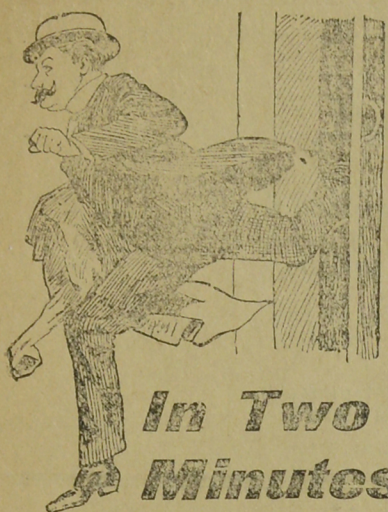




In Two Minutes

There will be another car. But the man can't wait. He chases the car and swings in, panting and hot, but satisfied. He keeps this gait up all day. He works that way, he lurches that way. He continues this until his stomach "breaks down" and nature compels him to "go slow."

Business men who have impaired their digestion by hasty eating will find in Dr. Pierce's Golden Medical Discovery a cure for dyspepsia and other diseases of the stomach and organs of digestion and nutrition. It does not give mere temporary relief, but it effects a radical cure. It strengthens the stomach, nourishes the nerves and purifies the blood.

"For six long years I suffered with my liver, kidneys, and with indigestion, which baffled the best doctors in my country," writes E. L. Ramsell, Esq., of Woolsey, Prince William Co., Va. "I suffered with my stomach and back for a long time, and after taking a 'cart-load' of medicine from three doctors, I grew so bad I could hardly do a day's work. Would have death-like pains in the side, and blind spells, and thought life was hardly worth living. I began taking Dr. Pierce's Golden Medical Discovery and 'Pleasant Pellets,' as advised. Before I had taken half of the second bottle I began to feel relieved. I got six bottles and used them, and am happy to say I owe my life to Dr. Pierce and his medicines."

Dr. Pierce's Pellets cure biliousness.

FLOWER AND TREE.

Palms never live more than 250 years. Ivy has been known to live 450, chestnut 800, oak 1,000 and yew 2,880 years.

Nothing is better for house plants than to be set out in a gentle, warm rain, but a cold rain and wind are anything but hopeful to them.

In planting trees an important point not to be forgotten is pressing the soil down upon the roots so that they will come in close contact with it.

A pot of flowers in bud should receive all the sunshine possible, but when the buds open keep them in shade, and they will last longer.

The largest apple tree in New England is in Cheshire, Conn. Its trunk measures one foot above all root enlargements, 13 feet 8 inches in circumference.

An orchard, whether young or old, should not be allowed to grow where heavy crops of grass are taken every year. It is weakening to the soil and detrimental to the trees.

In Ashanti there grows a tree resembling in appearance the English oak, which furnishes excellent butter. This vegetable butter keeps in perfect condition all the year round in spite of the heat.

Drinking Through the Nostrils.

The Indian sages do not practice their breathing exercises simply for the sake of repose and sleep. During the inbreathing energy is increased. These Indians are not the only people who believe that with the inbreathing of pure air there comes something still more vital than oxygen. But the Indians have developed the art of breathing more than any other people.

One of their favorite exercises is to inhale through the left nostril, to hold the breath for a time and then exhale through the right nostril.

Another of their exercises is to drink water through the nostrils, and after it has been retained for a short time it is expelled through the nostrils and the mouth. This is said to cool the head.

Growing Bananas.

Bananas are as a rule planted out systematically in rows, the "suckers" being placed at an average of ten feet apart. The banana plant bears only one bunch at a time, but it is a quick grower, yielding its fruit in twelve to fourteen months. When the plant is about six months old, a second "sucker" or shoot is allowed to spring from the root, a third after the ninth month, and so on, so that after the first year there is a continuous crop being reaped.

Catching Cod.

Once begun codfishing on the Banks is incessant, and when the fishing is good the men rarely ever sleep. Awakened at 2 a. m. to fill their bait "kids," or tubs, they start at daybreak to lift these trawls and remove the overnight catch, rebaiting the hooks again. There are about 3,000 books to handle, and this often occupies until eventide, when the boats row back. After unloading the deck is piled high with the glittering mass of fish. To eviscerate this and stow it in the hold keeps them until midnight, when they snatch an hour or two of sleep.

Some can go without sleep for a week. Others will rub wet tobacco in their eyes so that the pain may keep them wakeful a few hours longer. Others again will work till they drop from sheer exhaustion and sleep as they lie until aroused by comrades. A Chinese torture is to keep men without sleep, and "banking" does this to an extent to satisfy even the most exacting Celestial. The men sleep in their underclothing. When above decks, they can never leave off their oilskins, for on the Banks it is rarely fine. Mist and murk prevail, and the rigging and sails drip water always.

A Clerical Pun.

On one occasion at Athy, where Canon Staveland, the English divine, was then stationed, he was visited by the archbishop, whom he induced to visit a new coffee house which had just been opened in the interests of temperance. Naturally the distinguished guest was served with a sample cup of coffee. He tasted it, while Canon Bagot and the manager waited in complacent expectancy of commendation.

They were disappointed. The cup was hastily set aside by the bishop, who ejaculated, with prolonged and unmistakable emphasis:

"A-bom-in-able!"

