

NERVOUS TROUBLES

Makes Life a Source of Constant Misery.

The Sufferer is Constantly Tired and Depressed, Will Startle at the Slightest Noise, and is Easily Irritated.

There is no torture more acute and intolerable than nervousness. A nervous person is in a state of constant irritation by day and sleeplessness by night. The sufferer starts at every noise; is oppressed by a feeling that something awful is going to happen; is shaky, depressed, and, although in a constantly exhausted state, is unable to sit or lie still.

If you are nervous or worried, or suffer from a combination of languor and constant irritation, you need a nerve food and nerve tonic, and Dr. Williams' Pink Pills are absolutely the best thing in the world for you. You will find after taking them that your feelings of distress and worry are being rapidly replaced by strength, confidence and a feeling that you are on the road to full and complete health and strength. Get rid of your nervousness in the only possible way—by building up strong, steady nerves.

Miss Ina Doucet, Batburst, N. B., says: "Words fail me to adequately express what I owe to Dr. Williams' Pink Pills. I was attacked by la grippe, the after effects of which took the form of nervous exhaustion. The least noise would startle me and I would tremble for some time. I used several medicines, but they did not help me, and as time went on I was growing worse and was so nervous that I was afraid to remain alone in a room. I slept badly at night and would frequently awake with a start that would compel me to scream. The trouble told on me to such an extent that my friends feared for my recovery. At this time my aunt urged me to try Dr. Williams' Pink Pills, and after using eight boxes I was completely restored to health. I feel that Dr. Williams' Pink Pills saved my life and I sincerely hope my experience will benefit some other sufferer."

These pills never fail to restore health and strength in cases like the above. They make new, rich blood with every dose, strengthen the nerves and thus drive disease from the system. Dr. Williams' Pink Pills are a certain cure for rheumatism, sciatica, partial paralysis, St. Vitus' dance, indigestion, kidney and liver troubles, and the ailments that make the lives of so many women a source of constant misery. Bright eyes, rosy cheeks and an elastic step is certain to follow a fair use of this medicine. Be sure that the full name "Dr. Williams' Pink Pills for Pale People," is on every box you buy. All others are imitations. If you do not find these pills at your dealers, they will be sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

THE ENGLISHMAN.

A Reincarnation of the Ancient Romans—Prosaic, Material, Money-Counting and Hostile to Change.

Before a representative turnout of the Canadian Club of Toronto the other night, Prof. Maurice Hutton, principal of University College, spoke on the Roman, Grecian, Englishman and Frenchman. He compared the old Romans as corresponding with the Englishman of to-day, and the Grecian as similar to the Frenchman of the present France.

The Roman he described as a prosaic, material, money-loving, practical man, who valued his possessions so much that he even inscribed the extent of his property on his tombstone, and did not care to take his money from circulation or set aside his land for his religion, his thrift and economy predominating even his spiritual tendencies. The names given to the Romans were prosaic. He was a tenacious man, tenacious of old ideas, and still of tongue. The Roman was very unintelligent, but had a profoundly wise instinct. He made much of forms. Men who make much of forms are in great danger of becoming hypocrites, and this charge, which was brought again the Roman, has been laid at the door of Britain to-day.

The Roman clung to commercial integrity rather than Greek smartness. The Roman kept his marriage vows, while the Greek scandalized both his vows and propriety, and in turn laughed at the Roman as the French to-day laugh at Britain and call her a hypocrite, not realizing her political sagacity beneath her readiness in protecting this particular branch of the law. The Greeks lived by intellect and the Romans lived by instinct. The clamishness and thriftiness of the Scotch are like the Romans; as is their grim appreciation of a joke.

The Roman believed in action, and not in thought or expression in words or style, and Rome's great men showed a contempt for mere literature. In England mere literature has very little value, and there the poet of the sensuous school is quickly forgotten. Strange how few care for the wonderful melody of Swinburne. Kipling is popular, but he owes nothing to his grace of style or manner; his poems are full of action to suit the British mind, and he has made his verses abound with life. As the ancient Roman was ashamed of literature as a calling, so Thackeray and Macaulay were ashamed of being styled literary men. As in the Roman, the English nature leads him to action, and to distrust thought as less sincere than action, and language as less sincere than thought, and eloquence and poetry the least sincere of all.

But, turning to France and Greece, it is found that while the Frenchman has not a more moral reverence, he has a greater reverence for intellect than the Englishman. The Greeks

carved on the gravestones urbanity as one of the virtues of the deceased, but the Englishman does not see much in politeness of manner, so long as he thinks his heart is right. The same reason why the language of Greece became the language of polite society among the Romans, applies as to why the French language is the language of the European courts to-day.

