

Paint
is to a
Building

What clothing is to the body. It is just as important. You should take as much care in selecting the paint to clothe your property, as you do in selecting the material to clothe your person. Paint preserves the building. Paint gives beauty to the building. In painting the labor costs more than the paint. There will be a large waste if the right paint is not used.

THE
SHERWIN-WILLIAMS
PAINT

is made for painting buildings. It is not a low-priced paint, but it is cheap because the best. It is made of the purest materials—that wear the longest. The colors are bright and handsome.

FOR SALE ONLY BY
James S. Neill,
FREDERICTON'S BIG HARDWARE STORE

IMPERIAL HALL Is showing the leading patterns in Worsteds and Tweeds
AND WE
are prepared to make up Overcoats, Suits and Pants in the LATEST STYLES.
WE GUARANTEE A FIT.

STANGER & HARRISON,
Telephone 51-21. 535, Queen Street.
F'ton, N. B.

**DRIED
FRUITS.**

CROSSE & BLACKWELL'S

Citron, Orange and
Lemon Peels, Grif-
fin Brand Seeded
Raisins, Loose Mus-
catels, Malaga Ta-
ble Raisins in
quarter and whole
Boxes, New clean-
ed Currants.

G. T. WHELPLEY
580, Queen Street Fredericton.

**Fire, Life, Health and Accident
Insurance.**

Jasper A. Winslow,
Opp. Normal School,
Queen Street, Fredericton.

F. St. John Bliss,
Solicitor, Notary Public, etc
Secretary-Treasurer of York County
County Court House, Main Entrance.

COME TO US.

Don't send your job printing out of town. We'll do it at the

HERALD OFFICE

SANTAL MIDY
Standard remedy for Gleet,
Gonorrhea and Runnings
in 48 HOURS. Cures Kid-
ney and Bladder Troubles.

A New Orleans woman was thin.
Because she did not extract sufficient
nourishment from her food.
She took **Scott's Emulsion**.
Result:
She gained a pound a day in weight.

ALL DRUGGISTS: 50c. AND \$1.00



Skates.
Skates originally were made of bone. In and around 1,100 men skated on the thigh bones of cows, helping themselves along with pointed sticks. Steel skates were invented by the Hollanders in the seventeenth century.

The Instep's Curve.
A high instep is supposed to be a mark of aristocratic descent, and possessors of the Andalusian mark believe it a sign that their ancestors never bore burdens.

The Sidesaddle.
A correspondent of the London Mail says that women always rode astride till Queen Elizabeth in order to show a magnificent dress upon a certain state occasion rode sideways and so set the fashion.

Silk Stockings.
In 1570 Queen Elizabeth was presented with a pair of silk stockings by her tire woman and afterward never wore any other kind.

BANK OF NOVA SCOTIA

(INCORPORATED 1832.)

CAPITAL. - - \$3,000,000
RESERVE FUND. \$5,250,000

Let no young man ever permit it to enter his head that economy is meanness, or that it is to be despised. It is he who saves who can afford to give, and nothing is mean which is honest and which goes to establish one's independence.

INTEREST PAID QUARTERLY IN
THE SAVINGS DEPARTMENT.

Fredericton Branch. W. S. Benson, Manager
St. Marys Branch. W. H. Robinson, Manager

SWIFT'S Potato Fertilizer NOT THE CHEAPEST BUT THE BEST

We do not claim to sell cheap Fertilizer but do claim to sell high grade Fertilizer at a moderate price. Also Hay, Straw, Oats, Cracked Corn, Corn Meal and Chop Feed of all kinds.

F. H. Everett,

FLOUR, FEED, COAL, - - - Campbell st.

CARRIAGES! CARRIAGES!

The Largest and Finest Stock in the City to select from. Prices the very lowest, Quality the very best. Don't buy a Cream Separator until you have seen Our Stock. We buy direct from the manufacturers and employ NO AGENTS.

J. F. VanBuskirk
Phoenix Square

Hewson Tweeds

Make a fine business suit, and are sure to give every satisfaction. I have a fine line of these Tweeds in stock, and am always pleased to show goods. PRICES ALWAYS RIGHT.

Get one of Page's Odorless Moth Proof Bags and protect your Furs. 2 sizes always on hand. Call and see them.

JAS. R. HOWIE, 150 Queen St.

ANNOUNCEMENT

NEWSOME & GILBERT, LIMITED
Manufacturing Stationers
TORONTO & WINNIPEG

WILL H. NEWSOME, LIMITED
L. C. SMITH & BROS. TYPEWRITERS
TORONTO HALIFAX MONTREAL

Amalgamated January 1, 1907.

