

In The World of RECREATION

CANADIANS WON OVER INVERNESS

Playing First Match on Open Ice They Were Victorious by 105 to 80—Will Go to Switzerland.

Inverness, Feb. 12.—The Canadian curlers played their first match on open ice since their arrival in Scotland today, defeating on six rills the Inverness team by a score of 105 to 80. The Canadian curlers have accepted an invitation to compete in an international curling bonspiel at Vilars, Switzerland, Feb. 22.

WITH THE BOWLERS

Results in Inter-Society and Commercial Leagues

St. John the Baptist bowling team captured four points from the Knights of Columbus in last night's match with the league leaders and thereby reduced the lead of the knights to three points. The game was a close one, the Baptist team rolled an excellent game. The scores were:

St. John the Baptist.			
Harris,	78	78	230
Crowley,	88	88	259
Booby,	81	81	271
Roberts,	79	79	264
Murphy,	80	80	287
Total,			
419 428 426 1261			

Knights of Columbus.			
Murphy,	87	79	239
Deady,	70	68	214
McKinnon,	83	80	253
Wilson,	81	78	259
Bolger,	96	82	362
Total,			
403 371 352 1156			

The Dunlop Tire Co. team proved too strong for the St. John's team in the Commercial Bowling League series on Black's alley last evening, winning three out of four points. The game was close and exciting all through, there being only a difference of three pins on the second string and only eleven pins in the total pinfall. Following is the score:

Dunlop Tire Co.—No. 2.			
Cowan,	102	85	101
Terry,	81	81	271
Howard,	83	80	259
Cunn,	98	86	271
Colman,	84	75	259
Total,			
448 402 406 1256			

St. Hayward Co.—No. 10.			
Law,	99	80	92
Colwell,	71	63	88
Barth,	81	78	259
Brown,	89	77	259
Sullivan,	95	87	281
Total,			
431 399 414 1244			

ROLLER RECORD BROKEN

Pittsburg, Mo., Feb. 12.—Clarence Hamilton, of Boston, Mass., tonight broke the world's record in a three mile roller skating contest, preliminary to the final race in the world's professional championship race tomorrow night. His time was 8:44. 25.

LAMY WON AGAIN

Newburgh, N. Y., Feb. 12.—The Eastern skating championships were held this afternoon on Orange Lake, near Newburgh, and about forty of the best skaters of the eastern states and Canada competed. The races were run off under the auspices of the Newburgh Wheelmen on a quarter of a mile track. The ice was in perfect condition and the weather so pleasant that several thousand people saw the races. Summary: Quarter mile championship—Edmund Lamy, Saratoga Lake, 1st; D. B. Bush, Edinboro, Pa.; W. Stephen, Saratoga, 2nd; time, 49.5. Half mile championship, first heat—Edmund Lamy, Saratoga Lake, 1st; time, 1:28.5. Second heat—Wanderer Skating Club, 2nd; Joseph Miller, N. Y., 3rd; time, 1:28.5. The novice race was won by Fred Wheeler, Orange (N. Y.), in 2:19.5; C. E. Marsters, Albany, 2nd; T. A. Tracy, Clifton (N. Y.), 3rd. The final heat of the one mile championship, Lamy beat out Bush in a desperate finish, in which the champion out-sprinted Bush. Joseph Miller, N. Y., A. C., was third; time, 5:11. Five mile handicap, E. Lamy, Saratoga, first; A. E. McGraw, Verona, second; William Taylor, New York A. C., third; time, 16:46. Lamy was on scratch and McGraw and Taylor each had 40 seconds handicap.

F. E. B.

We heard a man say the other morning that the abbreviation for February—Feb.—means freeze everybody, and that man looked frozen in his utterance. It was apparent that he needed the kind of warmth that stays the warmth that reaches from head to foot, all over the body. We could have told him from personal knowledge that Hood's Sarsaparilla gives permanent warmth, invigorates the blood and speeds it along through artery and vein, and really fits men and women, boys and girls, to enjoy cold weather and resist the attacks of disease. It gives the right kind of warmth, stimulates and strengthens at the same time, and all its benefits are lasting. There may be a suggestion in this for you.

