

THERE ARE TOO MANY FADS.

President Falconer, of Toronto University,
Discusses Sunday School Work.

(Toronto Globe.)

"Many of the international lessons are absurd for little children," said President Falconer of the University of Toronto, addressing the third annual meeting of the Presbyterian Sabbath School Association of Toronto, in Westminster Presbyterian church last evening. "As teachers you will often have to take your own lesson and golden text. I have done it frequently myself, because it was necessary."

He urged a study of child nature, an understanding of the Divine laws in accordance with which our nature was formed. "There are," said he, "too many fads of pedagogy in our teaching. Every educationist has a theory as to how things should go. I am afraid as Sunday school teachers our knowledge of the Bible has become so scrappy and disjointed that none of us get the full scope of it. What we want to get at is the real underlying meaning of the Bible and what it stands for. Moralizing has little value, and mere devotional talk to the children has precious little value."

In opening President Falconer reminded the large gathering that the future of the country depended upon the boys and girls of the present. There were three great influences on

the formation of character: the home, the day school and the Sunday school. In the present-day life, especially in the cities, parents were apt to forget the first duty to their children, and the country suffered.

"I cannot understand why people take so little interest in the work of the day school," exclaimed the University president. "They grudge every effort to support it. They are unwilling to make any sacrifice to get and to keep the best possible teachers."

Handicapped by the brevity of time, the Sunday school teacher should, nevertheless, aim to exert authority and claim respect. The teacher was the most permanent of the influences that brought out the moral character. The Sunday school was a vital factor in the growth of religious and moral life. "It is easy to describe the ideal teacher, but it is hard to get the ideal teacher," observed President Falconer, adding: "But the work of the world is not done by ideal people, but by average men and women, and with all its mistakes the old world is going on and getting better. As things are today in Canada," concluded the speaker, "the great influence for good outside the home must come through the Sunday school. And what small force it is to make up for the lack in so many other respects."

TEMPERANCE VALE.

Feb. 2.—Harry and Fred McElwain have gone to Pinder's mill to work.

Geo. McLeod is lumbering quite extensively for himself. His son, Fred, is head teamster. If it keeps on snowing he will not get over a million.

W. R. Fawcett is confined to his home with a severe cut in his thumb. C. Woodman is getting up a large supply of wood for himself.

Corey Bros. are also getting wood. Miss Bessie Whitehead is still head clerk at G. A. Bartlett's.

B. I. Whitehead, Upper Queensbury, was at R. Bartlett's on a business trip today.

George Trail and A. H. Chapman are hauling lath from Gilman's mill Pokok, to Millville.

Medley McElwain, who is at work at Pinder's mill, Clarkville, spent Sunday at home.

MacDonald Bros. are in the lumber woods at Magaguadavic again this winter.

John Haines is spending his vacation at home.

Rev. A. Rutledge has service here in the Baptist church every two weeks. Rev. Mr. Fullerton of Prince William, also has service here in the Episcopal church every four weeks.

Miss Celia Moore is spending the winter with Mrs. Fred Elliott, Lower Southampton.

Joseph Lockard is in the lumber woods for Hay Bros.

James Reid has gone to Maine for the winter.

Mrs. Ward Fox and family are boarding at H. Stairs'.

Mrs. Charlie Harris is spending the winter at her brother's, Bert Briggs'.

Mr. Wm. Briggs, who has been very ill with typhoid fever, is gaining slowly.

Mr. T. Stairs is ready to accommodate any one who wants a grist ground.

Miss Maud Pinder spent last week at Clarkville nursing her brother, George, who was ill with pleurisy.

Mrs. Geo. Pinder is spending the winter at Lathwood cottage, Clarkville.

Mr. and Mrs. R. Stairs are spending the winter in Maine.

Miss Mary Graham is spending the winter at home.

Miss Florence Stairs is staying with Mrs. J. Reid.

Mrs. O. Fero is living with her daughter, Mrs. W. Marney.

Mr. C. A. Manzer is working for J. Murray.

H. Draper spent last week at Pinder's mill.

Fred Scott, who has been working at Pinder's mill, is home for a few days.

Miss Janet Bartlett is spending the winter at Aroostook Junction.

IS YOUR THROAT HUSKY?

This is the first step towards Catarrh. Everything depends on your remedy. A cough mixture slips quickly over the weak spots, drops into the stomach and does little but harm digestion. It's altogether different with Catarrhzone—it cures because it gets right at the trouble. You inhale Catarrhzone, breathe in the vapor of healing balsams that strengthen and restore the weak throat tissues. You'll not have colds, or coughs—Throat trouble will disappear with the use of Catarrhzone. At all dealers, 25c. and \$1.00. Get it today.

CHARTERS SETTLEMENT.

Feb. 4.—On account of the heavy snow storms, our school was closed on Monday last.

Mr. Wm. Sinclair, of New Maryland, is hauling wood this week for Mr. Frank Charters.