It has been said that for a real gentleman get a Spaniard or a Frenchman, and that an Englishman might be made one, but the German never.

The Roman was tenacious, and had a savage determination not to be carried away with anything new, and this applies to the Englishman, who is hostile to change, and, finally, the victim of it. This was not at all characteristic of the Greek, nor is it of the French. The French stand for equality, as did the Greek. The Romans and English worshipped and worship rank and wealth. England might be said to be religious because she, like the Roman Empire, sacrifices thrift to religion, and takes her religion seriously. The French, like the Greeks, make a holiday of the observance of religious days, and one day are beside themselves with joy and the next day beside themselves with political fury.

Prof. Hutton jocularly reminded the Club that the United States was a bit like Rome, in that she bought great quantities of rarities and statues because it was fashionable. He then related the little incident told of an American who bought the statue of Venus in Paris, and then wanted to sue the railway company for the broken arm.

As Paris set the style for England, so in Rome the barbers were all Greeks.

The Greek and French for dash, the Roman and British for dogged persistence that does not know defeat. Speaking of the British, once a general said: "I have pierced them in the centre and on each side, and their generals have given me all the help possible. I have defeated them, but they will not leave the field."

France was the feminine element in Europe, whose passion is not pride, but vanity. The French have great capacity for being genial; the British have not; and that is the reason. Prof. Hutton thinks, why Britain is not better loved by the alien nations over which she rules.

The Frenchman is proud of the history of the race, and disseminates patriotic literature in the schools. The Englishman has no historic consciousness, and if he reads a British history, he reads a philosophic instead of a patriotic one.

If It Will Help.

It appears that we must now learn to sing it "God Save Our Lord the King." If there was any prospect of saving him from the avalanche of flummery and medievalism that is threatening him, his respectful and loyal subjects would be prepared to sing almost anything. — Woodstock Express.

London Hospital Patients.

More than a million people are treated in the hospitals of London each year.

Industrious Old Clock.

At quaint old Castletown, the "metropolis" of the Isle of Man, there exists a very interesting clock, which has now performed its functions of time telling in five centuries. It was presented by Queen Elizabeth in the year 1597 to Castle Rushen, the fortress which stands in the middle of Castletown, from which the town takes its name. The works are crude, being driven by ropes and pulleys, but nevertheless they keep fair time. The clock, in fact, has run ever since it was built, except for rare stoppages for repairs. To this day the single hand which travels slowly round the dial outside the tower of Castle Rushen is the principal source of information as to the hour to the inhabitants of Castletown. A timepiece which has worked continuously for more than 300 years is something of a real curiosity. — Jewelers' Circular.

Young folks grow most when they are in love. It increases their sighs wonderfully.

**Burdock
BLOOD
BITTERS.**

WILL CURE OR RELIEVE

**BILIOUSNESS, DYSPEPSIA,
INDIGESTION, JAUNDICE,
ERYSIPELAS, SALT RHEUM,
HEARTBURN, HEADACHE,
DIZZINESS,
ACIDITY OF THE STOMACH,
DRYNESS OF THE SKIN.**

And every species of disease arising from disordered LIVER, KIDNEYS, STOMACH, BOWELS OR BI

TREATMENT AT HOME.

Dr. Hartman's Free Advice to Women—A Generous Offer to The Afflicted.



Secretary Illinois Woman's Alliance.

Miss A. Brady, Corresponding Secretary Illinois Woman's Alliance, writes from 2725 Indiana avenue, Chicago, Ill.:

"Last year from continued strain in literary work I became very much exhausted, my nerves seemed to give way, and I had backache, headache and serious indigestion. One of my friends suggested that I try Peruna. It certainly acted like magic on my system."

"Within ten days I felt new life and wealth given me, and by taking an occasional dose off and on when I feel extra tired, I keep my system in perfect order." — Miss A. Brady.

Miss Millie Baker writes from 290 East Ohio street, Chicago, Ill.:

"I suffered for years with weakness

peculiar to women, severe bearing-down pains, and continual headache.

"After using five bottles of Peruna I was as well and strong as ever." — Miss Millie Baker.

Mrs. Nellie Blyler, 670 W. Twentieth street, Chicago, Ill., President of the Ladies of the G. A. R., has the following to say about Peruna:

Gentlemen—"I recommend Peruna especially for women as it promptly cures the weakness of our sex and will always be sure to give satisfaction." — MRS. NELLIE BLYLER.