Thursday was college night in New York, when Jim McSherry, Yale's old boxing instructor and later with Cornell made his first professional appearance in the ring with Sailor Burke as an opponent.

The National baseball commission has signed the St. Louis National league club \$25 for selling Player Harry Weller, an ineligible player, to the St. Paul club of the American Association.

Larry Doyle, the New York "Giants" second baseman, wants a salary of \$4,000 on account of that 208 batting average of last year and refuses to sign the contract presented by McGraw.

Baseball truly has its ups and downs. The Cleveland manager has just signed Upp, and Detroit has cast Jerry Downs, their utility infielder, adrift.

Does not Color the Hair

Ayer's Hair Vigor is composed of Sassafras, Glycerin, Quinine, Sodium Chloride, Quinquina, Sugar Alcohol, Water, Perfume. Show this to your doctor. Ask him if there is a single injurious ingredient. Ask him if he thinks Ayer's Hair Vigor, as made from this formula, is the best preparation you could use for falling hair, or for dandruff. Let him decide. He knows. J. C. AYER & CO., Lowell, Mass.

SHRUBB THROUGH WITH MARATHONS

Says He Will Never Again Attempt to Cover 26 Miles

Lou Marsh, in the Toronto Star, says:—Pat Powers says that Alfred Shrubb, Tom Longboat, Donato Pietri, and John Hayes will run a four-cornered Marathon in Madison Square Garden March 17. They will not!

Alfred Shrubb will not be there. Will he say so? A. Shrubb:—The game little Briton has run his last Marathon—if you will believe him. I do. I heard him say it. He sat in the roundabout of the Victoria Hotel in New York, Sunday night, a wreck of the dapper, confident little cockney. I do not use this term in derision for I have a wholesome respect for Shrubb—I saw in P. T. Powers' office on Thursday.

His eyes were glazed and sunken, and looked like two burnt holes in a blanket. His cheeks were hollow, and the lines about his mouth were deeply lined. He alternately clasped and undraped his hands, and while the Canadian contingent hovered around him and paid heartfelt tribute to the game little cock, sparrow who so nearly defeated their idolized aborigine, his feet beat a nervous tattoo upon the tiles. He was so broken up that he comprehended but a title of what was said.

"Tom Flanagan and you fellows beat me," he said over and over again. He referred to the way in which the Canadian bunch swarmed over cops and officials and everything to clear the falling Indian on when he was slowly but surely overcoming Shrubb's great lead.

"I've no kick coming," he said. "All I want is a race with him at 15 miles, I'll be ready in two weeks."

He didn't look as if he could get ready in a month.

"Will you run Tom a Marathon outdoors?" I asked him.

"No more Marathons for me," he returned, earnestly. "They are too far."

It shrubb ever runs another Marathon and tries to win it at the expense he did Friday night, he'll have Madison Square Garden in a box.

I think that the cruel struggle of Friday night so strained his heart and sapped his reserves, took so much out of him that he will never again run a good race at fifteen miles. I think it will be six weeks of real training, would claim him up, even at his own distance. I don't think Shrubb can beat 124 for 15 miles. I doubt if he will ever again beat 54 for 10 miles or 26 for 5 miles. Shrubb, as a Marathon was a very much over-estimated runner.

When it comes to a show-down, I fancy Matt Maloney will be the Indian's third opponent in the four-cornered Marathon, if one runs. Johnny Hayes declares out because he says Longboat and Donato being in the same stable would frame it up to beat him.

It is laugh!

Imagine the Indian and the Italian slowing up in the back stretch to frame up a deal on Johnny Hayes.

A LINCOLN DAY MARATHON

New York, N. Y., Feb. 12.—Out of a field of 134 starters, James Clark of the Xavier A. C. of this city, won a Marathon race, which began in the army of the Thirtieth regiment, Brooklyn, and finished there at Coney Island, where the turning point was staged.

The winner, James Clark, of the Irish-American A. C., who won the Yonkers Marathon last Thanksgiving Day, was second, finishing about 500 yards behind the winner and fully half a mile ahead of Harry J. Jensen of the Pastime A. C., who finished third. Clark's time was 2:49, 16.35, and Jensen's was 2:54, 09.

