

A NATION'S GREATNESS

Earl Grey Speaks on Some of the Essentials and the Duties of Citizenship.

His Excellency, Earl Grey, the Governor-General at the "Albany Conference" on Tuesday afternoon, took opportunity to point out a few essentials of a nation's greatness. Honesty of purpose, public integrity unswerving devotion to duty. His Excellency claimed, depended the future of the Dominion.

The occasion was the distribution of books in connection with the United Men's Own. Mr. T. B. MacCannell, president of the Men's Own, presided, the Rev. E. H. Tippet, pastor of Calvary, the Rev. E. Munson, Hill, former pastor of the same church, and the Rev. Dr. Symonds, of Christ Church cathedral all taking part in the service.

In opening, Earl Grey expressed his pleasure that the Rev. Dr. Symonds and the pastors of congregational churches, should be taking part in the same service. "When I see this," he added, "I feel that I am in sight of that united Protestant church which I hope, before you arrive at my age, will distinguish every English speaking land all over the world."

CANADA'S GREAT FUTURE. Turning then to the duties of citizenship the speaker continued: "I am daily impressed, as I move through out the Dominion with the possibilities of Canada. I don't think there can be any doubt that if Canada keep herself right, keeps her spirit right, keeps herself free from corruption—there is anything, which can prevent Canada from being in the course of time, the most prudent, and the most influential part of the British Empire."

"But that will be worth nothing unless you as a nation are distinguished for honesty of purpose, for public integrity and unswerving devotion to duty. You are a young people. It is for you to determine what the destiny of your nation shall be. You know better than I do, whether right ideals are being taught to your children. Do you teach your own children the ideals of good citizenship?"

Are you bringing up your own children to believe that it ought to be

their greatest ambition to serve Canada?"

INDEBTEDNESS TO THE STATE.

At a conference of the governors of the state in the American union, President Roosevelt had stated that during the last thirty years in America the right of the individual had been allowed to injure the future of the republic. That meant, His Excellency argued, that the right of individual liberty had been carried to the extreme of almost sacrificing public interest to personal gain. But a great nation could not be made without a recognition on the part of the individual of his indebtedness to the state. The time was coming when the interests of the individual must be subordinated to the interests of the state.

INFLUENCES WORKING.

Referring then, to the influence which even one determined man might exercise on a community, Earl Grey pointed out that, by the influence of a book the character of a municipal administration of Chicago had been changed, not so long ago, the municipal council of Chicago had been referred to as "Government of the poor by the rascals for the rich." But, influenced by the work in question, a few men had set to work, formed a municipal protection association, and the majority, at any rate, of the present municipal council of Chicago, were working for the benefit of the whole community.

The welcome with which the speaker had been greeted in every town he visited in the Dominion was proof of the solidarity of the Empire. It was an Empire that stood for duty, responsibility, sympathy and sacrifice. And it was because the Empire was the most potent of instruments for impressing those qualities on the world, that it was incumbent on every citizen to do his part towards enabling the Empire to fulfil the great mission entrusted to its keeping.

His Excellency was accompanied by his daughter, Lady Sybil Grey, who distributed part of the books.

WHAT WOMEN SUFFER

At all Ages they Need the Rich, Red Blood That Dr. Williams' Pink Pills Actually Make.

A woman needs medicine more than a man. Her organism is more complex, her system more delicate. Her health is disturbed regularly in the course of nature. If anything happens to interfere with that natural course she goes through unspeakable suffering. In fact the health of every function and the health of every moment in a woman's life depend upon the richness and regularity of her blood supply. That is the simple scientific reason why Dr. Williams' Pink Pills are worth their weight in gold to women of all ages from early girlhood up—they actually make the rich red blood all women need.

