

Zam-Buk

SURE CURE FOR SKIN INJURIES & DISEASES.

A purely herbal balm; best thing for the tender skins of children, yet powerful enough to heal an adult's chronic sore; highly antiseptic; cures pain and smarting soon as applied—that is Zam-Buk. Remember it is purely herbal—no mineral poisons, no animal fats. Power and purity combined!

All druggists and stores sell at 50c. a box.

THE NEWEST WINNIPEG

COCHRANE, ONT., IS ALREADY BOOMING AHEAD.

Town Lots Still In the Virgin Forest Are Sold to Long-Sighted Buyers Who Are Expecting a Great City Where Now the Wolves Bay at Night—145 Lots Bring in More Than Fifty Thousand Dollars.

The people of Canada, and of Ontario in particular, have not yet realized the full significance of the event which took place recently, when 145 lots of the new townsite of Cochrane, the junction of the Temiskaming & Northern Ontario Railway and the National Transcontinental, were sold by public auction, the sale taking place on the surveyed site of the new town, says W. M. Scanlan in The Toronto Globe.

The event and the manner in which it was conducted were remarkable in more ways than one. To the superficial observer it would seem that the faith that would lead a man to purchase at a high price a town lot 66 feet by 132 on which virgin forest still stands, and which, though but a few blocks away, he can see only on the plan, the bush being too thick to allow of his penetrating to his prospective, or newly-acquired purchase, indicates either that the man is exceptionally foresighted or exceptionally foolhardy. The writer, after having accompanied the 600 pioneer buyers on their expedition into the far north—Cochrane is 500 miles nearer the north pole in a direct line than Toronto—is of the opinion that the surprising thing is not that so many went, but that so few of our Canadian business men, supposedly aggressive and alive to the opportunities of a new country, have realized what the signs of the times, as applying to Cochrane, portend.

The journey of the big train of twelve coaches from Toronto to Cochrane was of momentous significance. In the first place it signified the completion of the Ontario Government's railway, the Temiskaming & Northern. For three years or more this road has been pushing its way northward into the heart of an unknown wilderness, which is now revealing formerly undreamed-of riches in minerals and choice farming lands. The "Cochrane Special," as it was called, was the first train to make the complete journey from North Bay to the junction with the Transcontinental right-of-way, a distance of 253 miles.

The train itself was a most exceptional one. It consisted of two private cars, three Pullmans, a dining-car, five day coaches and a baggage-car fitted with a lunch counter, 12 cars in all. To take a train like that over a newly-completed track, over muskeg and high trestles newly built, required considerable faith in the work of the contractor, but the journey was made without a hitch. Arrived at Cochrane, the buyers found themselves still three-quarters of a mile away from the town. As a result, a long line of growling, crumpling, slipping, sprawling men had to pick their way through the mud and over the corduroy to the freight shed in which the sale was to take place. These intrepid explorers on their quest for investment were, however, not balked by so small an item as mud.

The sale lasted two hours. The total price paid for the 145 lots was \$50,425. Twenty-five per cent. of this was paid down in cash. The buyers, according to their agreement, will

proof bandages on their lots within 8 years. Five banks purchased sites. What does all this mean? It means that, here at the junction of two great railways, one extending across the continent, the other forming the outlet to the populous country to the south, are conditions such as no town ever before had at its birth to justify its being brought into existence. It means that here, in the centre of the great clay belt, which may prove to be the best hay, root and grain-producing country in the world, with an outlet to the markets of Great Britain which will bring them closer than they have ever been before, a town has been commenced, not haphazard, or at random, but by design, by men who have thought well of what they are about, and who know the situation thoroughly; and this town will, in all probability, within the next ten or fifteen years, show feats of rapid growth such as have never before been seen in this country.