RARE CASE IN HOSPITAL

William DeForest, a boy of twelve years, in the public hospital in a serious condition and the physicians have a rare case to handle. The boy, who resides at 825 Brussels street, was on Lily Lake last evening and while sitting on a bench holding his brother's skates, he slipped and fell, striking his side against the bench and breaking several ribs.

Although severely injured but not knowing where he had fallen, he walked home but when part way he had to give up and his boy friends brought him in on a sled. The ambulance was summoned and he was taken to the hospital.

On examination there it was found that one of the ribs that had been fractured had pierced the lungs and the lungs and brought about what is known among the medical fraternity as emphysema. This means that the air entering the lungs does not follow the natural course but, passing through the punctured lung, it escapes into the body and gets under the skin.

Cases of this kind are not common but the physicians say it is not likely to result fatally in this boy's case.

THE SCORN OF THE GREAT WEST

In the Canadian edition of Collier's, which is taken care of by a Toronto man, it is said: "The battle of the 'w' waxes. Its roar is heard through the length and breadth of Canada." Now what do you think of that? A superintendent of education down in Ontario orders that words of the "lab" class be spelled "labour" in the public schools of that province and forthwith Ontario imagines, because a few people over there get excited about it, that the roar of the storm in its teapots is heard through the length and breadth of Canada. "Go to, Mr. Canadian Collier's! Does the tail wag the dog? Does the great west pause for one moment to think twice about Ontario and its 'w's? Me thinks not, and furthermore we throw not Ontario can spell 'honour,' 'honour,' or 'honour,' or any old way it pleases, it can't make the slightest difference this side the lakes."—Vancouver World.

Garry Herrmann denies the story that he is "quit" baseball after another year. He says he may drop politics, "but baseball, never."

THISTLES HAD A GOOD TRIP

They Won Three Out of Four Matches—Home Today

The Thistle curlers will arrive home this morning after their tour. They were beaten in Saskatoon last evening and this was the only black mark they deflected two clubs in Halifax, defeated Truro and also won in Amherst. The result in Saskatoon was: Thistles,

Handerson,	20	Pickett,	12
McAndrews,	14	Patrick,	19
Malcolm,	15	Murray,	22
Total,			
50 50 50 150			

ST. ANDREW'S LADIES WIN FROM MONCTON

Moncton, N. B., Feb. 12.—(Special.)—The ladies of St. Andrew's ladies curlers played the Moncton ladies here this evening, winning by eleven points in a twelve end game. The score was a tie between Mrs. Holly and Mrs. Gowan, while Mrs. E. A. Smith won from Mrs. Newman by a score of 14 to 3. The score by rills was:

St. John.			
Mrs. Barclay,	10	Mrs. Peck,	10
Mrs. Gordon Thompson,	10	Mrs. Thomson,	10
Mrs. Frank White,	10	Mrs. White,	10
Mrs. Walter Holly,	10	Mrs. Gowan,	10
Total,			
50 50 50 150			

The winning ladies were entertained at the close of the game in the banquet hall of the rink.

JONES CUP PLAY

In the Jones Cup competition in St. Andrew's rink last evening, Skip W. D. Forster defeated H. G. McLeath by two points. The rills were:

R. Ferguson,	10	George Dick,	10
W. B. Brennan,	10	W. A. Braine,	10
A. R. Raine,	10	H. H. Harvey,	10
A. Kimball,	10	W. White,	10
W. D. Forster,	10	H. G. McLeath,	10
Total,			
50 50 50 150			

This evening the St. Andrew's and Thistle juniors will meet.

Wisconsin is to have boxing on the Philadelphia pattern, if a bill introduced in the General Assembly, which passed, will limit boxing to 20 minutes and prohibit championship fights. From all accounts the bill is likely to get through.

POINTS FOR NOVICE SPRINTERS

Points for novice sprinters by Mike Murphy, the famous trainer, coach of Yale, and now of Pennsylvania; trainer of the U. S. 1908 Olympic team.

