HON. G. A. MURCHIE IS BEATEN FOR CONGRESS

Calais Man Beaten by Hon. Frank A. Guernsey for Republican Nomination in Fourth Maine District.

Bangor, Me., Aug. 6.—Hon. Frank A. Guernsey, of Dover, was the nominee for representative to Congress of the Republicans of the fourth Maine district in a special convention held here today, made necessary by the withdrawal of the regular nominee, Hon. Llewellyn Powers, since deceased. The feature of the convention was the presentation of five candidates, Hon. George A. Murchie, of Calais, from Washington county; Hon. Frank A. Guernsey, of Dover, from Piscataquis county; Dr. D. A. Robinson and Col. I. K. Stetson, of Bangor and Col. Stanley Plummer, of Dexter, from Penobscot county.

Col. J. B. Peaks, of Dover, presided and all of the 382 delegates entitled to seats presented credentials. On the first ballot, Mr. Murchie was well in the lead with 162 votes, representing a solid delegation from his own county and a portion of Aroostook, which had no candidate. Mr. Guernsey had 82, Col. Stetson 56, Dr. Robinson 51, Col. Plummer 24 and five were cast for Hon. F. Marion Simpson, of Bangor, who was not placed in nomination. On the second ballot, Murchie made a slight gain to 165, portion of the Penobscot delegates went to Mr. Guernsey, giving him 103, Stetson had 49, Robinson 10 and Plummer and Simpson 11 each. The third and fourth ballots showed steady gains for Guernsey, and Murchie more than held his own, gaining ten from the first ballot.

On the fourth ballot Mr. Guernsey showed in the lead with 176 to 172 for Mr. Murchie and 30 scattering.

The end came on the fifth ballot when the Penobscot candidates withdrew from the field, throwing their support largely to Mr. Guernsey, who was barely the choice on the fifth and final ballot which stood: Guernsey, 190; Murchie, 184.

GREAT POSSIBILITIES FOR BUSINESS IN CUBA

J. D. O'Connell of Sussex Talks of Opportunities in the "Pearl of the Antilles."

J. D. O'Connell, now of Camaguey, Cuba, formerly of Sussex, was at the Dufferin yesterday and left for Sussex on the 5 o'clock train last night. He says that business is generally good in Cuba, although there is an unsettled feeling in the island. This arises from doubts as to what the United States really means to do for the Cubans. The negro population, which includes one third of the whole, would, he thinks, welcome a return of Spanish rule, although the other two thirds recognize that the only salvation for Cuba lies in the continuance of American sway. The feeling on the part of the negroes comes from the treatment which the colored race receives in the southern states.

Mr. O'Connell was asked about the new St. John-Boston-Havana steamship service. In reply he said that he had heard but little about it. There was no question, however, of the great possibilities of trade between the Maritime provinces and Cuba. In produce, prices were excessively high in Cuba. Potatoes retailed for from $4 to $6 a barrel, while for eggs one is asked to pay as high as from 40 to 70 cents a dozen. For the butter he used last winter, Mr. O'Connell added, he paid at the rate of seventy cents a pound. Pork was also excessively high and retailed as high as from fifteen to twenty cents a pound by the carcass.

The native peons of the island, he said, do not eat much meat, but the sole reason is its price. They would eat a great deal more if it was within the reach of their means. Beef was cheaper now in Cuba than it was formerly and soon it would be within the reach of the peon.

Mr. O'Connell said they did not eat wheaten bread. Instead of that they bought biscuits at from ten to fifteen cents a pound. The staple of their living was the plantain, a kind of banana. This is larger and coarser than the banana known to commerce and has to be cooked. Mr. O'Connell says that when fried in lard it readily commends itself to the palate of Europeans and Americans.

There are many Maritime province people in Cuba. In the city where Mr. O'Connell lives, there lives Fred Dever, formerly of Fredericton, now manager of the Royal Bank of Canada, and Fritz Schaeffer, formerly of this city, in connection with the same bank.

"BOBS" GOES TO QUEBEC

Distinguished General Left For Ottawa Last Night---Will Sail For England Today.

