

BISHOP FARTHING'S VIEWS.

He Believes in a Broad Liquor Law Rigidly Enforced.

His Lordship Bishop Farthing, of the municipality, and thus abolishes the inducements to grant licenses; and the quality of the liquor is fairly secure. There will be abuses as there will be in every system, but not? Is it enforced? And the Bishop seems to me to offer the fewest.

The Bishop was asked whether his toleration would go to the length of admitting the opening of licensed houses on Sunday. Well, you have a law now which requires the bars to be closed all Sunday, have you not? Is it enforced? And the Bishop shrugged his shoulders and went no further.

NOT AN ALARMIST.

"Mind you," he added, "I am not law that is inevitable. In Kingston there is a good deal of violation of an alarmist about non-enforcement, not long ago it came to my knowledge that a couple of detectives of the provincial government were working in the city; and practically every licensed house in the city was prosecuted. They paid their fines, and the detectives went away, and I presume that things are just about where they were before."

"There must be a recognition of needs and feelings of the people of the community as a whole. That is why I am unwilling to discuss the conditions in Montreal and what should be done about them, because I recognize that you cannot apply the rules of a totally different community to a city such as this."

The Bishop's parting words were tribute to the growing independence of thought in the country, especially among the young men.

"I believe that a man who has the courage to appeal to the people against wrong-doing in any party and in any place will almost always win. We are getting a body of independent thought that is going to be a great power in the land. It is that body of independence that has kept the public life of England clean and honorable; and when we are able to appeal to the people of Canada in the interests of right-doing without regard to party or creed we shall have a much purer atmosphere than we have now."

BELIEVES IN GEORGIA SYSTEM

"In other places, in country towns and smaller cities especially, I believe thoroughly in what is known as the Georgia dispensary system. The fact that the purchaser cannot drink his liquor on the premises abolishes the whole evil of the treating system. I know that it is said that men will go off and get a room and take their liquor there, and gamble and do other things that they do not do in bars, but they do that today, in every hotel of the country, as you know perfectly well. The system secures for the state the revenue that the trade produces, dividing it with

TORTURED BY RHEUMATISM?

Zam-Buk will give you ease!

Just at this season when the cold dry winter is giving way to a milder yet more humid season, the germs of rheumatism, sciatica, and allied ailments come upon their victims with renewed force.

Laws soon as you feel any deep-seated pain in the joints, back, wrists, or elsewhere, place a liberal supply of Zam-Buk on the fingers on the palm of the hand and rub it well into the part affected. The penetrating power of this "embrocation balm" is exceedingly great, and once having reached the seat of the pain it removes it speedily. It also ends the stiffness which is so unpleasant.

Frequent rubbings of the afflicted parts with Zam-Buk will not only drive out all pain, reduce swelling, etc., but will strengthen the skin and tissues and enable them to resist cold and damp. The following case will show how Zam-Buk brings ease to those tortured by rheumatism.

Mr. P. G. Wells, of 338, Ogde Street, Fort William, Ont., says: "Following my duties in attending to passenger trains I often get wet through with rain and steam (the latter in winter). This with hours of duty in icehouses in summer was no doubt the cause of my contracting rheumatism in both knees, left arm, and shoulder. This got so bad that I could no longer work and was laid off on three different occasions for several weeks, during which I was under the treatment of my doctor. I seemed to get little if any better, no matter what I tried, and this was my state when Zam-Buk was recommended to me. I laid in a supply, and to my great joy it began to cure me. I rubbed it well in every night, and when a few boxes had been used, found I was free again from the pain and stiffness of rheumatism. I have had no more trouble from the disease and unhesitatingly recommend Zam-Buk to all who suffer from rheumatism, muscular stiffness, etc."

Zam-Buk is also a sure cure for eczema, ring-worm, ulcers, abscesses, piles, bad leg, suppurating wounds, cuts, burns, bruises, chapped hands, cold cracks, and all skin injuries and diseases. All druggists and stores sell at 50c. per box, or post free from Zam-Buk Co., Toronto, upon receipt of price.

A naval seaman has once every day to salute the quarter-deck of his ship, even if no other officer is upon it. "Salada" Tea is in such popular favor that many people feel like saluting a packet wherever seen.

THE VICTORIA HOSPITAL.

Considerable Business Transacted at Monthly Meeting of Trustee Board.

The monthly meeting of the Hospital Board was held Monday with Vice President Tennant presiding. Pres. Kitchen and Mr. Whitehead were absent from the city. Dr. W. J. Weaver, representative of the medical staff, took his seat at the Board, and was heartily welcomed by his associate trustees.

