NURSERY NOTES.

Value of Obedience.—At no time is obedience so valuable in a child as in illness. If the habit of promptly obeying has been inculcated, the little one will take its medicine quietly without the struggle and excitement which might in some cases do irreparable injury.

Training a Child.—When children are at home do not let them know they they are constantly watched. Have your oversight, but do not let it always be inevidence to the boys. Let them play naturally; let them settle their own grievances as far as possible. Give them a regular allowance of money, and take care that it is regularly paid. Do not help them out, if they fall short of money, by extra gifts, but lend them what is necessary, and see that it is repaid.

Growth of baby.—A baby's development should proceed according to a certain ratio. During the first four months a child should grow 1in. in length each month. After that half an inch each month until he is a year old, when he increases in height less rapidly. During the first four months he should gain about 5lb. in weight, after that 1lb. each month until he is a year old, when an increase of half a pound a month indicates that he is thriving.

Baby's clothes.—The operation of "short-coating" the baby should not be done by any hard and fast rule, but should depend upon the state of the weather. It will be quite safe for a three-months-old baby to exchange his long clothes for a short frock in the summer, but in colder weather it should be deferred until later.

PREVENT TAKING COLD.

Often you come home, cold and shivering—feet are wet, throat is raw chest a little sore. A bad cold is just beginning. Put a Nerviline Porous Plaster on your chest, rub your throat with Nerviline, and take a stiff dose of Nerviline in hot water. This prevents a chill and checks the cold instantly. No remedies so useful in the home, so sure to prevent serious illness as Nerviline and Nerviline Plasters. Sold by all dealers, 25c. each, but be sure you get the genuine, and refuse any substitute

THE AUGUST "ROD AND GUN."

In the distinctive fashion which has gained for "Rod and Gun and Motor Sports in Canada," published by W. J. Taylor, Woodstock, Ont., the character of the best interpreter of the feelings of sportsmen throughout the Dominion, the opening article of the August number deals with yachting. At a time when everyone's thoughts are upon cool waters, this fine account, finely illustrated, of the Royal Cape Breton Yacht Squadron is most appropriate and will be read with sympathetic interest by many readers. The story of the first Rocky Mountain Goat bred in captivity is one appealing even to a wider circle than sportsmen, and nature lovers of all kinds can be recommended to this article. "Cycling through British Columbia, opens up a new field and the account of a young employee reaching a remote Hudson Bay Post on his wheel furnishes an interesting though not exciteable account of an unusual trip. In the Glow of the Camp Fire recalls to mind pleasant evenings passed far away from civilization, its cares and troubles, and makes one wish for a repetition of the experience. Big Game Conditions in New Brunswick, discussed by that veteran guide, Adam Moore, fishing in the Kootenary Lake and River and an account of Protective Work in British Columbia show how thoroughly the whole Dominion is covered and sportsmen made cognizant, through the Magazine, of conditions prevailing in the different Provinces There are other articles and stories in plenty and an open season table should prove particularly useful to both resident and visiting sportsmen. Whatever opinions may be held about dogs in deer hunting the paper entitled A Few Words on Behalf of Our Vanishing Deer by Mr. James Dickson, O. L. S., should be read by all. The views of such an experienced veteran, however one may differ from them, are worthy of careful consideration. The whole number is amongst the best of many good issues.

NO APPETITE

You're Food Disagrees
You're Tired--Lifeless
Skin is Yellow.

You'll Feel Worse Every Day Unless You Brace up Quick--the Best Treatment is Ferrozone.

Every day comes the good news of wonderful cures with Ferrozone.

In Peterboro it worked marvels for Louis Meehan—put him right on his feet—made him entirely well.

"About three years ago" says Mr. Meehan, "I had the Grippe which left me in a very-run down condition that finally developed into Dyspepsia. I was unable to eat but a few things and had a craving for acid. I gave up treating with doctors because they did not help me, and on the advice of a friend used Ferrozone. It not only cured me of Dyspepsia and Biliousness, but has built up my strength to what it was before I had the Grippe. I can recommend Ferrozone as an ideal restorative."

Ferrozone gives you force, energy, vim.

It strengthens the stomach cures indigestion, prevents headaches—guarantees good health.

Thousands use Ferrozone—they all feel better—try it yourself—sold in 50c boxes by all druggists.

Perspiration and Fat--A Way Out

This year fat folks who want to move about a lot in comfort and dry undergarments are going to reduce. This does not mean, however, lots of exercise and rivers of perspiration. Nowadays the well-informed fat person gets rid of his or her fat with an almost mathematical certainty— not through muscular exertion or punishing fasts—but by means of a teaspoonful only, after meals and at bedtime, of a harmless inexpensive mixture, to wit, ½ ounce Marmola, ¾ ounce Fluid Extract Cascara Aromatic, and 4¾ ounces Sirup Simplex, which any druggist can and will put up for a small sum.

