



The old proverb: "To be at peace prepare for war," is the secret of the ruder part of life's successes, whether of nations or individuals.

The difference between the healthy ruddy mother who has healthy children, a nurse and nourish, and the weak, nervous mother, with a weaking child, is mostly a difference of preparation.

The great preparative for motherhood is Dr. Pierce's Favorite Prescription. It tranquilizes the nerves, encourages the appetite and induces refreshing sleep. It gives the mother strength to give her child. It imparts elasticity and strength to the organs of maternity so that the baby's advent is practically painless.

"I take pleasure in writing you to let you know about your 'Favorite Prescription,'" says Mr. E. E. Fricke, of Petersburg, Menard Co., Ill., Box 307. "My wife had been sick nearly all her life, and after trying everything I could think of I made up my mind to try 'Favorite Prescription.' I sent to Chicago and got six bottles, which my wife took, a tablespoonful three times a day, until the baby came. She is better after taking the first bottle, and when baby was born he weighed nine and a half pounds. To-day he is six months old and weighs twenty-two pounds. He is as good a child as any one could wish. The doctor says he is as healthy as any baby could be, and also the doctor says your 'Favorite Prescription' was the cause of such a healthy baby. I felt I owed you this much for the good you did my wife and myself. I hope you will mention this to others who may be in need of such help, and you may refer them to me, as I would be glad to tell of the good of such a valuable medicine."

Dr. Pierce's Common Sense Medical Adviser, in paper covers, is sent free on receipt of 31 one-cent stamps to pay expense of customs and mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.

LITTLE LEAKS.

What They May Lead to and How They May Be Stopped.

It is possible to lose much by littles. A classic case is that of the royal granary which was depleted of its stores by a succession of "one rat came and took one grain away, and another rat came and took another grain away." So fortunes are dissipated, and reputations are destroyed, and health is ruined and character itself lost—by little extravagances, little indiscretions, little negligences, little obliquities.

Benjamin Franklin was a great economist not alone of money, but of time. He said, "To teach a young man to shave himself is as good as to give him a purse of gold." He had reference to the minutes as well as the dimes it costs to patronize the barber.

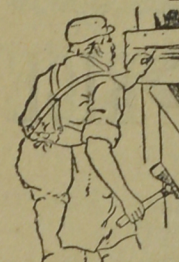
Elihu Burritt stopped the leak in his time and taught himself a dozen languages. Gladstone was equally wise, for he read Plato in his carriage between Carleton terrace and the parliament buildings.

A prosperous man ascribed his success in business to his habit of permitting no particle of material to be unproductive. He experimented and elaborated until he found a method of disposing profitably of every atom left over.

There is a man in New York who has in bank a goodly sum of money which he calls his "tis but fund." When tempted to needless expenditure by the specious plea, "Tis but a nickel or a quarter or a dollar," he denies himself and drops the amount he would have spent into a portable bank, which is filled with amazing rapidity. That is one way to stop a leak.

More serious than any prudential matter are the little leaks in life by which vital energy is squandered and moral force is diminished, imperceptibly it may be, through what we sometimes regard as inconsequential acts. Lack of order in our methods of labor, indifference to the "minor morals" of hygiene and the "major morals" of honesty and truth, the practical repudiation of personal responsibility, the neglect of duties which arise from our ethical and religious nature—these are the leaks which we must stop or be bankrupt in the world's eyes and in God's.

Carpenters' Kidneys.



Carpentering is not an easy trade. The constant reaching up and down, the lifting and stooping over are all severe strains on the kidneys. No wonder a carpenter exclaimed, recently, that every time he drove a nail it seemed as though he was piercing his own back. He uses

DOAN'S Kidney Pills

now on the first sign of Backache and is able to follow his trade with comfort and profit.

"I have had kidney and urinary troubles for more than three years with severe pain in the small of my back and in both sides. I could not stoop without difficulty, and I had severe neuralgic pain in both temples. Seeing the advertisement of Doan's Kidney Pills, I got a box. They have given me quick relief, removing the pain from the back and sides, and banishing the neuralgic pains from my head. The urinary difficulty is now entirely gone. I feel fresh and vigorous in the morning, and am much stronger in every way since taking these pills." CLARENCE E. SEEDS, Carpenter and Builder, Trenton, Ont.