Ottawa, Aug. 6.—Lord Roberts left Ottawa tonight en-route to Quebec, from which part he sails tomorrow by the Empress of Britain. He was given a right royal send off and thousands of people turned out to cheer him. Though he has been four days in the city, there was no public function and tonight for the first time the general public had an opportunity to see the distinguished soldier. From government house his motor car came up Sussex street and took a circuitous route by way of Rideau, Wellington, Bank and Sparks streets, to the Central Depot.

Along the way people lined the streets and cheered themselves hoarse.

There was no military display or ceremonial, but the guards band played at the station. Sir Wilfrid Laurier, Sir John Hanbury-Williams and Mayor Scott were at the depot to see him off, and Lord Roberts was kept busy doffing his hat and bowing his acknowledgements. He left at 7.30 traveling by a Canadian Pacific special, in D. McNichol's car, the Metapedia. He shows no signs of physical indisposition.

Col. Sir John Hanbury-Williams tonight received the following message from Rimouski:

Canadian Olympic team returning home, sends greetings. All well and glad to see our native land. (signed) B. H. Crocker.

Secretary Wetmore, of the S. P. C. A., said last night that the matter of the moose which died of exhaustion in the old burying ground is still under his consideration. So far he has not been able to find out anything on which to base action.

Mrs. O. D. Hanson, president of the Fairville W. C. T. U., said last night that that body will not proceed further with the charges against the Fairville policeman unless more definite information is forthcoming.

REV. F. S. HARTLEY FIGURES IN RESCUE

Clergyman Formerly Stationed in New Brunswick Saves Man From Drowning at Old Orchard.

Old Orchard, Me., Aug. 6.—Rev. Herbert A. Barker, pastor of the Boylston Congregational church, of Jamaica Plain, figured here today in the rescue from drowning of Professor Hugh R. Hatch, of Colby College. Professor Hatch was bathing in the surf at Ocean Park, when he was seized with cramps. Scores of other bathers and hundreds of people on the beach heard his shouts for help, but Rev. F. S. Hartley, of South Portland, who is superintendent of the Free Baptist camp ground at Ocean Park, was the first to go to the stricken man's assistance.

Professor Hatch was well out beyond the line of breakers, and as the surf was running very high, the task of reaching him was no easy one. When the clergyman reached Mr. Hatch, he was himself nearly exhausted and he found it impossible to return to the shore. He stood pluckily by Mr. Hatch, however, and signalled to the shore for assistance.

Rev. Mr. Barker was not bathing at the time, but he threw off his coat and shoes and plunged in. Mr. Barker is a strong swimmer and after forcing his way through the breakers, he was soon able to assist his brother clergyman in bringing the professor ashore. The latter was unconscious and it required an hour's vigorous work to resuscitate him. Tonight he was reported as resting comfortably, though both he and Rev. Mr. Hartley were still very weak from their struggles.

Rev. F. S. Hartley referred to above, is a son of late Rev. Dr. Hartley, so many years pastor of the Free Baptist church, Carleton, and for a long time a well-known clergyman in New Brunswick.

THE INGLENOOK

PHILOSOPHER OF KENNEBACCASIS BAY

"I console myself with believing," said George William Curtis, "that a man need not be a vagabond to enjoy the sweetest charm of travel."