This pleasant home receipt takes the fat off at the rate of 12 to 16 ounces a day without causing wrinkles or even one's meals, and it has proved a nugget of knowledge of incalcules or interfering with one's pleasure able value to thousands.

Babylon's Hanging Gardens.

The hanging gardens of Babylon were terraces on columns. The gardens were 400 feet square and over 400 feet high. The ascent from terrace to terrace was by flights of marble steps, and on the highest was a large reservoir.

The Alexandrian Library.

As early as the year 47 B. C. the great Alexandrian library contained over 40,000 valuable books.

A Wonderful Voice.

At the peace jubilee in Boston, 1869, Mme. Parepa Rosa's voice was distinguishable above 12,000 singers, an orchestra of over 1,000 instruments and in a hall where the audience consisted of 40,000 people.

The Pipe's Antiquity.

In Asia and Africa, besides America, the pipe dates from prehistoric times, and in Europe generally it has been in use since and during the Roman period, if not before. One of the most learned antiquarians says that smoking pipes of bronze are frequently found in Irish tumuli, or sepulchral mounds, of the most remote antiquity

A Slip.

"What shall I play?" asked the organist of an absentminded clergyman.

"What sort of a hand have you got?" was the unexpected reply.—London Telegraph.

TAKE THE POSTMASTER'S WORD FOR IT.

Mr. F. M. Hamilton, postmaster at Cherryvale, Ind., keeps also a stock of general merchandise and patent medicines. He says: "Chamberlain's Colic, Cholera and Diarrhoea Remedy is standard here in his line. It never fails to give satisfaction and we could hardly afford to be without it. For sale by all dealers.

First College President—What sort of an opening did you have?

Second College President—A new fullback and three crack linesmen.

Gourlay Pianos are so constructed and finished as to harmonize with beautiful surroundings, and there is not a home in the land that would not be embellished by one of these instruments. Combined with its beautiful singing tone is the durability that comes from finest material and best workmanship.

KISS BROUGHT BACK LIFE.

Woman In Trance, About to Be Buried, Restored by Husband's Kiss.

A woman named Mrs. Carton, of Tonbridge, England, has been through one of the most terrible ordeals ever known.

She fell into a trance after a short illness, and was placed in a coffin, in the belief that she was dead.

She lay silent, unable to move or speak, while preparations for her funeral were going on all around her.

She watched her husband bend over her body to kiss her for the last time.

The warmth of her cheek as his lips touched her face saved her from being buried alive.

Mrs. Carton's husband, who is an engine cleaner, was distracted with grief when, a few days ago, he found her apparently dead after a few days' illness.

All arrangements were made for the funeral; a coffin was brought, and the woman was laid in it.

Then, just as the coffin was about to be screwed down, Mr. Carton asked to be left alone with the body for a moment. He bent over his wife to kiss her for the last time. The cheek on which his lips rested was warm. His wife was alive.

The man, dazed with joy and wonder, sent at once for a doctor, who confirmed his hopes. The doctor ordered her to be removed at once to the hospital. Her condition rapidly improved, and she is now well on the way to recovery.

The woman's story of her experiences during the trance is extraordinary.

"I knew everything which was going on around me," she said, "but I could not move. I could not even speak when I saw that they thought I was dead."

Even when she was put in her coffin and it seemed almost certain that she would be buried alive, she was unable to utter a word to save herself. She could not even speak to her husband as he bent over her.

Only the touch of his lips on her cheek saved her.

NOTICE TO CONTRACTORS

SEALED TENDERS addressed to the undersigned, marked on the envelope 'Tender for Construction,' will be received at the office of the Commissioners of the Transcontinental Railway, at Ottawa, until twelve o'clock noon of Thursday, the 20th day of August, 1908, for the work required for the construction, in accordance with the plans, profiles and specifications of the Commissioners, of the following sections of the Transcontinental Railway, viz:—

(1) District 'C'—From a point designated on the plans of the Commissioners near Weymontachene, in the province of Quebec, 196.38 miles west of the north abutment of the Quebec bridge, (such point being on the boundary between Districts 'C' and 'D') westerly for a distance of about 107 miles. Date of completion, 31st December, 1910.

(2) District 'C'—From a point designated on the plans of the Commissioners, about 107 miles west of Weymontachene, in the Province of Quebec, westerly to the end of the Grand Trunk Pacific Railway Company's contract, a distance of about 114.97 miles. Date of completion, 31st December, 1910.

(3) Districts 'D' and 'E'—From a point designated on the plans of the Commissioners, being at the western end of Fauquier Bros.' Abitibi contract, in the Province of Ontario, in a westerly direction for a distance of about 104.24 miles. Date of completion, 31st December, 1910.