Then the manager suddenly remembered. "Oh, your grace," he explained, "a box of matches fell into the coffee tank this morning, and I did not think it right to waste all the contents of it."

"If your grace will come again," promised Canon Bagot, interposing quickly, "I faithfully promise you a matchless cup of coffee."

The Ingredients of Fireworks.

The chief constituents of all fireworks are gunpowder and its ingredients. Iron and steel filings and cast iron borings, free from rust, are used to increase the brightness of the display and produce the Chinese fire. When the rocket explodes up in the air, the bright and varicolored sparks are produced by these filings as they ignite in the oxygen.

Copper filings and copper salts are used to produce greenish tints. A fine blue is made with zinc filings. A light greenish tint with much smoke is made out of sulphuret of antimony. Amber, resin and common salt protected from dampness produce a yellow fire. Salts of strontia make a red light. A green light is also made by the salts of barium.

About 600,000 trees are annually planted by Swedish school children under the guidance of their teachers.

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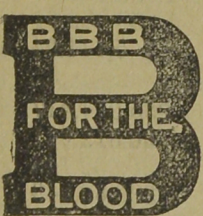
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BURDOCK BLOOD BITTERS.

THE GREATEST OF SPRING MEDICINES.

In the spring the system is so overloaded with impurities that the organs are unable to properly eliminate the waste matter.

BURDOCK BLOOD BITTERS

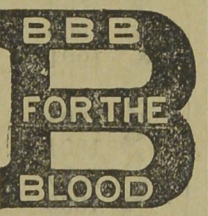
is of the the greatest value in cleansing internally, just as soap and water cleanses externally.

It flushes the sewers of the body, awakens the torpid organs and renews activity, pure blood is pumped to all parts of the body, thereby cleansing, purifying and strengthening it.

Don't stay sick, weak, tired and listless this spring.

Take Burdock Blood Bitters and feel bright, healthy and vigorous.

It turns Bad Blood into Rich Red Blood.



What is

CASTORIA

Castoria is for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers. Castoria destroys Worms and allays Feverishness. Castoria cures Diarrhoea and Wind Colic. Castoria relieves Teething Troubles, cures Constipation and Flatulency. Castoria assimilates the Food, regulates the Stomach and Bowels of Infants and Children, giving healthy and natural sleep. Castoria is the Children's Panacea—The Mother's Friend.

Castoria.

"Castoria is an excellent medicine for children. Mothers have repeatedly told me of its good effect upon their children."

Dr. G. C. Osgood, Lowell, Mass.

Castoria.

"Castoria is so well adapted to children that I recommend it as superior to any prescription known to me."

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INTERCOLONIAL RAILWAY

IN INTERCOLONIAL RAILWAY.

On and after Sunday, October 20, 1901 trains will run daily (Sundays excepted) as follows:

TRAINS WILL LEAVE ST. JOHN

Express for Halifax and Campbellton... 7.00
Express for Point du Chene, Halifax, and Pictou... 12.15
Express for Sussex... 16.30
Express for Quebec, and Montreal... 17.00
Express for Halifax and Sydney... 22.35

TRAINS WILL ARRIVE AT ST. JOHN

Express from Halifax and Sydney... 6.00
Express from Sussex... 8.30
Express from Montreal and Quebec... 12.40
Express from Halifax and Pictou... 16.00
Express from Halifax... 19.15
Express from Moncton, (Saturday only), 23.50

All trains are run by Eastern Standard Time. Twenty-four o'clock is midnight.

D. POTTINGER, General Manager

Moncton, October 16, 1901.

B. M. MULLIN, M. D.

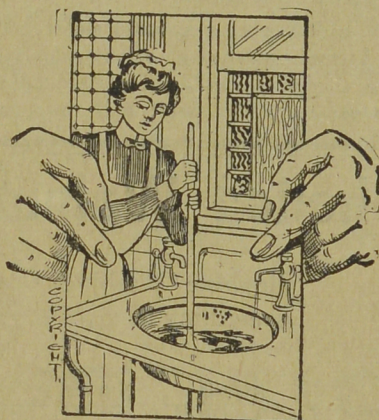
Physician and Surgeon.

Office, Carleton Street, (lately occupied by Judge Wilson) Midwifery a specialty.

Office Hours—11 to 12 a. m.; 3 to 8 and 9 to 10 p. m. Residence, St. Marys, Telephone, No. 233. Office Telephone, No. 324. April 5—d&w6m.

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Is successfully used monthly by over 10,000 Ladies. Safe, effective. Ladies ask your druggist for Cook's Cotten Root Compound. Take no other, as all Mixtures, pills and injections are dangerous. Price, No. 1, \$1 per box; No. 2, 10 degrees stronger, \$3 per box. No. 1 or 2, mailed on receipt of price and two 8-cent stamps. The Cook Company Windsor, Ont. Nos. 1 and 2 sold and recommended by all responsible Druggists in Canada.

Wood's Phosphodine is sold in Fredericton by all responsible druggists.



The Stoppage of a Pipe

may be considered a small matter but just such little things may cause a disarrangement of the whole

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system. Don't neglect these apparent trifles. One dollar expended to-day may save ten to-morrow. Big or little orders will receive our prompt attention.

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Changeable Temperatures

Bring on lasting colds. Such colds and coughs are quickly relieved and permanently cured by

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Children love to take it. 25c. a big bottle.

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