We beg to announce that we have this day amalgamated with Newsome & Gilbert, Limited, and will in future carry on the business as Newsome & Gilbert, Limited, with Head Office, Toronto, and Branches at Winnipeg, Montreal and Halifax.

Owing to the wonderful growth of our business, the Amalgamation better enables us to look after the wants of our many customers, both in Typewriter and Stationery lines, and we respectfully solicit a continuance of your valued trade.

The maritime end of the business will continue under the management of Mr. P. O. Soules, who is a director in the New Company and he will look as faithfully after the requirements of our Eastern Customers as in the past.

WILL H. NEWSOME, Limited
P. O. Soules
Vice-Pres. & East. Mgr.

TONGUE-TIED ORATOR.

A Story Told to Illustrate a Valuable
Every-Day Fact.

"To illustrate a point I wish to make," said Mr. George Y. Dibblee, the well known druggist, "let me tell you of an orator who had the most wonderful eloquence of any man I ever knew. Yet he had a great misfortune. He was tongue-tied, and when he got up to make a speech he would stammer and stutter and finally he would have to sit down. Yet about once in five or six times his trouble would vanish, and then I tell you he was simply grand."

"Now, my point is this: Old-fashioned cod liver oil is like that orator. Once in a great many cases it does immense good, but oftener than not the sticky, nasty oil or the unwholesome materials used to make it into an emulsion so interfere with digestion that all its medicinal value is lost. Yet we know genuine strength-building curatives are enveloped in the oil."

How shall we get these valuable health-building, medicinal elements without taking the oil also?

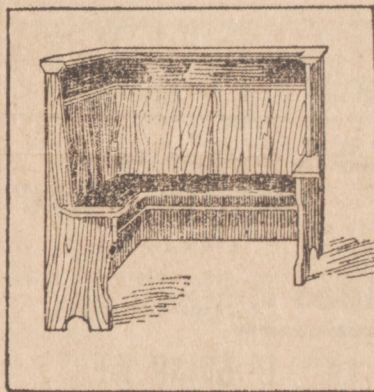
That question was answered by the two great French chemists, Gauntier and Mourguet, who gave the world their great discovery of separating the curative medicinal elements always known to exist in the cod's liver, from the oil or useless part.

The product is known as Vinol—which actually contains all that is medically good of cod liver oil, without a drop of oil or any disagreeable feature—thus producing the greatest tonic reconstructor known to medicine. Vinol is now making remarkable cures as a tonic and restorative where old-fashioned cod liver oil failed. We guarantee it to make strength for the weak, vitalize the old, cure coughs, hanging on colds and bronchial troubles. If it does not, it won't cost you a cent to try it." George Y. Dibblee Druggist.

A CORNER BENCH.

Attractive Seat, Easily Made at Home at Little Cost.

A very pretty corner seat is shown in the illustration. This was made by a young bride of limited means. The wooden seat she painted white to match the rest of the woodwork in the room. She then fastened green denim behind the seat and finished it off at the top by nailing up a piece of white picture molding. She made the



ATTRACTIVE CORNER BENCH.

cushion of cheap hair and covered it with green denim. On the picture molding she arranged little cups and saucers, which gave a pretty little touch of color. She made a few cushions for the seat from remnants she picked up in the stores for a few cents. So she is now the proud possessor of a delightful corner seat which, owing to her capability, cost almost nothing.—Philadelphia North American.

WHERE DOES CONSUMPTION BEGIN?

That first little tickle becomes a cough, the cough grows severe, is neglected and travels down to the lungs. Treat throat trouble before it gets severe. Catarrhoxone heals, allays inflammation, cures throat and bronchial trouble quickly. A marvel wonder is Catarrhoxone which prevents thousands of Catarrh victims from contracting consumption. Recommended by doctors, proved by time to be unfailing. Catarrhoxone is just what you need. 25c. and \$1.00, sold everywhere.

A Bright Recruit.

Lieutenant (examining soldier).—What should you do if you met an enemy on the field of battle?

Soldier.—Shoot him dead, sir.
Lieutenant.—Right. And what should you do if you met a whole battalion of the enemy?

Soldier.—Shoot them dead, sir.

Lieutenant.—You couldn't by yourself. You should fall back and give warning. What should you do if you met a cow belonging to the enemy?

Soldier.—Shoot it dead, sir.

Lieutenant.—Wrong.

Soldier.—Fall back and give warning, sir.

