORE HENRY, Principal Assessor.

Feb. 20—d1mo.

DENTISTRY.

Maritime Dental Parlors.

J. B. CROCKER, D.D.S.

All Dental work done by latest and improved methods. Teeth extracted absolutely without pain.

Special attention given to treating and saving natural teeth.

Work done at reasonable prices.

Hours: 9 a. m. to 8 p. m.

Office KITCHEN BUILDING

Wedding Invitations

Herald Office

Dentistry in all its modern branches. Special attention given to the care of children's teeth.