And here is something which some, even of those who have invested in property in the new town, have not taken into consideration. East of Cochrane lies the Abitibi River, penetrating into the heart of a country which is known to possess immense quantities of pulpwood, as well as good timber, of which pine forms a large percentage. Some seven miles to the west of Cochrane lies the Frederick House River, which penetrates into another part of the same country. Hitherto, the timber resources of these northern woods have been untouched for want of an outlet for their products. Now, however, with their tributaries tapped by a railway which can carry their wealth either east to the Atlantic, west to the Pacific, or south to lower Ontario, and the United States, lumbering on a large scale will commence at once. And Cochrane will be the distributing point for this great timber wealth. Can Cochrane fail to become a metropolis?

The Century Plant.

The century plant, so named because of the popular idea that it blooms but once in a hundred years, in one sense makes good its name, for it blooms only once, then dies. In the genial climate of southern California it reaches maturity and blooms in fifteen or twenty years, while in colder climates the period may range from forty to fifty years. There are many species of the agave family native to northern Mexico, where it is called the maguey. The plant furnishes "pulque," the national drink of Mexico. At the time of blooming the plant throws up a single stock of rapid growth to the height of twelve to twenty feet, from which the tassell-like flowers sprout forth. This great flower stalk draws all the sap and vigor from the body of the plant, which soon withers and dies.

Apt Pupil.

Captain Jones (giving a short lecture to the recruits of his company on their demeanor in public)—If a civilian should make offensive remarks in a public house and try to induce a quarrel the well conducted soldier should drink up his beer and go quietly away.

After his address Captain Jones questioned his audience to ascertain if they had comprehended his remarks.

"Now, Private Jenkins, what should you do if you were at an inn and a civilian wanted to quarrel with you?"

"I should drink up his beer, sir, and look it."—London Pick-Me-Up.

FIGHT OVER A SHOP.

Rival Firms' Employees In Struggle For Possession.

Montreal, May 5.—Carsley's and Scroggie's departmental stores engaged in a pitched battle yesterday morning for the possession of the Scroggie store. The police were called in, and men were thrown through the glass doors into the streets in the excitement.

A couple of years ago, Carsley bought the store occupied by Scroggie. Scroggie made no arrangements to leave, claiming that Carsley senior, before his death, had given his consent to staying another year, but he has no paper to that effect.

The Scroggie firm were notified on Monday that they could not sell goods yesterday. Carsley had men in the store all night measuring for counters, and when Scroggie and his men came at 8.30 they were let in, but told that they could not sell goods, that all they could do was to take their goods out. Only one door was open. They took a crow bar and opened the front door by force. Then they threw the men from Carsley's out by force, and, in doing so, threw Lalumiere, special constable, through the window of the front door.

Scroggie has had a writ issued asking Carsley to appear in the Criminal Court on a charge of house-breaking.

FORCIBLE FACTS.

One-sixth of the deaths from disease are due to consumption. Ninety-eight per cent. of all those who have used Dr. Pierce's Golden Discovery or "Weak Lungs," have been perfectly and permanently cured. Dr. Pierce's Golden Medical Discovery is advertised to cure consumption in its advanced stages. No medicine will do that. The "Discovery" does cure obstinate, lingering or "hand-on-coughs," and all those catarrhal conditions of throat and bronchial passages which if not properly treated end in consumption. Take the "Discovery" in time and if given a fair and faithful trial it will seldom disappoint.

Free. Dr. Pierce's great work, The People's Common Sense Medical Adviser is sent free on receipt of stamps to pay cost of mailing and send 31 one-cent stamps for paper covered to pay cost of mailing and customs. Send 31 one-cent stamps for paper covered book, or 50 stamps for a copy in cloth binding. Address Dr. R. V. Pierce, Buffalo, N. Y.

ATTACKED WITH AXE.

River Driver Arrested at North Bay For Assault.

