

If a woman is physically miserable and mentally unhappy, the child she bears will, in face and form, as well as in disposition, reflect her own condition. Every woman who anticipates motherhood ought to think of this and be a fairly godmother to her own child, endowing it with health, beauty, and a happy disposition.

The mental misery of the prospective mother is in general the result of her physical condition. She is nervous, her appetite fails, she cannot sleep. Restore her appetite, quiet her nerves and give her sleep and she becomes a new woman.

"It has made a new woman of me," is the constant testimony of women who have used Dr. Pierce's Favorite

Prescription. It tranquilizes the nerves, encourages the appetite and induces refreshing sleep. It establishes regularity, dries weakening drains, heals inflammation and ulceration and cures female weakness.

"During the first month, when I looked forward to maternity, I could not keep anything on my stomach," writes Mrs. H. C. Anderson, of South Britain, New Haven Co., Conn. "Was so weak that I went to bed on the 28th of June and never got up till the first of August. I tried different doctors, but with little benefit. I read about many being helped by using your medicine, so I thought I would give it a trial. I began to take your 'Favorite Prescription' in November, and I had a nice little baby girl in February following. My baby weighed over eight pounds. I was only ill for about one hour, and got along nicely during confinement. Was up and dressed on the eighth day. I never had the doctor with me at all; just the nurse and one or two friends. My friends thought I was sick a very short time. This makes my second child. With the one I did not take 'Favorite Prescription.' The little one lived just about two months, and she was sick all the time. This last baby is as plump and healthy as any mother could wish."

Dr. Pierce's Pellets cure constipation.

How to Distinguish Tender Beef.

Meat, to be wholesome, must come from a healthy animal; to be nutritious, from a well nourished one. Much used muscles absorb much food material, making rich, juicy meat. This is, however, tougher than that of parts less used, because the connective tissue and fiber increase as well as the contents of the muscle tubes.

The lean of good beef is firm, elastic and when first cut purplish red, the surface becoming bright red and moist after exposure to the air. The tenderer cuts are fine grained and well mottled with fat; a thick layer of firm, light, straw colored fat extends over the rib and loin cuts; the kidney suet is white and crumbly. Flabby, dark or coarse beef with yellow fat is poor. If it has little fat, it is from an old or underfed creature.—Beatrice Raven in American Queen.

French Bread Laws.

The French baker is not only required to conform to laws regarding weight, but he is also told at what price he must sell his bread. He is further required to deposit a certain sum of money in the hands of the municipal authorities as a surety of good behavior. In the large fortified cities he has to keep a specified quantity of flour on hand to provide for warlike emergencies.

In Germany laws of similar import are in existence and are enforced with such severity that no baker ever dreams of defying them.

He Makes It Pay.

Benson—Talk about the lamentable state of the public service! Why, there's Nestor, for instance. He has been in public office for twenty-five years, and what, I should like to know, has he ever accomplished?

Weston—Well, he has had a job all that time. Surely that's something.

The Uses of the Sword.

The uses to which the sword has been put seem to have been almost as varied as its appearance when we recall the anecdote told of Charlemagne, who said, as he used the pommel of his sword to put his stamp on treaties, "I sign them with this end, and with the other I will take care that they are kept."

Burdock Blood Bitters Makes Permanent Cures

Of such severe diseases as scrofula, runningsores, salt rheum or eczema, shingles, erysipelas and cancer, as well as boils, blotches, pimples, constipation, sick headache, dyspepsia, and all disorders of the stomach, liver, kidneys, bowels and blood.

We have proved by the dozens of testimonials published lately that Burdock Blood Bitters always does its work thoroughly and completely, so people know that when B.B.B. cures them they're cured to stay cured.

The Spoiled Child.

Once upon a time a young kingfisher went to the father bird and asked for his fishing rod, that he might catch some choice trout he had seen in a nearby stream.

"No!" answered the stern parent.

The young bird went his way and in an hour returned dripping wet, saying that he had tried to catch the fish without a pole and had fallen into the water.

"There!" said the mother bird to the father. "I knew you would spoil the child if you spared the rod."

Moral.—The mother can always find a way to place blame on the father, no matter what happens.

Working Up.

A good story, even when the same man continues to repeat it, has a tendency to grow, like a rolling snowball. An instance is here furnished:

"So our friend Bushler went to the top of Mont Blanc?" said one man to another.

"Not at all."

"But he said so."

"True. Two months ago, when he returned from Switzerland, he said he had been at the foot of Mont Blanc. Since then he has gradually lied himself to the top."

His Suspicion.

Mother—You nice little boy! In dividing that apple you kept the half with a worm hole for yourself and let sister have the other half.

Johnny—Yes; I suspected the worm had bored through to t' other side.—Boston Transcript.

LAXA LIVER PILLS

Those who have used Laxa-Liver Pills say they have no equal for relieving and curing Constipation, Sick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash or any disease or disorder of the stomach, liver or bowels.

Mrs. George Williams, Fairfield Plains, Ont., writes as follows: "As there are so many other medicines offered for sale in substitution for Laxa-Liver Pills I am particular to get the genuine, as they far surpass anything else for regulating the bowels and correcting stomach disorders."

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

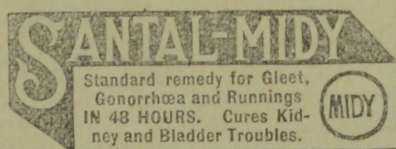
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RAILWAY.

On and after Sunday, October 20, 1901, trains will run daily (Sundays excepted) as follows

TRAINS WILL LEAVE ST. JOHN

Express for Halifax and Campbellton...	7.00
Express for Point du Chene, Halifax, and Pictou...	12.15
Express for Sussex...	16.30
Express for Quebec, and Montreal...	17.00
Express for Halifax and Sydney...	22.35

TRAINS WILL ARRIVE AT ST. JOHN

Express from Halifax and Sydney...	6.00
Express from Sussex...	8.30
Express from Montreal and Quebec...	12.40
Express from Halifax and Pictou...	16.00
Express from Moncton...	19.15
Express from Moncton, (Saturday only)	23.50

All trains are run by Eastern Standard Time. Twenty-four o'clock is midnight.

D. POTTINGER,

General Manager

Moncton, October 16, 1901.

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Is successfully used monthly by over 10,000 Ladies. Safe, effective. Ladies ask your druggist for Cook's Cotton Root Compound. Take no other, as all Mixtures, pills and imitations are dangerous. Price, No. 1, \$1 per box; No. 2, 10 degrees stronger, \$3 per box. No. 1 or 2, mailed on receipt of price and two 8-cent stamps. The Cook Company Windsor, Ont.
Nos. 1 and 2 sold and recommended by all responsible Druggists in Canada.

No. 1 and No. 2 is sold in Fredericton by all responsible Druggists.

Make the Hens EARN

Staples' Condition Powder given judiciously to the hens is an egg persuader. It is a food and a tonic that is specially good to make hens lay. It makes them strong and healthy and aids them to produce plenty of eggs. 25c. buys a large package.

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To Lumbermen and Others.

The Cushing Sulphite Fibre Co., Ltd., of St. John, N. B., are open to contract with lumbermen and others for a supply of SPRUCE PULP WOOD for delivery next spring in large or small quantities.

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