(4) District 'E'—From a point designated on the plans of the Commissioners, about sixty miles west of the easterly boundary of District 'E,' in the Province of Ontario, easterly to the end of Fauquier Bros.' contract, north of Lake Nepigon, a distance of above 100 miles. Date of completion 31st December, 1910.

(5) District 'E' and 'F'.—From a point designated on the plans of the Commissioners, at the western end of Fauquier Bros.' contract north of Lake Nepigon, in the Province of Ontario, westerly to a point at or near Dog Lake, a distance of about 126 miles. Date of completion, 1st September, 1910.

(6) District F.—From a point designated on the plans of the Commissioners at or near Dog Lake, in Province of Ontario, to a point at or about mile 2.6 west of what is known as the Pennisula Crossing, by alternative routes as shown on the plans, a distance of about 23.76 miles by the northerly route, and 24.13 miles by the southerly route, the selection of the route to be at the option of the Commissioners. Date of completion, 1st September, 1909.

Plans, profiles and specifications may be seen in the office of the Chief Engineer of the Commissioners at Ottawa; also in the offices of the following District Engineers, viz: John Aylen, Acting District Engineer, North Bay, Ont.; T. S. Armstrong, Nepigon, Ont.; and S. R. Poulin, St. Boniface, Man.

Persons tendering are notified that tenders will not be considered unless made in duplicate, and on the printed forms supplied by the Commissioners.

A separate tender must be submitted for each section.

Tenderers shall not be in any way entitled to rely upon the classification, or any other information given by any person on behalf of the Commissioners; and before submitting any tender, bidders should make a careful examination of the plans, profiles, drawings and specifications, and read the forms to be executed, and fully inform themselves as to the quantity and quality of materials, and character of workmanship required; and are understood to accept, and agree to be bound by, the terms and conditions in the form of contract, specifications, &c., annexed to the form of tender.

Each tender must be signed and sealed by all the parties to the tender, and witnessed, and be accompanied by an accepted cheque on a chartered bank of the Dominion of Canada, payable to the order of the Commissioners of the Transcontinental Railway, as follows:—

For Sec. No. 1, District 'C'	$150,000
" " 2, " 'C'	150,000
For Sec. No. 3, District 'D' & 'E'	150,000
For Sec. No. 4, District 'E'	150,000
For Sec. No. 5, District 'E' & 'F'	200,000
For Sec. No. 6, District 'F'	100,000
& 'F'	150,000

Any person whose tender is accepted shall within ten days after the acceptance thereof furnish such additional approved security as may be required by the Commissioners; sign the contract, specifications and other documents required to be signed by said Commissioners; and in any case, of refusal or failure on the part of the party whose tender is accepted to complete and execute a contract with the said Commissioners, and to furnish the additional approved security within ten days after the acceptance of the tender, the said cheque shall be forfeited to the Commissioners as liquidated damages for such refusal or failure and all contract rights acquired by the acceptance of the tender shall be forfeited. The cheques deposited by parties whose tenders are accepted will be deposited to the credit of the Receiver General of Canada as part of the security for the due and faithful performance of the contract according to its terms. Cheques deposited by parties whose tenders are rejected will be returned within ten days after the signing of the contract.

Attention is called to the following clauses in the form of contract:—

'All mechanics, labourers, or other persons who perform labour for the purposes of the construction of the works hereby contracted for, shall be paid such wages as are generally accepted as current for competent workmen in the district in which the work is being performed, and if there is no current rate in such district, then a fair and reasonable rate; and in the event of a dispute arising as to what is the current or a fair and reasonable rate, it shall be determined by the Commissioners, whose decision shall be final.'

This agreement is subject to the regulations now in force, or which may at any time hereafter be in force during the construction of the works hereby contracted for, made under the authority of the Department of Labor, and which are, or shall be, applicable to such works.' (The schedule of minimum wages determined upon by said Department will form part of the contract.)

'The contractor shall in connection with the whole of the said work, as far as practicable, use only material machinery, plant, supplies and rolling stock manufactured or produced in Canada, provided the same can be obtained as cheaply and upon as good terms, in Danada as elsewhere, having regard to quality and price, and price.'

The contractor shall conform to the fire regulations adopted by the Commissioners and also to the laws and regulations respecting fires in the different provinces wherein the work is being performed.

The right is reserved to reject any or all tenders.

By order,

P. E. RYAN,
Secretary.

The Commissioners of the Transcontinental RailRay.

Ottawa, 18th July, 1908.

Newspapers inserting this advertisement without authority from the ommissioners will not be paid for it.

July 27, d2awk6i.

THE MASTERPIECE.