North Bay, May 5.—Provincial Constable Connor arrested a man named William Dagg at Cache Bay Monday and lodged him in jail at Sturgeon Falls as a result of a murderous assault which took place last week on the Sturgeon river, about 20 miles north of Sturgeon Falls. Dagg was employed as a river driver on J. R. Booth's log drive, and in the same crew was Abs Welsh, his brother-in-law, with whom it is alleged he was on bad terms, on account of family differences arising out of a legacy. Dagg filled up with liquor one night at the hotel at Field Settlement, on the Sturgeon river, and the next morning attacked Welsh with an axe, cutting his head open. A fierce fight ensued, Welsh defending himself with a stick and disarming his assailant. A short time afterwards, when the men were standing about the fire, Dagg suddenly sprang upon his brother-in-law and knifed him just above the heart. He was again disarmed and taken with the wounded man to Cache Bay.

Welsh is recovering. Dagg admits his guilt and blames the liquor. The giving of a liquor license at place like Field, in the heart of extensive lumber operations, has long been a source of regret.

Boy Lost In Woods.

Lunenburg, N.S., May 5.—Since Saturday night searching parties have been scouring the woods to find the eight-year-old son of Harry Meisner of New Ross, who is lost.

Most Canadians Have Catarrh

Our Changeable Climate is Responsible.

Where the atmosphere is damp, with sudden changes in temperature, almost everybody has Catarrh, in some form or other. The ordinary cold in the head inflames and weakens the membranes lining the nose and throat, and starts a discharge. The next cold is more easily caught, and soon the patient is never free of it.

As Catarrh develops the discharge increases—drops into the throat, especially at night—and takes on an offensive odor. Besides being exceedingly disagreeable, there is great danger of the disease extending to the lungs, stomach, or bowels.

Though it is very difficult to cure, Father Morrisey devised a combined internal and external treatment that has cured thousands. The Tablets tone up and invigorate the system, and assist Nature in throwing off the disease, while the salve, applied up the nostrils, clears out the discharge and heals the membranes. Combined treatment, 50c at your dealer's, or from Father Morrisey Medicine Co., Ltd., Chatham, N.B.

USES FOR TURPENTINE.

There are few housekeepers that are not familiar with some of the numerous uses of turpentine, and as its odor is clean and wholesome, it has the advantage over many remedies whose odors are offensive.

Turpentine and soap will remove ink stains from linen.

A few drops added to water in which clothes are boiled will whiten them.

It will exterminate roaches if sprinkled in their haunts.

Turpentine will remove wheel grease, pitch and tar.

A few drops on a woolen cloth will clean tan shoes.

Clean gilt frames with a sponge moistened in turpentine.

Carpets can be cleaned and colors restored by going over occasionally with a broom dipped in warm water in which a little turpentine is added.

An equal mixture of turpentine and linseed oil will remove white marks from furniture caused by water.

MR. ROBERT McCALLUM

A well known citizen, of Sterling, Ont., cured of Chronic Catarrh and Irritable Throat by Catarrhazone.

A Remarkable Case Exciting Great Interest in Stirling, which, if Possible, Adds to the Popularity of Catarrhazone. As a Cure for Catarrh, Bronchitis, and Throat Trouble.

Catarrh is one of the most disagreeable and at the same time hardest to cure diseases. This has been Mr. McCallum's experience.

"For many years," he writes, "I have suffered from Catarrh, and continually hawked and coughed, so that my trouble was always in an inflammatory condition."

"Doctor" medicine did not help me in the least, and all other remedies I used were quite useless. In one case it was time wasted in snuffing powder up the nose; in another using a greasy ointment, and so on. Not one of them was the least bit of good.

"I heard Catarrhazone favorably spoken of and tried a sample, and it really benefited me more in a few hours than years of treatment with doctors' and other so-called remedies. "Receiving such immense benefit from the sample size, I got the complete outfit, large Hard Ribber Inhaler, etc., and but a few weeks of its use completely cured me of Catarrh and throat trouble."

"I recommend Catarrhazone as the most satisfactory Catarrh remedy on the market. Every word said about it is true. "Richard McCallum."

Now perhaps you need a remedy like Catarrhazone. It is the only treatment that is applied locally as well as constitutionally. The Inhaler clears the air passages, stops hawking and spitting, and purifies the breath.