Lieutenant.—Wrong again. You should hold hold of it by the horns and bring it into camp. Now tell me what you should do if you met me in the field.

Soldier.—Shoot you dead, sir.

Lieutenant.—Rubbish! I'm not an enemy! I wear the same uniform as you do.

Soldier.—Fall back and give warning.

Lieutenant.—Wrong, stupid! I'm not a battalion of the enemy.

Soldier.—Well, then, I'd catch hold of you by the horns and lead you into camp.

Lieutenant.—You—
—Lustige Blatter

A Fatal Omelet.

Ignorance of cooking is not often the direct cause of a man's death, but such an instance is related in "The Story of Two Salons." In the time of the French revolution one M. Condorcet, upon whose head as an aristocrat a price was set, sought refuge with a friend, M. Suard, who bade him return at nightfall, when means of escape would be provided. Unhappily Condorcet, being unable to exist without tobacco, went into a tavern to buy some. Still prostrate from fatigue, he thought he would take advantage of this opportunity to get some dinner and ordered an omelet.

"How many eggs do you wish to be used?" inquired the landlord, who had been eyeing him suspiciously. The innocent Condorcet was at his wits' end. He reflected on the size of the ordinary omelet.

"Twelve," he boldly replied.
His fate was sealed. None but an aristocrat could be so ignorant or so extravagant. He was arrested and led away to prison, from which he never emerged.

Mountains.

There used to be held in accordance with Murchison's well known geological views the general theory that mountains were mainly due to cracks which took place in the surface of the earth in remote periods, but this idea is no longer entertained by scientific men. As to the form of mountains, that which is known as table mountain finds the best example, curiously enough, at the Cape of Good Hope, a mountain, it is believed, due not to any action or phenomenon of upheaval, but to the sinking of the surrounding districts or territory. Why these peculiarly defined areas did not sink was owing, it is thought, to the probable fact that the ground under them cooled before the rest of the section, and thus the table mountain had the earlier foundation and has long retained its place. There would always be denudation, however, though proportionate with its surroundings, and therefore, owing to this fact of being higher at the start, it still keeps to its approximate elevation.

Distinguished Paper Hangers.

The paper hanger was not so much of a necessity in the old days as now, writes Miss Kate Sanborn in her book, "Old Time Wall Papers." The family often joined in the task of making the paste, cutting the paper and placing it on the walls. This was not beneath the dignity of George Washington, who, with the assistance of Lafayette, hung on the walls at Mount Vernon paper which he had purchased abroad. The story goes that the good Martha lamented in the presence of Lafayette that she would be unable to get the new paper hung in the banquet room in time for the morrow's ball in honor of the young marquis. There were no men to be found for such work. Lafayette at once pointed out to Mrs. Washington that she had three able-bodied men at her service—General Washington, Lafayette himself and his aid-de-camp—whereupon the company fell immediately to work, and the paper was hung in time for the ball.

Artful Autograph Fiend.

"One of the most interesting collections of autographs is owned by a man who cultivated the art of kicking in order to secure them," said an autograph expert. "Every signature in the collection was appended to a letter written by some prominent person in reply to a complaint made by the indefatigable kicker. He complained about everything under the sun, to railroad presidents about delays on the road, to public officials about abuses in their systems of managing public interests, to literary men and artists about shortcomings in their work, to actors and singers about some defects in a favorite role, and always his complaints were couched in such virile language as to win consideration and a reply, not from some secretary, but from the celebrity whose autograph he coveted."

To Find the Horsepower.

A rule for finding horsepower of a pulley is to multiply the circumference of the pulley in feet by the revolutions per minute, and the product thus obtained by the width of the belt in inches, and divide the result by 600. The quotient will be the horsepower which the pulley is capable of transmitting. This rule is founded on the fact that good, ordinary single leather belting, with a tension of fifty-five pounds per inch wide, will require fifty square feet of belt surface passing over the pulley per minute for one horsepower. Fifty square feet per minute are equal to a belt one inch wide running 600 feet per minute.

The Oldest Religions.

Judaism is the oldest existing religion. Brahmanism is second, Buddhism third and Mohammedanism fourth. Buddha was born in the sixth century B.C., at Kapilavastu, in India, near the Himalayas. He was named Siddhartha and Gautama and was the son of a wealthy Sakya chieftain, called a king in modern poetry. Buddha lived to be very old. Brahma is the all pervading soul of the universe, the creator of the universe, his brother gods being Vishnu and Shiva. Mohammed was born at Mecca, in Arabia, in 570 A. D. and died in Medina, Arabia, June 8, 632. No one can say when the worship of God began. It is probable that the very earliest man worshipped some unknown power, who was his God. The religion of the Chaldeans antedated the Jewish religion. Noah worshipped God; so did Abraham. Judaism did not begin until late in Abraham's life.