Mrs. W. A. Allison, Assist. Matron of Peoples' Hospital, 758 Sheffield avenue, Chicago, Ill., writes:

"I have had frequent opportunities to observe the wonderful curative ef-

fects of Peruna. It alleviates pain and soreness, increases the appetite and so tones up the entire system that the patient quickly regains strength and health." — Mrs. W. A. Allison.

Free Home Advice.

In view of the great multitude of women suffering from some form of female disease and yet unable to find any cure, Dr. Hartman, the renowned specialist on female catarrhal diseases, has announced his willingness to direct the treatment of as many cases as make application to him during the summer months without charge.

Those wishing to become patients should address The Peruna Medicine Co., Columbus, Ohio.

Peruna can be obtained for \$1.00 a bottle at all first-class drug stores in Canada. "The Ills of Life," which can be secured at all up-to-date drug stores and upon request is sent free to all, gives a short description of all catarrhal diseases. Address Dr. Hartman, Columbus, Ohio, U. S. A.

Wearing Out the Nerves.

Many people wear themselves out needlessly. Their conscience is a tyrant. An exaggerated sense of duty, says the London Doctor, leads many a person to anxious, ceaseless activity, to be constantly doing something, over-punctual, never idle a second of time, scorn to rest. Such are in unconscious nerve tension. They say they have no time to rest, they have so much to do, not thinking they are rapidly unfitting themselves for probably what would have been their best and greatest work in after years. Self control of nerve force is the great lesson of health, and therefore of life itself. To understand how to relax is to understand how to strengthen nerves. Hearty laughter is a source of relaxation, as are also all high thoughts, as those of hope, beauty, trust or love. Relaxation is found in diversion.

What the Barber Pole Represents.

The barbers of long ago were barber surgeons, but the rapid advance of surgical science has caused them to fall from their high estate. The gilt knob at the end of the barber pole of today represents a brass basin, which but a few decades since was actually suspended from the pole. The basin had a notch cut in it to fit the throat and was used in lathering the customer preparatory to shaving him. The pole represents the staff held by the patient who came to the barber surgeon to be bled. The two spiral stripes painted around it signify two bandages, one for twisting around the arm previous to the act of phlebotomy, or blood letting, the other for binding when the operation was completed.

In a Fog.

A befogged individual was groping his way down one of London's side streets leading off the Strand when he suddenly bumped up against a man coming from the opposite direction.

"Could you tell me where this street leads to?" he inquired after the necessary apologies had been made.

"Certainly," replied the other. "It leads into the river. 'I have just come out of it.'"

Union Mutual Life Insurance Co.,

PORTLAND, ME.

Payments to policy holders \$3,710,096.58. Deposit at Ottawa nearly \$1,000,000.00. The following comparative statements show the marked progress made by the company in all departments during the last eight years:

	Assets.	Surplus.
1893	\$6,453,309.56	\$229,292.86
1894	6,597,336.30	359,783.12
1895	6,797,391.05	435,113.55
1896	7,039,323.43	507,348.19
1897	7,236,555.75	548,321.09
1898	7,544,227.02	574,224.75
1899	7,991,042.63	576,807.50
1900	8,482,038.00	586,040.24
1901	9,013,082.63	607,932.00
	Premium Income.	Total Income.
1893	\$ 964,201.08	\$1,261,933.51
1874	989,552.73	1,296,145.86
1895	1,040,240.77	1,353,713.38
1896	1,107,779.45	1,421,686.70
1897	1,182,965.15	1,525,630.16
1898	1,278,649.29	1,665,430.85
1899	1,444,862.27	1,833,919.16
1900	1,575,176.25	1,959,882.01
1901	1,735,036.06	2,105,141.94
	Notices of Death.	Amount of Insurance in Force.
1893	\$456,000	\$35,914,417
1894	452,628	36,312,041
1895	498,969	36,932,148
1896	418,436	38,086,849
1897	604,811	39,943,575
1898	571,316	42,222,364
1899	600,206	46,054,820
1900	594,110	50,191,853
1901	685,472	52,945,044

From the foregoing tables it will be observed that more than two and one-half million dollars have been added to the Assets during the period outlined, that the Premium Income has increased seven hundred seventy thousand dollars, that the surplus to policy holders has increased nearly three-fold and that over seventeen million dollars more insurance is now in force than at the beginning of the term designated.

Liberal contracts to good Agents.

ALBERT J. MACHUM,
Manager, St. John, N. B.