Our school was visited last Tuesday by Inspector Mitchell.

A driving party from Fredericton spent a very enjoyable evening at the home of Mr. and Mrs. John Greer last week.

Mr. Charles Hodgson of Marysville, visited relatives in this place on Saturday last. He is receiving congratulations at present on the arrival of a boy at his home.

A few of our young people met last Wednesday evening at the home of Miss Ruth Charters, and a very pleasant time was spent in playing games, after which Mr. Frank Charters entertained the company with a few gramophone selections. The young people left thanking their young hostess for a very enjoyable evening.

Mr. Alvin Charters passed through this place yesterday on business.

On account of the illness of our teacher, Miss Pearl Greer, the school is closed for the remainder of the week.

Miss Ruth Charters spent yesterday afternoon with Miss Jennie Charters.

Mr. Fred Charters, one of our most popular young men, has returned from the lumber woods.

On account of the bad roads last Sunday Mr. Clair Charters was unable to pay his weekly visit to Maryland.

Mr. George Charters is anticipating a trip to Fredericton in the near future.

IS YOUR CHEST "WHEEZY?"

Tightness and wheezing means your trouble is deep-seated. To delay is dangerous. Inflammation must be drawn out at once. Rub the throat and chest with Nerviline, and put on a Nerviline Plaster. Relief comes in an hour. The counter-irritant effect of the plaster relieves the tightness and strain, draws out the soreness, eases pain. The penetrating qualities of Nerviline enable it to soak to the very core of the trouble and you experience a feeling of warmth and relief that proves the danger is past. For weak chest, sore throat and tendency to colds, the Nerviline Treatment beats all others, try it.

A Zulu Breakfast.

Dinuzulu, the Zulu chief, has burst a blood vessel, says a telegram from Marburg, and it is said to be only a wonder that his father did not do the same when he was enjoying British hospitality in London after his capture. He and his sable suite were housed in one of the artistic mansions of Melbury avenue, near Holland House, and his favorite breakfast was a basin of oatmeal porridge and a pint of whisky, which he preferred to milk. Otherwise he was fairly quick in his assimilation of the manners and customs of civilization.

The Thumb Mark Fad.

Don't mark your stationery any longer with a monogram. That is out of date. The latest symbol is a thumb mark. It is engraved in gold or silver and has all the value of a Bertillon mark of identification. The stationers who have introduced this way of marking use the prints in the center of a correspondence card and about half an inch from the top to make them most effective. The thumb is sometimes printed in red or blue, although the metal colors are more popular.—New York Sun.

ROYAL STRONG ARMS YOUNG

Famous Monarchs That Rivalled
the Mighty Samson.

AMAZING FEATS OF MUSCLE.

The Emperor Maximilian Could Lift
Three Men With One Hand—Augustus
the Strong of Saxony Carried a
Horse and Its Rider on His Back.

Curiously enough, a large percentage of the notably strong men of history have been of royal blood. One of the earliest of these royal athletes was Maximilian, called "Maximilian Hercules" because of his great strength. He was the son of a peasant and had an enormous physique. He became a common soldier and was finally made emperor by acclaim of his fellow soldiers during a stormy period of Roman history.

Maximilian's strength was prodigious. It was said that on foot he could run down a fox, that he could lift three men with one hand and that by gripping the wheel of a chariot with one finger he could resist the pull of three horses. Like most men of great physical strength, Maximilian was a heavy eater. History records that his daily allowance was forty pounds of meat and eighteen bottles of wine.

Augustus the Strong of Saxony was another of these royal Samsons. He would often seize two of his courtiers, grasping one with his right hand and another with his left, holding them up at arm's length and playfully twirling them about.

On one occasion the horse ridden by one of his attendants became balky and refused to budge. After some minutes of coaxing the king dismounted, placed his Herculean shoulder under the horse's chest, grasping it by the fore legs, and calmly walked away with both horse and rider. This remarkable performance was witnessed by a number of courtiers and attendants.

King Richard of England ("Coeur de Lion") had tremendous strength. During his captivity in Germany he gave a terrible demonstration of his physical powers. The son of one of the wardens was a youth locally renowned for his muscular strength and in his assurance invited the royal captive to an exchange of buffets. The young man by a cast of the dice won the right to the first stroke and struck the king a staggering blow on the side of the head. It was then the king's turn, and he landed a blow just behind his opponent's ear so heavy that the man was instantly killed.

This incident is used in Sir Walter Scott's famous historical novel "Ivanhoe," where King Richard, the "Black Knight," and the jolly outlaw Friar Tuck have an exchange of buffets, without, however, any fatal result.

Dom Pedro I, emperor of Brazil, is also on the list of royal strong men.

On the occasion of a carnival he arranged matters so that he was standing on the bow of the royal barge between two of his stately courtiers. Suddenly in the midst of the festivities the king reached out, grasped a courtier with each hand, and after holding them for a few moments squirming in the air and begging to be released, he relaxed his grip and allowed them to drop plump into the water, amid the frantic applause of the huge crowd that had assembled to view their monarch. The king joined heartily in the general hilarity, but what the drenched courtiers thought about this exquisite joke is not recorded.

