

Many Get Consumption In Spring Months.

The System is Generally Run Down and Lacks Power to Destroy the Germ.

Winter takes the vitality and snap out of us all. Instead of being rich and healthy, the blood is sure to be thin and watery in the spring. An overpowering tiredness comes upon us—this is followed by dead weakness, loss of sleep, poor appetite and depression.

Doctors all say the only hope lies in supplying lots of new blood which must be brimming with vitality and building material.

The quickest way to get the necessary supply of vitalized blood is by high standard of blood, increases taking Ferrozone. It establishes a nerve force, restores bodily vigor in a truly marvelous way.

You are amply protected from spring fever and debility diseases by using Ferrozone—this is proved by Mrs. E. J. Richardson, of Manitowick, Ont., who tells in the following words how she gained in health and spirit from Ferrozone. "For about two years I was not well. I was thin and anemic. Towards spring I fell into a condition of nervous exhaustion that made life scarcely worth living. A dead tiredness seemed to hang over me like a load of lead. I simply could not do housework of any kind. A bad cough developed that worried me greatly, for I thought it might be tubercular. When I first read about Ferrozone I was convinced it was good. I took it regularly for about eight weeks, and the change in my health was wonderful. My cheeks filled out and became rosy and clear. I gained eight pounds in weight, and am now as strong and vigorous as possible."

Ferrozone feeds and nourishes the organs that require assistance. It sends the thrill and vim of robust health from head to foot, makes you feel better at once. Won't you use Ferrozone? Sold everywhere; 50 chocolate-coated tablets in a box for 50 cents, or six boxes for \$2.50, at all dealers.

"The boys in this town must have heard all about me before we moved here," boasted Tommy on the day after the family's arrival.

"But there's no one here that knew us," objected his mother.

"That's all right," persisted Tommy. "Just as soon as I came in the school-yard this morning, they all yelled 'Hello, Brick-top!' just the way they used to do at home."—Lippincott's.

Pa, did you ever hear money talk?
Yes.
What did it say?
Good-bye.

Today's Suggestion by Ellen Stan.

SERGE POPULAR FOR SPRING.

SEPARATE skirts are always useful, no matter how many whole costumes one may possess. These skirts are needed to be worn with both tailored and lingerie waists.

Serge is to be fashionable this year, and for the change women will rejoice, for broadcloth, that has been so popular for the past few seasons, was not a success as a fabric for general wear. In the first place, to buy a cheap broadcloth was throwing money away. Anything that looked



and wore well for any length of time could not be purchased for less than \$3.50 a yard, and this sum the average woman was unable to pay unless the gown were for dress occasions. For these reasons the change to serges is more than welcome, not only because of the difference in cost, but because of the serviceable qualities of the fabric. Good grades of this material may be had for less than \$1 a yard, and at \$1.50 a yard a really beautiful piece in a wide width may be bought. Navy blue, brown and black are the staple shades and those most called for, but of course other colors are shown in this line.

Some of the soft tones suggest evening skirts when a good broadcloth may be considered a little too expensive and will be a wise choice if one is not prepared to pay very much for the garment. Indeed, there is no comparison between a serge and a broadcloth both marked at the same price.

Walking skirts will be short, clearing the ground for a couple of inches all around.

This eleven gored plaited skirt is easily made. The pat-

tern is cut in six sizes—from 22 to 32 inches waist measure. To make this garment for the average person it requires 5½ yards of material 44 inches wide or 5 yards 50 inches wide.

Any reader of this paper who desires to procure this pattern may do so by sending 10 cents to this office. Give the number, 4010, state size of pattern desired and write full address plainly. Pattern will be forwarded by mail promptly.

Wanted Sport.

Some years ago Jude's was a noted concert hall in Dublin, and late in the evening the fun was generally fast and furious.

A young Englishman bent on seeing life went there one evening, but expressed himself disappointed with the slowness of the place to a Hibernian friend he met there.

"Would you really like to see a row?" said Pat.

"Yes," said the Englishman. Pat filled a tumbler with cold water and threw it across the table into his face, saying, "Now, hit the man next to you, and we'll have some grand sport."—New Orleans Times-Democrat.

How He Liked Married Life.

Governor Vandaman of Mississippi tells of a colored citizen of that state who gave a justice of the peace a big fat possum as a wedding fee.

A year after the justice on meeting the ducky asked:

"Joe, how do you like married life?" "Well, sah," answered Joe ruefully, "all I kin say is I wish I'd eat dat possum."

Spring Fever.

The catalogues are coming in. With lovely lists of flowers and seeds. And pictured squashes, beets and peas. But not one word about the weeds. They look so brilliant and so gay. That scores of disappointed men make up their minds, when spring arrives, to go to gardening again.

How strange it is, when fall has come and everything has turned out wrong. The gardener feels so much inclined to sell his garden for a song. But when springtime comes, and all the catalogues appear, why then the man who always failed decides to go to gardening again. —Somerville Journal.

A Witch's Weight.

"I was weighed this morning at the grocery," announced Brenda, a small, dainty young woman of trim figure, "and I weighed just ninety-nine pounds and a half. When I stepped down old Mr. Follansbee laughed and said: 'That's a lucky half, miss. Ninety-nine is witches' weight.' I asked what he meant, and he said: 'My, my, didn't ever hear of witches' weight? Well, that is queer. Your gran'ther kin tell ye, though.'"