The business opened with the statement of the secretary explaining the expenditures of the month. Items for groceries, bread, meat, fish and milk would fill a larder for a modern summer hotel, while the medicines ought to banish sickness from the community.

Secretary Sampson has two claimants for a good sum of money left in the hands of the matron, by a patient who died a few weeks ago. At the suggestion of Judge Barry, the friends of the deceased will have to administer upon his estate.

It was reported that Miss McCallum, the matron, is still seriously ill. Miss Steves, the head nurse, is in the meantime carrying along the work of the institution in a satisfactory manner.

Mr. M. B. McNally, York county's representative, handed the secretary two hundred dollars to pay the Monitor Acetylene Co., on completion of contract terms for installing plant. This amount is covered by Alderman Kitchen's personal cheque, which also includes his father's donation, and the cheque of the genial ex-warden. Not only the trustees but the public will appreciate this generosity.

Mr. Randolph stated that the apartment in the old section of the building intended for obstetric treatment could not be completed for a little while, as the rooms were occupied.

Judge Barry said it would be necessary to still further delay the publication of the annual pamphlet, owing to the continued illness of Dr. VanWart and the matron.

It may be cramps, perhaps colic, pain or gas on the stomach—but in any case a few drops of Nervine soothes the pain and allows the child to sleep peacefully. Nervine cures minor ills such as colds, headache, internal and external pains as well as any doctor, safe to use because a small dose is required. Mothers, you will find Nervine an invaluable aid in the preventing and curing sickness. Keep a bottle right at hand, some day you will need it badly. Sold everywhere at 25 cents.

PURITY FLOUR



Baking triumphs are everyday occurrences with Purity flour.

Highest grade in the world.

Home-made bread awarded first prize at the National Exhibition, Toronto, was made from Purity flour.

WESTERN CANADA FLOUR MILLS CO., LTD.

Mills at Winnipeg, Goderich, Brandon.

More bread and better bread

THE STENOGRAPHER'S SAINT.

Sir Isaac Pitman Possessed a Remarkable Memory.

"One of the greatest of modern benefactors to commercial life." So the late Sir Isaac Pitman was once described, and the eulogy was well deserved. Shorthand-to-day stands as one of the most valuable assets of business life, and there are hundreds of thousands of young men and women throughout the world who, at the present time, owe their position and prosperity in life to the man who invented phonography, and thus opened up for them a vast field of employment.

To them the story of "The Life of Sir Isaac Pitman," told by Mr. Alfred Baker, and published at 7s. 6d. by the firm which Sir Isaac founded years ago at Amen Corner, should prove of special interest and value. It tells an absorbing story of the invention of shorthand, and how for nearly twenty years Sir Isaac worked at his famous system, by night as well as by day. During these years he labored from six in the morning until ten at night, spending all his profit except a bare living wage in making phonography one of the most perfect systems of shorthand ever invented.

Isaac Pitman was always a strenuous worker. When he started life, at a very early age, as a clerk in a cloth factory, he found time for systematic study, although the hours were from six in the morning until six at night. He and his brother Jacob rose at four each morning, and devoted nearly two hours to their books. They then left home to begin the duties of the day, and in the evening gave one or two more hours to study.

When he was twelve years of age Pitman commenced a system of memory training, and in his morning walks committed to memory the first fourteen chapters of Proverbs. He would not undertake a fresh chapter until he had repeated the preceding one without hesitation. Then at sixteen he carefully read through Walker's Dictionary, with the double object of extending his knowledge of words and of correcting his errors in orthography.

Here is another example of his amazing working powers. When he was twenty-two years of age, Pitman came across Bagster's Comprehensive Bible and discovered some fifteen inaccuracies in the references. Forthwith he wrote to that publisher:

"I have made it my custom for two or three years in my morning and evening reading of Scripture to refer to every parallel place, in some measure appreciating the value of the plan. If you would like to place a copy of your Bible under my care I would give you the benefit of the corrections and mistakes which I might discover."

There were 500,000 references in this Bible, and the self-imposed task occupied him three years. But though he refused any monetary reward, he had the satisfaction of finding an error on every page and a friendly publisher who helped him later when he wanted to publish his shorthand books.

Could Use His Fists.

The late Sir Ralph Littler was a very handy man with the gloves. In an assault case which once came before him, where the defendant under great provocation had struck a man severely with a stick, rendering him insensible, Sir Ralph said, "It is a great pity the noble art is not practiced now as it was. When I was a student I could 'down' anybody I could put my hands on. If this man had used his fists instead of a stick he would not have been here now."