A LESSON IN CHESS.

Why Willie's Papa Ended It Almost Before It Was Begun.

Paterfamilias, with a laudable desire to keep Willie at home at night, offered to teach him to play chess. The boy was delighted, and the game began.

"Put the little ones, pawns, all along the front and the big ones behind, as I show you."

"I think that is cowardly. The big ones ought to be in front. Ma says—"

"Oh, but that is the rule. Now, see—no; put that rook in the corner."

"Rook! What's a rook?"

"It is a kind of bird."

"Well, that ain't a bird. It looks like a castle."

"Call it a castle, then—and put the knight next!"

"Why is that called a knight? It looks like a horse's head."

"And then the bishop," went on paterfamilias, ignoring the question; "so, and then—"

"Why is the bishop's head split in two, pop?"

"Oh, that is his hat—a cardinal's hat."

"But I thought he was a bishop!"

"A cardinal is also a bishop. Now don't talk so much, Willie. Then you put the king and queen!"

"The queen is bigger than the king, pop!"

"Well, so she is. Who said she wasn't?" said paterfamilias, with a trace of impatience in his tone. "And then another bishop; so."

"Why are there two bishops, pop?"

"Because the rules say so. Now, I shall move first."

"What, after all that trouble, are you going to move them again?"

"Say, Willie, I believe my head is aching. I shall show you the rest some other time," said paterfamilias as he swept the men into the box.

How to Teach a Pet to Ride a Ball.

Many readers have doubtless seen bears standing on a rolling ball and maintaining their balance perfectly while rolling it about the arena. I have a bear who delights to do the trick. He can scarcely wait for his time to come to perform. He was taught, as they are all taught, by joggling his pedestal while he tried to keep from being jostled off. Gradually the pedestal was substituted for a ball with many flat places on it, and this was followed by a perfect sphere. He has been performing two years now, and I have never known him to slip and fall off.—Frank Leslie's Popular Monthly.

Both Sides.

Johnnie—What does it mean by "seeing the humorous and the serious side of things?"

Father—Well, my son, take a bit of orange peel, for example. How many sides has it?

Johnnie—Why, two, of course.

Father—Exactly. And when some other man steps on that orange peel he sees the serious side of it and you see the humorous side.—London Tit-Bits.

The cheerful man is one who practices the art of having things as he would have them.—National Magazine.

Men sometimes become wiser as they grow older, but they seldom become less foolish.

Said an Irishman, "What a melancholy sight it would be if all the people in the world were blind!"

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RAILWAY.

On and after Sunday, October 20, 1901, trains will run daily (Sundays excepted) as follows

TRAINS WILL LEAVE ST. JOHN

Express for Halifax and Campbellton... 7.00
Express for Point du Chene, Halifax, and Pictou... 12.15
Express for Sussex... 16.30
Express for Quebec, and Montreal... 17.00
Express for Halifax and Sydney... 22.35

TRAINS WILL ARRIVE AT ST. JOHN

Express from Halifax and Sydney... 6.00
Express from Sussex... 8.30
Express from Montreal and Quebec... 12.40
Express from Halifax and Pictou... 16.00
Express from Halifax... 19.15
Express from Moncton, (Saturday only), 23.50

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D. POTTINGER,
General Manager

Moncton, October 16, 1901.

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Is successfully used monthly by over 10,000 Ladies. Safe, effective. Ladies ask your druggist for Cook's Cotton Root Compound. Take no other, as all mixtures, pills and imitations are dangerous. Price, No. 1, \$1 per box; No. 2, 10 degrees stronger, \$3 per box. No. 1 or 2, mailed on receipt of price and two 3-cent stamps. The Cook Company Windsor, Ont.

Nos. 1 and 2 sold and recommended by all responsible Druggists in Canada.

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