"And now, grandfather, what is witches' weight?" "Ma'am Jones," said grandfather, tersely, "was a witch, and her weight was witches' weight."

There was a chorus of exclamations. "Yes, a witch in my day," he reiterated, "as much a witch as any witch, and as much believed in, if not as widely."

"As for her weight, I believe ninety-nine pounds is indeed the traditional limit of weight for a witch. Perhaps it is the utmost a broomstick will carry."

FORESAW THE OBVIOUS.

The Usher Knew What the Answer of His Charges Would Be.

"The temperance orator of today," he said, "is sure of a respectful hearing. In the past it was not so. At the beginning of the temperance movement drinking men came to our meetings for no other purpose than to interrupt and confuse. The orator had to be very careful in his remarks. He had to look out lest he give his hearers an opening for some opportune but ribald interruption."

"I remember," he said, "when they began temperance work here in Washington. A series of meetings was held in a large hall. The audiences were always numerous, but they interrupted horribly. In the end an ex-prize fighter was hired to sit every night in the obstreperous gallery and keep order there."

"Well, one night the orator contrasted the clean content of home life with the squalor of drunkenness. He spoke beautifully, and at his climax he cried in ringing, impassioned tones:

"What do we want when we return from our daily toil? What do we desire to ease our burdens, to gladden our hearts, to bring smiles to our faces and song to our lips?"

"Here the orator paused for effect, and the conscientious prize fighter tipped hurriedly to the front of the gallery, shook his finger at his unruly charges and said in a threatening stage whisper:

"Mind, the first feller among ye wot says 'Beer!'—out he goes."

Drawing Pictures With Finger Nails. Some Chinese and Japanese can still draw pictures with their finger nails, an art once held in high repute. The nails are allowed to grow to a length of eighteen inches and dipped in vermilion or sky blue ink.

Watches.

Watches are adjusted to heat and cold by being allowed to stand first in a room heated with dry heat to 120 degrees and then in cold storage, being regulated after each treatment.

You cannot possibly have a better Cocoa than

EPPS'S

A delicious drink and a sustaining food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA

Sold by Grocers and Storekeepers in 4-lb. and 1-lb. Tins.

To Suffer From Headaches Makes Life Miserable...

It takes a person that has had and is subject to headaches to describe the suffering which attends them.

The majority of cases are caused by constipation and dyspepsia. The dull throbbings, the intense pain, sometimes in one part, sometimes in another, and then over the whole head, varying in its severity by the cause which brings it on, purely indicates that there is something the matter with the stomach or bowels. To the fact that Burdock Blood Bitters reaches every part of the system is due its success in relieving and permanently curing headache. It has proven a specific for the malady in all its forms.

Mr. Wm. R. Gilchrist, New Mills, N.B., writes: "I was troubled for years with constipation and headaches, but after using four bottles of Burdock Blood Bitters I am completely cured."

Mr. John T. Kidner, Red Deer, Alta., writes: "I was troubled for several years with headache. I tried a number of remedies but they did me no good. I tried a bottle of Burdock Blood Bitters and it cured me completely."

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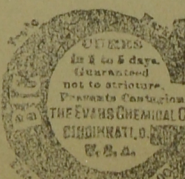
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Proof is inexhaustible that Lydia E. Pinkham's Vegetable Compound cures female ills and carries women safely through the Change of Life.

Mrs. Letitia Blair, Cannifton, Ont., writes to Mrs. Pinkham:

"I was sick for five years. One doctor told me it was ulceration, and another told me it was a fibroid tumor, and advised an operation. No one knows what I suffered, and the bearing down pains were terrible."

"I wrote to my sister about it and she advised me to take Lydia E. Pinkham's Vegetable Compound."

"It has cured me of all my troubles, and I did not have to have the operation after all. The Compound also helped me to pass safely through Change of Life."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

NOTICE OF LEGISLATION

THE CITY OF FREDERICTON will apply at the next session of the Legislature of New Brunswick for an Act to authorize the said City to issue \$21,000 of debentures to provide for the completion of recent improvements to the City Water System, \$8,000. Debentures for completion of the Sewerage System and \$6,000 of City Debt Debentures, all payable by instalments. ALSO for an Act to provide for the appointment by the City Council of a Constable to attend and execute all writs issued out of the City of Fredericton Civil Court.

J. W. McCREADY, City Clerk
City Hall, April 2nd, 1908.
Apr. 3 & 1 mo.

DENTISTRY.

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J. E. CROCKER, D. D. S.

All Dental work done by latest and improved methods. Teeth extracted absolutely without pain.

Special attention given to treating and saving natural teeth. Work done at reasonable prices. Hours: 9 a. m. to 8 p. m.

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New Costumes Cloths Latest Colors
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TWO BIG SHIPMENTS

Of Men's and Boys' New Suits

Men's, Boys' and Little Gents Boots and Oxfords

New Hats For Gentlemen

American Summer Blankets

Just opened one case 38 pairs only, American made summer Blankets one pair of a size, Quality and Colors, only on sale this week 68c to \$2.00 a pair.

Gentlemen who were waiting for the new suits and boots can get them now, come and see them.

M. FICKLER & CO.