He need not open the door of his cabin in the wilderness to entertain a throng of friends, to listen to the most entrancing music or the wittiest speeches that ever fell upon his ears, and without the expenditure of a dollar he can hang upon his smoky and mouldy walls the most exquisite pictures that it has ever been his good fortune to look upon. I am apt to indulge in an inward smile when one says in my hearing that he "forgets." One does not forget, except for convenience, anything that has come under his observation in which he was really interested. Men who travel through life with their eyes and ears closed—that is, unobservantly—know little of their surroundings, and so, they cannot be said to forget what others have seen and heard while in their company. The author of the "Potiphar Papers" tells how once as he was rambling on the shores of Staten Island in a dense mist that rendered all objects afloat and ashore quite indistinct, he thought he saw a strange ship, such as we see pictured in histories of ancient naval architecture, approaching the land. Suddenly, he says, a glance like the fullness of summer splendor gushed over me: the odor of flowers and of eastern gums filled all the atmosphere. I breathed the Orient and lay drunk with balm, while that strange ship, a golden galley now, with glittering draperies festooned with flowers, paced to the measured beat of oars along the calm, and Cleopatra smiled alluringly from the great pageant's heart. When the mist lifted it was discovered that all that had been seen was the skeleton of a coasting schooner falling into pieces on the beach. Mr. Curtis is right: one need not be a vagabond to enjoy the sweetest charm of travel. He can circumnavigate the world without leaving his easy chair, and at what a saving of discomfort and expense! Under one's own vine and fig tree one can talk with the old tentmaker of Naishapur, wander through Ancient Rome and Athens or modern London and Paris, if he will. As I sit under the apple trees at twilight little Fred comes and seats herself beside me, invisible to others, and tells me of her dreams. Little Ellen comes, too, and though they say it is near fifty years since we last bade each other good-bye, her cheek is as rosy and her hair as full of sunshine and her voice as sweet, as they were in the old days. The absent and the dead never grow old. Their's is the youth that never fades—it is immortal, we fancy, though time elbows us continually and sets snares for our feet wherever we go. When little Ellen comes to me in my musings there come with her the odor of orange groves and all the fruits and flowers of the tropics, the cool breezes from the Pacific and the mountains whose summits are always covered with snow. I sometimes return little Ellen's visits, but I am no vagabond. I am never missed, and no one but little Ellen ever sees me in her far-off home. Dreams, dreams.

Whitehead, Aug. 4, 1908.

APPOINTMENTS TO MT. ALLISON STAFF

Sackville, N. B., Aug. 6.—Vacancies on the staff of the Mount Allison Academy and Commercial College have been filled by the appointments of H. L. C. Wade, of Brighton (Ont.); H. B. Trerice, of Leicester (N. S.), and Miss Agnes L. Fisher, of Burlington (N. S.), respectively. Wade will take the place of F. H. M. Holmes as head of the commercial department. Trerice will succeed W. R. Shanklin, of St. Martins, while Miss Fisher will succeed Miss Katherine Fawcett, of Middle Sackville, as teacher of short hand and typewriting.

Wade comes to the Academy very highly recommended. He is a graduate of the Ontario Business College in which institution he has also served for some time as a teacher and is a certificated teacher in Ontario. Wade has had considerable experience in office work in the United States and the Dominion, and thus comes to the Academy with exceptional qualifications for the position he is to take.

Trerice is a holder of teacher's license for Nova Scotia and comes warmly recommended.

Miss Fisher is a daughter of Rev. J. M. Fisher, of Burlington (N. S.), and is a graduate of the business department of the Mount Allison Commercial College, as well as of the shorthand and typewriting department of the same institution.

Piles are easily and quickly checked with Dr. Shoop's Magic Ointment. To prove it I will mail a small trial box as a convincing test. Simply address Dr. Shoop, Racine, Wis. I surely would not send it free unless I was certain that Dr. Shoop's Magic Ointment would stand the test. Remember it is made expressly and alone for swollen, painful, bleeding or itching piles, either external or internal. Large jar 50c. Sold by All Druggists.

PESTILENCE NOW THREATENED IN CRANBROOK AND FERNIE, B. C.

Entire Lack of Sufficient Sanitation in Both Places and Close Herding of Refugees Will, It is Feared, Breed Disease---Smallpox in Fernie.



VICTORIA AVE. FERNIE! B. C.

Fernie, B. C., Aug. 6.—Asked for a statement of fire losses, President Lindsey, of the Crow's Nest Pass Coal Company gave out the following statement today:—

"Fire Area:—Valley of Elk River coal mining district in Kootenay, B. C., is approximately thirty miles long and two to ten miles broad.