The Ferrozone Tablets which are used in conjunction with Catarrhazone Inhaler, drive all the poisons from the blood and build up the system to a healthy, vigorous condition.

The complete outfit costs \$1, at all druggists; trial size 50 cents, by mail from N. C. Polson & Co., Kingston, Ont. Buy Catarrhazone today.

DEFEATED BY DR. HAMILTON.

In no way is health so menaced as by constipation. It leads to indigestion, insomnia, anaemia and a hundred ills. Ordinary remedies fail—they relieve—don't cure. The worst case is defeated and cured quickly by Dr. Hamilton's Pills, which cleanse the entire intestinal tract, stimulate kidneys and liver, keeps the pores of the skin open. You'll never have stomach trouble, yellow complexion or headaches if you use Dr. Hamilton's Pills. They are a perfect system tonic. 25c at all dealers.

Soaking new brooms in strong hot salt water before using them is said to toughen the bristles, making the brooms more durable.

THIN AS A RAIL, ARE YOU?

Every day spending as much energy as you make—if the balance goes a little further, well, you get thinner. On the danger line today—tomorrow may be too late! Better use Ferrozone, it builds up a little gain the first week, not quite so thin. Keep right on, lots of fat won't hurt you at all. Your blood is enriched, cheeks grow rosy, your heart and nerves grow strong and you don't tire so quickly. Joyous robust health, a sturdy frame and a cheerful mind—all these come with Ferrozone. You'll try it, only 50c. at all dealers.

MENACE TO CHILDREN.

Mouth Breathing a Pernicious and Dangerous Habit.

Probably no other habit or condition of early life demands more urgent attention than the pernicious habit of mouth-breathing. Mouth-breathing constitutes a special type of children the abnormal method of respiration indicating some interference with the normal passage of air through the nose. The condition in itself does not exactly constitute a disease, but its continuance is certain to be accompanied by many bad results. The configuration of countless faces which pass us in the streets, the prevalence of "throat deafness" or "Eustachian deafness" existing from childhood, the vacant faces, the dull eyes, and drooping eyelids; the defective pronunciation of consonants, particularly m, n and g, and especially the nasal intonation so often heard in our social gatherings—these and other signs emphasize the importance of giving prompt attention to the radical correction of this habit.

Normally one should breathe, not through the mouth but through the nose. The air current, after traversing the nasal chamber, makes a sharp bend into the naso-pharynx (the expanded upper part of the throat). The air then passes through the pharynx, past the tonsils and into the larynx and windpipe, and is then distributed to the lungs. Into the nasal cavity project three scroll-like bones called "turbinates," lined by a sort of erectile tissue, which is richly supplied with blood vessels. These turbinates are like the flues of a boiler, affording a large moist and warm surface by which the air is exposed to heat, so that in travelling a distance of scarcely more than two inches it is both warmed and moistened. Two-thirds of a pint of water is daily taken up from the nasal mucous membrane by the air passing into the lungs. The stiff hairs in the nasal openings strain out the coarser dust particles, while the finer dust and germ laden adhere to the moist walls of the nasal or pharyngeal cavities, as one can easily demonstrate by blowing the nose after an hour's work in the dust. The warming and moistening of the air thus prevents the entrance into the cold, dry, dusty air which would be irritating to the delicate lining of the lungs. In the case of the mouth-breather, the protective influence of this warming, moistening and purifying process is lost. There is also a nasal secretion which helps to destroy the bacteria which enter with the air. The sense of smell, located in the nostrils, should also warn us against undesirable food.

Adenoids consist of an overdevelopment of the gland-like lining of the roof of the naso-pharyngeal cavity. The growths may vary in size from a small fringe of over-developed glands to a large mass as big as a walnut, sometimes called the pharyngeal tonsil, completely filling the naso-pharynx.