It Is Produced on the Average at the Age of Fifty.

The "summum bonum" of a man's life—who shall say when or what it is in any given case? It becomes almost a work of supererogation to attempt to designate any single act or performance as the one most valuable in any man's career. Reduced to the ultimate, it becomes, after all, only the expression of an individual opinion, save in those striking instances in which by general consent a certain achievement is recognized as the man's greatest work. No one would deny that in "Paradise Lost" Milton attained the highest expression of his mentality, that Wellington achieved his greatest fame when he won the field of Waterloo, that Bacon's "Novum Organum" is his greatest accomplishment and that "Don Quixote" exceeds anything else that Cervantes ever did. In other life records one act may appear equal to another at different stages in the man's development, or to one observer the influence of one deed may far outweigh that of another, and contrariwise. This difficulty has been exceedingly hard to overcome and without any attempt at dogmatism, but with the earnest desire to ascertain the truth as far as may be possible, has the decision been made in the disputable records.

Having been arranged in this manner, the records give an average age of fifty for the performance of the masterwork. For the workers the average age is forty-seven and for the thinkers fifty-two. Chemists and physicists average the youngest at forty-one; dramatists and playwrights, poets and inventors follow at forty-four; novelists give an average of forty-six, explorers and warriors forty-seven, musical composers and actors forty-eight, artists and divines occupy the position of equilibrium at fifty, essayists and reformers stand at fifty-one, physicians and surgeons line up with the statesmen at fifty-two, philosophers give an average of fifty-four, astronomers and mathematicians, satirists and humorists reach fifty-six, historians fifty-seven and naturalists and jurists fifty-eight. As may be noted, there is a rearrangement of the order at this time, but the thinkers, as before and as would naturally be expected, attain their full maturity at a later period

McGale's Butternut Pills

Better than oil, salts, "blue mass," calomel or senna. Made of Butternut Extract, Nature's perfect remedy for Liver, Bowel and Stomach Troubles.

25c AT ALL DEALERS

Wingate Chem. Co. Limited 43 Montreal

He Ought to Know.

Mrs. Hens—Jest look here, John! I've found a ten cent piece in this chicken's craw.

Mr. Hens—Wa-al, thet makes one authentic case, an' the fust I ever knowed, whar there wuz money in chickens.—Judge.

Uncle Allen.

"Some men," muttered Uncle Allen Sparks after the tiresome speaker had sat down, "remind me of an old water mill that's running with empty hoppers. Their wheels keep on going, but they don't turn out any grist."

The First Kiss.

The Boston girl
Had told him yes,
Her head awhirl,
We must confess.
'Twas like a play correctly staged,
For he and she were now engaged.

The Boston chap
Surveyed with pride
Her classic map,
Sweet and four eyed.
"Priscilla," he made bold to state,
"I think that we might osculate."

ST. JOHN RIVER S. S. CO. LT'D.

S.S. "Elaine" leaves City Wharf, days, Thursdays and Saturdays, 8 a. m. Returning leaves St. John on alternate days, 8. a. m.

W. J. SOUTHERN, agent at Fredericton.

L. A. CURRY, Manager.

June 11,d3mos.

PIANOS and ORGANS

We have in stock a good variety of Heintzman & Co.'s celebrated Pianos; Bell Piano Co.'s high grade Pianos; Gourley's fine art Pianos; in Organs such reliable makes as Bell's, Karn's, Sherlock Manning and others.

GUARANTEE

Dont buy inferior makes when you can have the best for the same price. We guarantee every instrumet we sell and if not entirely as represented or absolutely satisfactory money refunded.

McMURRAY & CO.

DENTISTRY.

Maritime Dental Parlors.

J. B. CROCKER, D. D. S.

All Dental work done by latest improved methods.

Teeth extracted absolutely without pain.

Special attention given to treating and saving natural teeth.

Work done at reasonable prices.

Hours: 9 a. m. to 8 p. m.

FOUR BUSY DAYS LEFT

IN JULY

In which we want to get our balances of Summer goods sold out to make room for new goods now on the way.

Ladies' Wash Suits

A few white suits left, they must be cleared out, come in and see them.

White Waists

Balance of all waists will be offered exceedingly cheap for speedy clearance.

SUMMER DRESS FABRICS

All the muslins and Light Dress Goods now offered at cost to early buyers.

BOYS WASHSUITS

A few left, Boy's Duck Suits, all sizes, also separate blouses that are now selling at maker's prices.

Mens 2 piece summer suits

A few 2 peice suits left, we will clear them at $3.00 and $4.50 suit.

Floor Oilcloth and Linoleum

We have several pieces of floor Covering left. We'll clear out at 22c, 35c, and 43c Sq. yd. Now is your chance to save money.

M. FICKLER & CO