"In this area are situated the city of Fernie and towns of Hosmer and Michel, all mining camps. There is a large mining plant at Coal Creek, near Fernie, whence comes the largest output of coal. Although the fire has been within two miles of Coal Creek, the town may be said to be safe, and although the fire is all around Michel, there is no grave apprehension as to it.

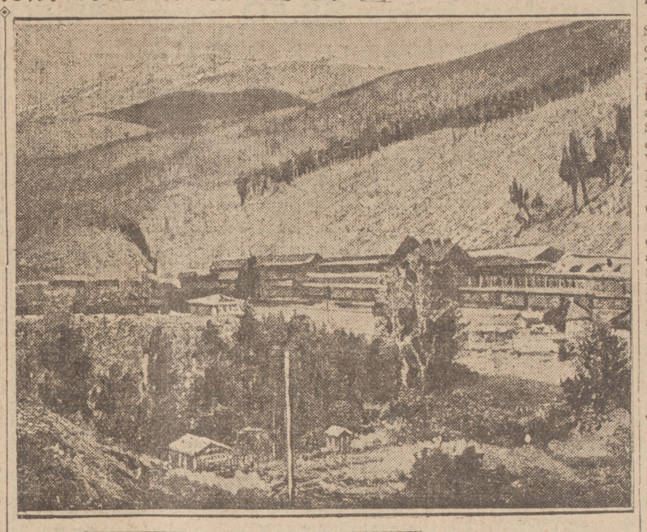
"Hosmer has escaped with little loss on its mining side, but Fernie has been completely obliterated, only twenty-three houses and three business houses being left. On both banks of the Elk River are a large number of saw mills, all of which, with one exception, have been swept out of existence and probably a large number of men have lost their lives in the woods. The bodies recovered so far number sixteen, and there will be more, but in the woods only.

"The loss of the Crow's Nest Pass Company, owning mines at Coal Creek, Fernie and Michel, will be $200,000; the C. P. R. will lose $200,000; Great Northern Railway will lose about $250,000, and the lumber companies not less than $1,000,000. The loss of timber to the Crow's Nest Pass Coal Company will be not less than $1,000,000.

"The loss to the city of Fernie will be not less than $2,000,000. There is no rain in sight, and the fire continues slowly up the mountainside, but nothing but a very high wind would do much damage, as the valley along its lower portions is swept clean of everything combustible. Relief in the form of money, supplies, and bedding has come in with great freedom, and everyone is now under canvas at Fernie.

"There are about 3,000 women and children at Cranbrook to the west of Fernie and about 1,500 at Lethbridge, to the east, but they are being slowly brought back to Fernie, where tent accommodation can be provided for them."

Pestilence is now feared in Fernie and Cranbrook for there is entire lack of sufficient sanitation in both places, especially in Cranbrook is the situation very serious, for the two thousand women and children refugees are crowded very closely and the weather is exceedingly hot.



GENERAL VIEW OF MICHEL

Two new cases of smallpox developed in Fernie last night. The greatest care is being taken to isolate them. Passengers on all trains coming into Fernie are warned not to get off but every train brings some people who wish to see the ruins.

Mechanics are not wanted, for there will be nothing to do for weeks until the insurance is adjusted.

Very little looting is going on for there is hardly anything to loot, but several men have been caught rifling trunks. These men were immediately stripped, lashed on their bare backs and compelled to leave town. Women are carefully guarded, and lynching would follow any attempt to molest them.

The first funerals were held yesterday, when several unidentified bodies were placed in one grave. The remains of another victim were found at the outskirts of the town yesterday. The bones fell apart but were gathered in a bundle and carried to the cemetery.

Ottawa, Aug. 6.—(Special.)—The following message has been received at Government House:

"His Majesty the King has learnt with deep regret of the devastation and loss of life caused by fire in British Columbia. I am commanded to express his majesty's heartfelt sympathy with the bereaved and the homeless and earnest hope that the danger is now past.

(signed) "CREWE."

The governor-general of Australia wired:

Sydney, N.S.W., Aug. 5.—Lord Grey:

On behalf of the people of Australia I desire to offer the deepest sympathy with the bereaved and sufferers from disastrous forest fires.