TO DUTY AND DEATH.

Another Name Added to the Roll of
Canada's Noble Women.

Montreal has many stately monuments, but there is need for another in one of the most conspicuous places in the city. No braver deed is to be found in Canadian annals than that of Sarah Maxwell, the schoolmistress of Hochelaga, who on Tuesday gave her life for her pupils. The story is heroic in its simplicity says The Globe.

In those few terrible minutes one woman was at work, untiring, unflinching. One after another she carried the little ones out to the windows and to safety, groping her way back each time to rescue those behind. There was not time to carry them down the narrow stairway. It was impassable with smoke and flames. Burned, blinded and bruised, she still battled with the smoke and flame until after handing out one little girl, the agony she suffered forced her to cry out, "Oh, I am burning."

But even then she did not hesitate for a moment. Back she went into the blistering heat and the roaring smoke, where, groping in search of others, whom she could not see, but whom she knew had not been saved. Fireman Benoit found her as he climbed the ladder and broke in one of the windows of the second story, himself almost blinded by the smoke and badly scorched by the terrible heat. He tried to get her to come out and save herself while there was yet time, but she stayed on.

To the poet, the statesman and the soldier Canada has raised not a few fine monuments of bronze. These men are worthy of remembrance, but not more worthy, not nearly "so worthy most of them" of having their names graven on imperishable tablets as this girl, who with the agonized cry, "I'm burning," went back to duty and death.

Your Blood Unhealthy
in the Springtime.

You Should Cleanse the System at
Once with Proper Medicine.

Spring housecleaning is the solemn duty of every good housekeeper,—this time, let it commence with your own system. All the organs are depressed, the liver is slow, kidneys are unhealthy. In consequence you are listless, vitality is low, color is bad, appetite poor and you need medicine. This is just the time to use Ferrozone; it excites splendid appetite gives digestion splendid aid, supplies nourishment for all weak organs. At once you feel buoyant and strong. Nutritious blood courses through your veins, supplies strength and life, makes you tingle with animation and ambition.

No more headache.
None of that tired languor.
You feel like doing things because Ferrozone completely renews and strengthens your whole system.

For spring debility no medicine on earth gives such quick, lasting benefits as Ferrozone. It has raised thousands from downright weakness, gives them perfect health simply because it contains the fortifying elements that rundown systems require.

One week after using Ferrozone you'll feel like new, you'll appreciate what real robust health means. In a month you'll scarcely credit the push your vigor and spirits have received. Ferrozone is more than a tonic because its work lasts, its benefits remain and are not temporary. It restores health where other treatments fail, and especially in the springtime it should be used by every man, woman and child. Try it, 50c. per box or six boxes for \$2.50 Sold by all dealers.

Dr. Edward Everett Hale called up-

on the editor of a paper in a small New England town. In the course of conversation the editor told how he was worrying about his wife, how he had sent her to the country for her health, how she was growing worse rather than better, how his heart urged him to go to her and how the necessity of grinding out his editorials day by day was keeping him from her bedside. Dr. Hale returned to his hotel and called for writing materials. After several hours he returned to the editor and threw on his desk a pile of manuscripts.

"There," he said. "Go and see your wife. I've scribbled off enough articles of contemptuous human interest to feed your paper for a week."

A Satirical Picture in a Church.

There is probably only one church in Britain which contains a satirical picture. It is the little church of South Brent, in Somersetshire. On three oak-panels are carved pictures which were intended to satirize the greed of a certain religious dignitary at Glastonbury. This ecclesiastic is represented in the first picture as a fox dressed in robes and miter and holding a crook in his right paw. In the second picture the fox has been manacled by a flock of geese, and in the third the birds have revenged themselves on their foe by hanging him from the branch of a tree.

JUMPING WITH NERVE PAIN.

That's how you feel with neuralgia. But why lie awake at night, grumble or complain—get busy with a bottle of Nerviline. It does act like magic, seeks out the pain and destroys it. Harmless and certain, instant in effect, nothing is so popular as Nerviline far aches and pains of all kinds. Try it for lumbago, test it in rheumatism, prove it in neuralgia, pleurisy or colds. You'll soon acknowledge that Polson's Nerviline beats them all. Sold everywhere in large 25c. bottles.