Mrs. Edwin Ward, Brookside, Ont., says: "For years I suffered from those ailments that make the lives of so many of my sex miserable. I would take weak spells and become so nervous that I could not go about. My stomach was out of order and I frequently vomited the food I took. Headaches and backaches afflicted me nearly all the time. Then I took a severe cold which settled on my lungs, and I went to an hospital for treatment. I had the best of care but the doctors gave me little hope of recovery. My face and limbs became swollen and my system racked with a harsh dry cough. As the doctors did not look hopefully upon my case I decided to try Dr. Williams' Pink Pills. By the time I had taken half a dozen boxes there was a great change for the better. I still continued to take the pills until I had used thirteen boxes, and I am now enjoying perfect health. I have no hesitation in saying that I believe Dr. Williams' Pink Pills saved my life."

Dr. Williams' Pink Pills cured Mrs. Ward by actually making the new blood her system needed. That is all Dr. Williams' Pink Pills do, but they

do it well. They don't act on the bowels. They don't bother with mere symptoms. They go straight to the root of the trouble in the blood. That is why they cure all blood and nerve troubles like anaemia, female irregularities, indigestion, rheumatism, headaches and backaches, sciatica, nervous prostration and St. Vitus dance. Substitutes and imitations won't cure, purging medicines only make you worse, therefore you must get the genuine pills with the full name "Dr. Williams' Pink Pills for Pale People" on the wrapper around every box. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

Anyone can gratify the very natural desire to play the music of the masters by obtaining a Goulay-Angelus Piano. It places the boon of good music within the grasp of those whom circumstances or temperament have deprived of the accomplishment of playing the piano well by hand.

The stranger in town enters the postoffice and sits down on a barrel. After a twenty-minute wait he addressed a native.

"Any hunting around here?"
Some.
Rabbits?
Ain't seen none.
Any tracks?
Plenty.
Deer?
Nope.
Fox?
Nope.
Wildcat?
Nope.
What kind?
Trolley.
(Exit stranger.)—Harper's Weekly.

FOR A BAD COLD.

Nothing cures so quickly as the healing Pine essences in Catarrhzone. It fills the breathing organs with a healing, soothing vapor that relieves irritation at once. Ordinary colds are cured in ten minutes. Absolutely sure for Catarrh, and in throat trouble it works like a charm. Catarrhzone is a permanent cure for bronchitis and throat trouble. Not an experiment—not a temporary relief—but a cure that's guaranteed. Get "Catarrhzone" today, 25c, and \$1.00 sizes.

THE CURE OF WORRY.

Clear, Simple Common Sense Applied to the Business of Life.

There are two reasons why man should not worry, either one of which must operate in every instance—first, because he cannot prevent the results he fears; second, because he can prevent them. If he is powerless to avert the blow, he needs perfect mental concentration to meet it bravely, to lighten its force, to get what salvage he can from the wreck, to sustain his strength at this time when he must plan a new future. If he can prevent the evil he fears, then he has no need to worry, for he would by so doing be dissipating energy in his very hour of need.

To cure oneself of worry is not an easy task. It is not to be removed in two or three applications of the quack medicine of any cheap philosophy, but it requires only clear, simple common sense applied to the business of life. Man has no right to waste his own energies, to weaken his own powers and influence, for he has inalienable duties to himself, to his family, to society and to the world.—William George Jordan in "The Kingship of Self Control."

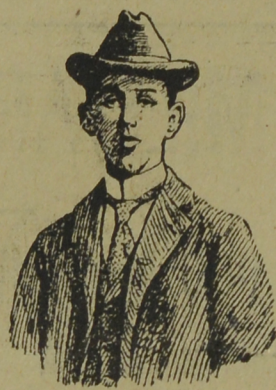
How Browning Read Political Matter.

