

A Toronto Druggist Tried All the Catarrh Remedies Known.

SAYS JAPANESE CATARRH CURE IS THE ONLY PERMANENT CURE.

Mr. John Wylie, the well-known Senior Clerk for Mr. Geo. Marshall, the leading Queen St. East Druggist, Toronto, writes:—"When I say I believe Japanese Catarrh Cure the only cure for catarrh on the market, I think I know just what I am talking about. I have tried every remedy which I thought would do me good, and also several doctors, but only received a little temporary relief. After hearing several of our customers, who had used Japanese Catarrh Cure, speak so highly of it, I tried it. From the very first it gave me much relief, soon the dropping in my throat ceased, and now, after using in all four boxes of Japanese Catarrh Cure, find myself completely cured of this most disagreeable disease, after suffering for years. I have since recommended it to some of our customers, and know of several of them whom it has cured."

Japanese Catarrh Cure permanently cures catarrh and catarrhal deafness. All druggists, 50 cents.

GOOD FROM DISEASE

SEVERAL AFFLICTIONS THAT HAVE THEIR COMPENSATIONS.

An Attack of Smallpox, if You Get Over It, Will Add Years to Your Life—Sufferers From Rheumatism and Gout Are Long Lived.

Have you had smallpox? If you have and you have recovered from the terrible disease without your eyesight or hearing being seriously affected, as is very often the case, you may congratulate yourself that smallpox attacked you, for you will probably, barring accidents, live considerably longer and enjoy better general health than if you had never had the disease.

It is a remarkable fact—one of nature's peculiar compensations—that people who have suffered from smallpox generally live longer than people who have not. Why this should be the case there is only an unproved theory to explain, and the theory is that the microbes which go to make smallpox, being very powerful and pugnacious, swallow up the microbes of many other diseases which they find in the systems of the persons they attack; hence, by contracting smallpox severely, you stand a good chance of eliminating from your system other diseases which would seize upon you at some time or other and, likely enough, prove fatal.

At the same time it must be admitted that smallpox is not scheduled as a preventive medicine, and the number of persons it either kills, maims or inflicts with mental incapacities is probably greater than the number of persons whose lives it prolongs.

At the same time it is a fact that the disease, though one of the most terrible known to medical science, does you a great deal of good if you are capable of throwing it off without suffering after effects of a more serious character than being pitted with the queer little marks it almost invariably leaves behind to distinguish its victims.

Numbers of elderly persons in more or less feeble health are kept alive by coughs, such, for instance, as bronchitis. Chronic coughs are peculiarly common to old people, and hundreds who complain of the distress caused them by such affections are really indebted to their coughs for their length of life. The reason of this is that most elderly persons suffer with weak hearts and feeble circulation of the blood, and weak hearts become weaker merely as a result of their weakness. A constant cough corrects this, keeps the heart beating more strongly than it otherwise would, and the strong heart beat keeps the blood circulating more quickly, and the vital organs are thus kept in a state of activity, which could only be maintained by artificial means and for a limited time but for the troublesome cough.

Moreover, the constant reminders given by the cough deter the sufferers from running risks of catching colds. In other words, they have to study their health or suffer more acutely from their coughs, and, choosing the former, they benefit accordingly.

Gout and rheumatism are exceedingly painful diseases and of course in some cases prove fatal, but they confer many a blessing upon mankind, and rheumatism particularly is well known to doctors as a preventive of many other diseases. It is a notorious fact that gouty subjects generally live to a ripe age, and albeit they suffer very severely at times they generally enjoy excellent general health, the very cause of the gout keeping their blood in good condition and making it unendurable to many kinds of microbes.

Cases have occurred of whole households, except one member, being stricken down with infectious diseases, and the lucky exception has been a sufferer from rheumatism or gout, which alone has prevented him from contracting the diseases which have run through the house. Such sufferers do not run half the risk of catching the common illnesses that nonsufferers run, and a large proportion of the people who reach ages of fourscore years are people who for years have suffered

from gout or rheumatism, to which fact they undoubtedly owe many of the years they have lived over the allotted span.