(signed) "NORTHCOTE."

NEW PROFESSOR FOR ACADIA UNIVERSITY

Professor Wilbur A. Coit, of Burlington (Vt.), has been appointed professor of mathematics at Acadia University, Wolfville, and will begin work at the opening of that institution on September 30. Professor Coit is the son of the head professor of mathematics in Boston University. He graduated from that institution with high honors in mathematics, and afterwards took his M. A. degree at Harvard, specializing in the same subject.

For seven years he has been assistant professor of mathematics in the University of Vermont, Burlington, making an excellent record as a successful instructor. He comes to his new work highly recommended not only as a teacher but as a very high type of Christian gentleman. He succeeds Professor R. C. Archibald, Ph. D., who has accepted a position in Brown University.

G. T. P. STRIKERS DEMAND RELEASE OF THEIR FRIENDS

Moncton, N.B., Aug. 6.—This evening, just after the night police had been sent out on the beats, fifty foreigners, recently employed on the Grand Trunk Pacific, marched to the police station in a body and demanded the release of thre prisoners, Walsh, Lawlett and Carich, who are to be transferred to Dorchester to await trial at the session of the supreme court in September. Officer Boudreau was in charge of the police station and naturally declined to release the prisoners and succeeded in having the foreigners take their departure.

Frank Williams, the alleged fire bug, was this morning brought before Magistrate Kay and after several witnesses were examined, was sent up for trial.

HANLEY CONVICTED IN SCOTT ACT CASE

Sussex Justice Fines St. John Man $50 or Two Months Jail.

Sussex, N.B., Aug. 6.—Quite a number visited the police court this afternoon to hear argument re Scott Act cases. There were three cases before the court which took up all the afternoon. Only one case was disposed of, that of James Hanley, who was convicted and fined $50 and costs or two months in jail. As he did not have the cash, he was taken to Hampton jail. It is said that he will have the money in a few days and will pay the fine.

Harry McKinnon was put on his defence and asked for time to prepare his case. He was remanded to Hampton jail until Tuesday next at 10 o'clock, when his case will be heard.

The case of Mr. Doherty, which has been before the court several times, was reserved until Tuesday next for judgment. This case is somewhat complicated and the judge wants a little time for consideration. J. M. McIntyre appeared for the defence and F. A. McCully, of Moncton, for the Scott Act people.

Word was received here this evening that Georgie Heustis, daughter of Mr. and Mrs. Murray Heustis, who are now at their summer cottage at the Washademoak Lake, fell and broke her right arm. The break is reported to be a very bad one.

If one feels dull and spiritless, in the spring or early summer, they call it "Spring Fever." But there is no fever—usually. It is the after effect of our winter habits. The nerves are mostly at fault. Tired, worn-out nerves leave us languid, lifeless, and without spirit or ambition. A few doses of Dr. Shoop's Restorative will absolutely and quickly change all of these depressing symptoms. The Restorative of course won't bring you back to full health in a day or two, but it will do enough in 48 hours to satisfy you that the remedy is reaching that "tired spot." Druggists everywhere are advising it use as a splendid and prompt general tonic. It gives more vim and more spirit to the spoonful than any other known nerve or constitutional tonic. It sharpens a failing appetite, aids digestion, frees sluggish livers and kidneys, and brings new life, strength and ambition. Test it a few days and be convinced. Sold by All Druggists.

The West India steamship Dahome, sailed from Bermuda last Wednesday direct for this port and is due here Saturday.

The steamer Govovale, Captain Hood, was to sail from Hopewell Cape yesterday for Brow Head, for orders, deal laden.

The Times Daily Puzzle Picture



Wenda.
(From J. M. Barrie's Peter Pan.)
Find Mitchell.

ANSWER TO YESTERDAY'S PUZZLE

Upside down, in curtain.

SUPREME LODGE FINISHES ITS BUSINESS

Henry P. Brown of Texas Chosen Supreme Chancellor of the Knights of Pythias Without a Contest.