I have read the newspapers only through Robert's eyes. He reads them in a room sacred from the foot of woman, and this is not always satisfactory, as whenever Robert falls into a state of disgust with any political party he throws the whole subject over. Every now and then he ignores France altogether, and I, who am more tolerant and more curious, find myself suspended over a hiatus. I ask about Thiers' speech. "Thiers is a rascal," he says. "I make a point of not reading a word of Thiers." M. Prudhon, then? "Prudhon is a madman. Who cares for Prudhon?" The president? "The president is an ass not worth thinking of." And so we treat of politics.—Letters of Elizabeth Barrett Browning.

ONCE MORE WELL

"FRUIT-A-TIVES" ALONE CURED HIM

Clarence J. Placey is a farmer of Ulverton, Que., known as a man of integrity and good judgment. He writes in no uncertain terms of the great benefit he derived from taking "Fruit-a-tives" for a long standing kidney trouble.



Ulverton, Que.

I suffered for many years with kidney trouble, with bad pain in the back and all symptoms of disease of the kidneys. I took every known kidney remedy and kidney pill but nothing gave me relief and I was getting discouraged. I was advised to try "Fruit-a-tives" and I did so—and this medicine cured me when every other remedy failed. I used altogether fifteen boxes of "Fruit-a-tives" and from the outset they gave me relief and I am now practically well again, no pain in the back, no distress, and all the symptoms of severe kidney disease have entirely left me. I am very thankful to be once more well and I freely make this statement for the sake of others who may suffer as I suffered and to them I say "Try 'Fruit-a-tives.'" 151

(Sgd) CLARENCE J. PLACEY.

"Fruit-a-tives"—or "Fruit Liver Tablets" are sold by dealers at 50c a box—6 for \$2.50—or will be sent on receipt of price. Fruit-a-tives Limited, Ottawa.

Sporting Goods Catalogue

A Bicycle and Bicycle Supplies, 90 pages profusely illustrates and describes Bicycles and everything for repairing them.
B Automobile and Gas Engine Material, 94 pages, illustrates and describes everything for Automobile and Gas Engines.
C Motor Boat Supplies, 35 pages illustrates and describes Motor Boat Fittings and Supplies.
D Tools and Machinist Supplies, 75 pages illustrates and describes High Grade Tools and Machinist Supplies.
E SPORTING GOODS—150 pages illustrates and describes, Fire Arms, Fishing Tackle, Baseball, Tennis, Lacrosse, Golf, Skates, every requisite for outdoor and indoor sport. Every lover of sport should have one of these catalogues. Send 5 cents each for them, or 25 cents for the five, to help pay postage. Send at once as the edition is limited. Our assortment is most complete and up to date and our trade is so large that we are able to sell to you at prices as low as those paid by many dealers. 2-08
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Do not confuse Amatite roofing with the ordinary smooth surfaced kind. It is in a class by itself.

Many so-called "ready roofings" are not "ready" until they get a special coat of paint, which you pay for extra,—if not at once, surely a year or two after they are laid.

Amatite needs no attention of this kind. When you have finished nailing it on your roof it is a complete roof which needs no painting.

It has a top surface of real mineral matter—Amatite—which not only makes painting unnecessary but resists storms and snow better than paint or coating of any kind.

It is also an excellent fire retardant.

Another source of satisfaction in buying Amatite is that it can be put on by anyone. No special tools or skilled labor required. Nails and liquid cement for laps are furnished free.

You save both money and labor when you use Amatite.

When the roofing question comes up, ask yourself—Are the old methods good enough for me or do I want something new and better?

If you do this you will surely buy Amatite. No progressive man would do otherwise.

FREE SAMPLE.

We should like to send you a Free Sample of Amatite and illustrated Booklet telling all about it. Write to-day to our nearest office and you will learn something to your advantage.

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STEAMER NOTICE

Steamer Elaine of the Hampstead Steamship Co., will leave St. John on Wednesday morning next, May twentieth, at eight o'clock, and will leave Fredericton on the return trip on Thursday morning, May twenty-first, at 8 o'clock. The steamer will run between Fredericton and St. John during the season, May 18 dit.