REAT DANGER IN HEADACHES

It's often dangerous to consider eachache a trifling ailment. If the ead aches, the stomach is out of order and some serious disease may be impending. To tone up the stomach o give it healthy action, nothing in modern medicines is so successful as R. Hamilton's Pills. The concentrated vegetable extracts in Dr. Hamilton's Pills have a quieting, healthful effect on the stomach and remove all disorders. Your headaches will be cured and they won't return if you use R. Hamilton's Pills. Sold everywhere.

Yellow vs. White.

Editor Houston of the Prince Rupert Empire says: The Empire would most willingly help bring girls and women to Prince Rupert if there was work for them when they arrived here. Three weeks ago it stated that a woman cook was wanted at the general hospital. A woman applied and was offered \$25 a month. A Japanese cook is doing the work at \$35 a month. This paper will not be used as a medium to bring people to Prince Rupert to work for less wages than are paid Chinese and Japanese. The Empire advocates making Prince Rupert white, but not by the methods that suit those who employ or who are in favor of employing Asiatics. If Prince Rupert is to be white, the wages paid must be white, not yellow.

SHE IS WHITE AS A GHOST.

Is it a matter of pride to be pale as a ghost, certainly not. What every woman wants is strength, color, vigor, buoyancy and health are the right of every woman, and these she need not ask if she only uses Ferrozone. It gives appetite, creates strength, enriches blood, gives vigor to the nerve color to the cheeks and brightness to the eyes. Ferrozone is at once convertible into health, beauty and strength. There is power in Ferrozone—try it, and know what you have missed. 50c. at all dealers.

A WOMAN'S BACK WAS NOT MADE TO ACHE.

Thousands of Women Suffer Untold Misery Every Day With Aching Backs That Really Have No Business To Ache.

Under ordinary conditions it ought to be strong and ready to bear the burdens of life.

It is hard to do housework with an aching back. Backaches come from sick kidneys, and what a lot of trouble sick kidneys cause.

But they can't help it. If more work is put on them than they can stand it is not to be wondered that they get out of order. Backache is simply a warning from the kidneys and should be attended to immediately so as to avoid years of terrible suffering from kidney troubles.

Doan's Kidney Pills will cure you in the same way as they have cured thousands of others.

Mrs. O. Warren, Radisson, Sask., writes: "I was troubled with very severe pains in my back for years. I tried everything I could think of but they did me no good. A friend told me about Doan's Kidney Pills and after taking two boxes, I have not been troubled since."

Price 50 cents per box, or 3 for \$1.35, all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

When ordering specify "Doan's"

MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 26th March, 1909, for the conveyance of His Majesty's Mails, on a proposed contract for four years, six times per week each way, between MAUGERVILLE AND UPPER MAUGERVILLE, from the opening of Navigation, 1909.

Printed notices containing further information as to conditions of proposed Contract may be seen, and blank forms of Tender may be obtained at the Post Office of Maugerville, Upper Maugerville and Centre Maugerville, and at the Office of the Post Office Inspector at St. John.

G. C. ANDERSON, Superintendent.

POST OFFICE DEPARTMENT, Mail Service Branch, Ottawa, 4th February, 1909. 30 M.C.B.—400-8-5-08. Feb. 9, d lawk 3 wks.

Yes, Sir—

Eddy's Fibreware!

—and you'll find it the Lightest, Tightest, Most Attractive and Most Durable on the Market.

Every Pail and Tub made of Eddy's Fibreware is a Solid, Hardened, Lasting Mass, without a Hoop or Seam.

Persist in getting EDDY'S.

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I am showing in my window some suitings that I will sell at less than cost for cash to clear.

Come early and get first choice

W. E. SEEREY

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MOTOR LAUNCH HULL FOR SALE (NEW)

Full Torpedo Stern, Speed Model, Length 23 feet, Beam 4 feet 6 inch, Finished in Natural Oak.

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he Tailors that have stood the Test or twenty-two years. The name of Walker Bros. is sufficient guarantee that you will get the most perfect fit and style that can be produced. We are showing the most complete lines of woollens ever offered to our customers. We ask you to call and examine before placing your orders elsewhere. Agents for the Semi-Ready Clothing.

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SANTAL MIDY
Standard remedy for Gleet, Gonorrhea and Runalings IN 48 HOURS. Cures Kidney and Bladder Troubles.

WALKER'S
Use Big 43 for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles \$2.75. Circular sent on request.