Boston, Mass., Aug. 6.—With the election of their officers today, the supreme lodge of the Knights of Pythias closes the most important business session of their 25th convention, which opened in this city Monday. The Pythian Sisters also elected officers and exemplified the secret work of the order. The uniform rank devoted such of the days as was free from rain to competitive drills on Franklin Field, for the $10,000 cash prizes offered.

Henry P. Brown, of Cleburne, Texas, was elected supreme chancellor, without contest, he having served as vice-chancellor the past year. There was a spirited contest for vice-chancellor, however, in which two men from the east and two from the west, contested. After five ballots George W. Hanson, of Calais, Maine, was elected.

There was but one other important contest which was for the members of the board of insurance control. The fight was between a faction standing for strict retrenchment and those satisfied with the present conditions. The retrenchment faction won out after four ballots and elected their two candidates. The result of the elections, in addition to the officers named, was as follows.—

Supreme Prelate, Rev. Dewitt C. Cobb, Salem, N. J.; Supreme Keeper of Records and Seal, R. L. C. White, Nashville, Tenn. (re-elected); Supreme Master of Exchequer, Thomas D. Meares, Wilmington, N. C. (re-elected); Supreme Master at Arms, Samuel H. Davis, Davis, Okla.; Supreme Inner Guard, E. Allison Powers, Quebec, Que.; Supreme Outer Guard, William D. Cameron, Meridian, Miss.; Board of Insurance Control (for 6 years), U. S. G. Cherry, Sioux Falls, S. D., and C. S. Davis, Denver, Col.

The uniform rank assembly, consisting of twenty-six brigadier generals, formally appointed Major General Arthur J. Strobbart, of St. Paul, Minn., to succeed himself in command of the uniform rank. The appointment will come up before the supreme lodge tomorrow for ratification.

Tomorrow there will be further competitive drill work, the exemplification of secret degree work and the consideration of further business by the supreme lodge.

WILL BE WELL LOOKED AFTER IN HALIFAX

Board of Trade There Has Good Plan of Entertainment for the Maritime Board Delegates.

A good programme of entertainment for the delegates to the Maritime Board of Trade annual meeting in Halifax, on Aug. 19, 20 and 21, has been arranged by the Halifax board as follows:—

Wednesday, August 19.

9.30 a. m.—Delegates will please register with secretary at Halifax Board of Trade rooms giving number of ladies accompanying each, and their address while in Halifax.

10.30 a. m.—Exercises in connection with the 150th Anniversary of Representative Government, in Provincial Building.

2.30 p. m.—Opening session of Maritime Board of Trade.

3.00 p. m.—Ladies will be tendered a barouche drive around the city, park, &c., and 5 o'clock tea at the Waegwoltic Club House, North-West Arm.

8.00 p. m.—Invitations will be issued to attend the band concert in the public gardens.

Thursday, August 20.

10 a. m.—Session of Maritime Board of Trade.

2.30 p. m.—Session of Martime Board of Trade. The ladies are invited to spend the afternoon at the Waegwoltic Club grounds, North West Arm.

8.30 p. m.—Delegates and ladies will be the guests of the Waegwoltic, North West Arm Rowing Club, and Halifax Amateur Boating Clubs, to witness the illuminations on the North West Arm, decorative boat parade, etc., from their respective boat houses.

Friday, August 21.

10 a. m.—Closing session of the Maritime Board of Trade.

2.30 p. m.—Excursion on the harbor, Bedford Basin, North West Arm and Eastern Passage.

Through the kindness of the Nova Scotia Telephone Company, delegates in Halifax may telephone their homes anywhere their lines extend, in Halifax, free of cost, at certain hours during the day.

In life our enemies are often our best friends.

FILLING PLACES OF STRIKERS ON C. P. R.

One Thousand Men Applied for Jobs at the Angus Shops Yesterday and 250 Were Hired.

Montreal, Aug. 6.—The feature of the C. P. R. strike today is that at the Angus shops there were at least 1,000 men applying for jobs, and of this number the C. P. R. had engaged about 250 by noon.