Adenoids constitute an open door to invasion of the body by harmful germs. In cases of mouth-breathing the delicate lining of the pharynx in the region of the adenoids and enlarged tonsils is never normal. The nasal secretion, which is destructive to bacteria, is absent, and thus the invasion of germs is facilitated. There is a close connection between the lymph and blood vessels of the naso-pharynx and the base of the brain, and doubtless many cases of meningitis, especially tuberculous meningitis, would not exist except for the presence of mouth-breathing.

In treatment much can be done by way of prevention. The winter "colds" and "sore throats" with which these children are invariably afflicted may be best warded off by encouraging them to work their lungs to the fullest extent. The cold friction bath daily, and cold washing of the whole body help to regulate the circulation and divert blood from the nasal passages. Showering the neck daily with cold water seems to render the child less susceptible to choking spells. Plenty of fresh air should be secured both night and day.

OPERATION BECOMES NECESSARY.

Direct treatment of the enlarged tonsils or of adenoids by means of astringents to cause them to become smaller is of little avail. Removal is the only remedy which accomplishes permanent good in the great majority of cases. It is better that the operation should be done in the spring or early summer so that the delicate lining of the nose may regain its normal condition during the warm summer months, but it may be done at any time except during attacks of acute catarrh. The operation is slight and can be done in a minute or so. The recurrences are very rare when the operation is properly done.

Oxygen deprivation means deficient vitality and lowered bodily resistance. Every parent should realize how vital it is to use lungs to the full capacity. When, by a considerable physical defect, the child's lungs are crippled, the wise father or mother will lose no time in securing a physician. — Good Health.

DARING HIGHWAY ROBBERY.

Grand Falls Merchant Held Up and Relieved of \$722.

GRAND FALLS, N.B., May 3.—A daring highway robbery was perpetrated here shortly before midnight on Sunday, which resulted in Joseph Chamberline, a store keeper here, being robbed of \$722. He was attacked by two men, unknown, near the Grand Falls bridge, and while one of his assailants choked him the other rifled his pockets. They then made off and have so far escaped capture.

The authorities are looking for two suspicious characters seen at Aroostook this morning, and at Perth later in the day.

Mr. Chamberline, the victim of the outrage, speaking to the Telegraph correspondent this evening, said he was returned home between 11 and 12 o'clock Sunday night, after spending an evening with friends in Grand Falls, and when not far from the end of the bridge was seized by two men.

One put his hand over his mouth and nearly choking him threw him to the ground, while the other went through his pockets. He had \$722 on him at the time, which was an unusually large sum of money for him to carry. They took this and then made off. He called loudly for help, but it was minutes before he attracted the attention of a policeman.

Mr. Chamberline claims he could identify the men. They were both tall, he says, and wore slouch hats and black shirts. They were clean shaven.

Two men who came up from St.

John on Saturday and were enquiring about Grand Falls on the train, are under suspicion. They were seen at Aroostook this morning before any trains arrived, and from their appearance excited some suspicion. Later they turned up at Perth. Search was made for them in Andover and Perth late tonight, but they could not be traced. If found they will probably be held on suspicion until they can give a satisfactory account of themselves. They are reported to have been well dressed, and when last seen had a valise with them. A theory is that if they committed the robbery they were in disguise.

Two well known St. John men, who are here, are suspected of the robbery.

PREVENT TAKING COLD.

Often you come home, cold and shivering—feet are wet, throat is raw, chest a little sore. A bad cold is just beginning. Put a Nerviline Porous Plaster on your chest, rub your throat with Nerviline, and take a stiff dose of Nerviline in hot water. This prevents a chill, and checks the cold instantly. No remedies so useful in the home, so sure to prevent serious illness as Nerviline and Nerviline Plasters. Sold by all dealers, 25c. each, but be sure you get the brand with Nerviline, and take a genuine, and re-use any substitute.

CORN AND OATS

Now in Stock. A large quantity of American Corn and Manitoba Oats for sale at lowest prices. Also Ontario Middlings, Bran, Corn and Oats, Etc.

Old Mines Sydney Coal, Scotch Anthracite.

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