Peter the Great of Russia, like Charlemagne, possessed great physical as well as mental power. His years of work as blacksmith and ship carpenter had so developed a naturally powerful physique that he was believed to be the strongest man in Russia.

The story is told that a certain blacksmith in a little country town had boasted that he was the only blacksmith in the world who could lift his own anvil. The emperor, hearing of the blacksmith's boast, disguised himself as a workman and with a single companion set out for the blacksmith's village. On learning of their errand the blacksmith without a word laid aside his tools and, grasping the anvil with his brawny hands, lifted it with great effort about a foot from the floor. Then Peter took hold of the anvil, raised it a foot, two feet, three, higher and higher, till he finally swung it to his shoulder and calmly walked away with it.

Charlemagne was said to be the most powerful man physically of his time. One of his favorite feats of strength was to break the heaviest horseshoe by gripping it with one hand.

A worthy successor of Peter the Great was the late Czar Alexander III., who was one of the strongest men in the world. He was often called "the Russian Samson." The czar's regular visiting card was a Russian coin somewhat larger than our silver quarter, which he would bend almost double with his powerful fingers.

Alexander was also fond of breaking horseshoes, and it is said he never found one he could not break in two. He could take two fresh packs of cards and by gripping the ends with his hands tear them straight down through the middle.

It is said that on one occasion a woman companion expressed a wish for a bouquet holder in which to place a large bunch of roses. The czar took a pewter tankard from a table nearby and with a few movements of his powerful hands fashioned it into a rough but picturesque and quite efficient bouquet holder.—W. R. C. Latson in New York Tribune.



A mother who is in good physical condition transmits to her child the blessing of a good constitution; sickly, ailing mothers, the reverse. The tiny babe brings to her a living responsibility. At such a time too great care cannot be taken to build up the mother's general constitution, and restore her feminine system to a healthy, normal condition. The greatest assistance that any woman can have in accomplishing this all-important work is

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Mrs. M. Gilmer, of West Union, S. C., writes to Mrs. Pinkham, Lynn, Mass.

"I was greatly run down in health, suffering from a weakness peculiar to my sex. I began to take Lydia E. Pinkham's Vegetable Compound, and I was not only restored to health but am the proud mother of a fine baby girl. I wish every sick and ailing woman would give Lydia E. Pinkham's Vegetable Compound a trial."

Mrs. Paul Oliver, of St. Martinville, La., writes to Mrs. Pinkham: "For years I suffered from the worst form of female troubles, and the doctor said I could not get well without an operation. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I have the sweetest little baby girl. I will never cease to praise Lydia E. Pinkham's medicine."

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For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with the worst forms. Why don't you try it?

TO TAP NORTHWEST.

Peace River Country Will Soon Have
Network of Railways.

The news that the Canadian Pacific engineers have been locating a new line north of Edmonton through the Pine Pass and the Peace River district has not come altogether as a surprise to those who have watched the recent progress of construction on this railroad into the northwest. The Calgary and Edmonton line was at one time merely an isolated branch, but very soon it will intercept two other important branches, each of which might become an alternative main line in the days to come. Sir Sandford Fleming, in his surveys for the Canadian Pacific, reported on half a dozen routes from Edmonton across the Northern Rockies to the Pacific Coast, but commercial and political exigencies were so heavily against these routes that for the time being they were all discarded for the direct route to the mouth of the Fraser. Now, however, the northwest is so well settled that an extension into the Peace River district may reasonably be expected to pay, especially as this district is known to have a very fertile soil, rich mineral wealth, and a climate much less severe than that in the Dakotas. The new line is said to have been located already as far as Dunvegan, and will be continued to the goldfields of the Yukon, passing through the Cassiar district, the principal big-game hunting-ground of North America.—Standard of Edmonton.

To Be Dyspeptic Is To Be Miserable.

Dyspepsia is the prevailing malady of civilized life. It is largely due to gross errors in diet, over-eating, too free indulgence in stimulants and over-taxing the stomach with indigestible food, eating too rapidly without chewing the food sufficiently, indulging in hot biscuits, pastry, pickles, confectionery, etc.

Constipation, headache, heartburn, sour stomach, distress after eating, belching of wind, faintness, and fullness and distension of the stomach are a few of the many distressing symptoms of the poor, weary dyspeptic. Burdock Blood Bitters regulates the stomach, stimulates the secretion of the saliva and gastric juice to facilitate digestion, removes acidity, purifies the blood, and tones up the system to full health and vigor, and thereby cures dyspepsia and all its tributary diseases.

Mr. Amos Sawler, Gold River, N.S., writes:—"I was greatly troubled with dyspepsia, and after trying several doctors to no effect, I commenced taking Burdock Blood Bitters and I think it is the best medicine there is for that complaint."

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