The car shop at the Angus shops was working full strength with about 150 men.

There has been no disturbance. There are pickets at every gate trying to persuade men from working, but they do nothing more. There are ninety-one special constables around the works.

Two of the strikers made startling statements today. One was a machinist and the other a blacksmith. They say that while there were sixty locomotives in the shops ready for the western grain, the essential parts of them had been "mislaid" and when the company comes to move them they will find that they are unfit for service.

W. L. MacKenzie King, deputy minister of labor, has offered his services to both parties in the interests of peace.

The telegraphers are holding a secret session and may join in the strike.

From Winnipeg comes the report that the company claims to have 300 to 400 men at work. Trains are behind time.

Fear is entertained for the prompt removal of crops if the strike lasts. Business men are out of sympathy with the strike because the men failed to accept the arbitration award.

Vancouver, B. C., Aug. 6.—(Special.)—Wm. Whyte, second vice-president of the C.P.R., discussed the strike question today. He said: it is not our place to talk or act in the matter. When the conciliation committee made its ruling I telegraphed Ottawa from Winnipeg and told them the findings were not, from our point of view, a satisfactory settlement of the company's claims, but in order to carry out the spirit of the conciliation act we would agree to them. We did not precipitate the present situation and we are saying nothing about it."

ROMANTIC CULMINATION IN A WEDDING HERE

A romance which began two years ago in Palestine, had its culmination in St. John yesterday, when Miss Almeda Burchill, of Hibernia, Queens county, was wedded to Dr. Norman K. Janal, of New York, a native of the Holy Land.

Two years ago Miss Burchill was one of the delegates to the Sunday school conference which included a visit to Palestine. While in Jerusalem she met Dr. Janal, who has adopted the Christian faith, and the acquaintance thus formed ended in the marriage which took place yesterday at the residence of Mrs. Mary Mowry, 217 Newman street, who is an aunt of the bride.

Dr. Janal is a doctor of medicine, and has recently been residing in New York. On leaving Palestine he brought with him a letter of introduction from Bishop Blyth, of Jerusalem, which speaks of him in the highest terms.

Dr. and Mrs. Janal will leave this morning for Hardwick, near Chatham, where they will spend a few days, and will then visit Hibernia, Queens county, the bride's home. Their future plans are not yet decided.

The street car on the Blue Rock line, Carleton, was put out of commission in Winslow street yesterday afternoon by the breaking of the trolley pole. The car was towed to the shed for repairs.

The City Cornet Band postponed until Saturday afternoon the concert to open the band stand in King square.

Heart Strength

Heart Strength, or Heart Weakness, means Nerve Strength, or Nerve Weakness—nothing more. Positively, not one weak heart in a hundred is, in itself, actually diseased. It is almost always a hidden tiny little nerve that really is all at fault. This obscure nerve—the Cardiac, or Heart Nerve—simply needs, and must have, more power, more stability, more controlling, more governing strength. Without that the Heart must continue to fail, and the stomach and kidneys also have these same controlling nerves.

This clearly explains why, as a medicine, Dr. Shoop's Restorative has in the past done so much for weak and ailing Hearts. Dr. Shoop first sought the cause of all this painful, palpitating, suffocating heart distress. Dr. Shoop's Restorative—this popular prescription—is alone directed to these weak and wasting nerve centers. It builds, it strengthens; it offers real, genuine heart help.

If you would have strong Hearts, strong digestion, strengthen these nerves — re-establish them as needed, with

Dr. Shoop's Restorative

SOLD BY ALL DRUGGISTS.

An important fact that every one should know is that

COWAN'S

PERFECTION

COCOA

(Maple Leaf Label)

is an absolutely pure Cocoa of the finest quality. It is healthful and nutritious for old and young.

THE COWAN CO., Limited, TORONTO

This is the wife who knows full well
For aching head or bilious spell,
Whenever the stomach seems at fault
There's nothing so good as Abbey's Salt.



Abbey's Effer-vescent Salt

"The Tonic Laxative for the Family."