Take half a dozen persons over the age of seventy who suffer from rheumatism or gout and half a dozen others who suffer from neither and you will find that, except for their rheumatism or gout, they enjoy very much better health than the nonsufferers and stand a splendid chance of outliving the latter. Moreover, gout and rheumatism greatly enhance a sufferer's chances of retaining his mental faculties until the end. A large percentage of centenarians who died with all their wits about them and with excellent memories of the days of their youth have suffered for many years from rheumatism and been particularly free from other diseases.

The loss of a leg or an arm is also said to do you good in the long run. Perhaps that is an awkward phrase to apply to the loss of a leg, but let it stand. It certainly seems that when a man is deprived of a leg or an arm the vitality and vigor of the lost member remain with him to increase the vitality of the remainder.

It has been declared by an eminent authority that when a man has a leg cut off, he being in sufficiently good health not to collapse from the operation, adds two or three, sometimes more, years on to his latter days.

LEGAL BOOKS BY THE YARD

Contents Are Waste Paper, but the Bindings Impress Clients.

"Legal fillings at all prices, in sheep-skin or calf." That is an advertisement that you may occasionally see in the catalogue of dealers in legal books.

The term "legal fillings," says a writer in *Stray Stories*, is applied to well bound volumes that contain nothing but an odd assortment of worthless price lists, old reports and sometimes cut newspaper pages. The covers are handsome, but the pages are merely so much waste paper.

The volumes are sold to young solicitors who wish to impress their clients by a formidable looking library, and, as they have a studied legal appearance, they have their effect upon the visitor.

A cheaper line of these "books," made of blocks of wood covered with cloth or calf, handsomely tooled and bearing a title in gold, can be bought at prices varying from \$2.50 to \$4 per dozen.

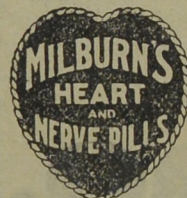
One secondhand bookseller in London has made a small fortune by having old books of all kinds that might be worth about a penny or twopence apiece rebound in handsome style. He has a title printed in gold on the back, indicating that the book is some learned work upon medicine or chemistry. These he sells to young doctors at about 20 cents each, which leaves him a good profit.

The books make a good show in the consulting room and help to give the impression that the young medico is a deeply read man.

Three Curious Bells.

There is a curious legend connected with the bells of Messingham church. It is said that a long, long time ago a traveler was passing through Messingham when he noticed three men sitting on a stile in the churchyard and saying, "Come to church, Thompson; come to church, Brown," and so on. Being very much surprised, he asked what it meant and was told that, having no bells, they called folks to church in this way. The traveler remarked that it was a pity so fine a church should be without bells and at the same time asked the men if they could make three for the church, promising to pay for them himself.

They undertook to do this. They were respectively a tinker, a carpenter and a shoemaker. When next the traveler passed that way, he found the three men ringing three bells which said, "Ting, tong, pluff," being made respectively of tin, wood and leather!—London Tit-Bits.



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The greatest sale ever took place. The public will benefit by ours and the Insurance Company's losses. 3-4 of our stock was saved in good condition to be of use to the people. It is impossible to give a list here of what will be offered. Come and see for yourself. The entire stock must be sold out inside of a month. Early buyers will get first and best choice. Sale starts to-morrow and will be continued every day until the whole stock is disposed of.

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NOTICE.

Notice is hereby given that an application will be made to the Parliament of Canada at its next session for an Act to incorporate The Sovereign Life Assurance Company of Life Assurance in all its forms and branches. Dated at Toronto this thirteenth day of January, 1902.

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Jan 23,—dlaw91

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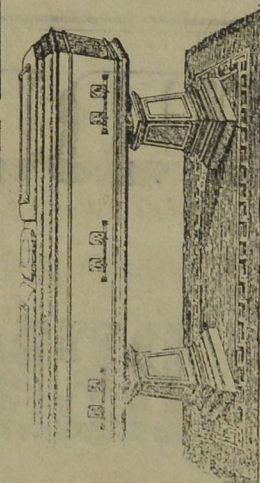
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