In explaining the methods by which a sprinter is developed I want to correct at the outset an idea many people have that some particular build or physique is essential. This is a mistake, for during my coaching experience of 25 years I have had charge of most of the best sprinters of this country, and I do not recollect that any two of them ran or looked alike.

On the contrary, our champions at 100 yards and 220 yards, as well as the intermediate distances, have ranged from the short, thick-set men of 5 feet 6 inches to men over 6 feet, and carrying nearly 200 pounds of weight. Of course there is an ideal build which I would prefer in a sprinter, but it is not essential, for the first thing I look for in a candidate.

But there are two things which all champion sprinters have in common. These are tremendous strength in proportion to one's size and the ability to run without kicking up the feet far behind.

In fact, to be a sprinter a man must have the minimum waste of effort. All other things being equal, the man who succeeds the best at this will be the fastest sprinter.

I will group the points to be observed in sprinting under three heads—first, start; second, getting into your stride; third, the last burst.

START IS VERY IMPORTANT

In order to be a good sprinter you must first learn to start well. The importance of this cannot be overestimated. A poor or slow start usually means defeat. You must first learn to get quickly off your mark and get into your natural stride without any waste of effort. I would advise a beginner to get down on one knee. The knee of the back leg should be about even with the inner angle of the forward foot. Then as the race is deep enough, the hands should not be more than six inches in front of the forward foot. As your hands cannot be ahead of the starting mark you will give away distance by having your feet farther back. Some men give even less distance than I have indicated, but six inches will usually be found enough. The main thing is to get well balanced and to be able to leave your mark without the loss of a fraction of a second, and without any wobbling.

When once on your mark be very careful about digging holes for starting. Be sure that the hole is deep enough and strong enough so that you can get a good start without the hole breaking. If at the last moment you find it is not right don't be afraid to call the pistol fire's attention to it and then fix it. After you get on your mark and the pistol fire says "set" you must be ready for the gun at any instant. Be sure to have the body well balanced on the legs, the points of the fingers helping to keep you in position, with most of the weight of the body resting on the front leg, a little forward, so that the first drive of the legs will be forward and upward.

GETTING INTO YOUR STRIDE

When the pistol goes off be sure to get into your stride naturally and quickly. Keep your mind on the gun and don't pay any attention to your opponents. As you start from your mark run straight and true without wobbling. Remember that the straightest course is also the shortest. Don't try for a long or a short stride at

Promoters at Billings, Mont., are anxious to have Tony Gentry, meet Ketchell about St. Patrick's day in a 10-round bout. Caponi is willing to meet Sam Langford at 20 rounds, winner take all, provided Sam will make 125 pounds.

ST. JOSEPH'S AND U. N. B.

College Hockey Teams Will Meet on Monday Night in the Queens Rink.

The following is the line-up for the hockey game in the Queens rink between St. Joseph's and the U. N. B. on Monday night: St. Joseph's. Goal,

U. N. B. Goal,	U. N. B. Goal,
Cormier,	Cormier,
Gaudet,	Gaudet,
Joseph Leblanc,	Joseph Leblanc,
Dussault,	Dussault,
Robidoux,	Robidoux,
Sweeney,	Sweeney,
Doherity,	Doherity,

The game will start at 8:15 o'clock sharp and is expected to prove a very interesting contest.

CANADIANS WIN AND LOSE

Utica, N. Y., Feb. 12.—New York and Boston were defeated by the Canadians in the annual international curling contest for the Gordon trophy here today, but the fine score by Utica saved the day for the United States. The scores were:

United States—New York, 14; Boston, 12; Utica, 32 total, 58.	Canada—Gleason, N. 2, 22; Lachue, 19; Caldwell, N. 4, 4 total, 45.
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The Boston National league team has asked waivers from both the American and the National league on Pitcher Patsy Flaherty, the little left-hander, intending to dispose of him to Kansas City of the American Association. This move leaked out from Carnegie, Pa., the home town of Flaherty, and was later confirmed by President Barney Dreyfuss of the Pittsburgh club.

Alfred De Oro defeated H. B. Lean in second block of the 150-point match for the three-cushion billiard championship at New York on Thursday, 59 to 28. At the end of the second night's play the score stands, De Oro 100, Lean 39.

The Armory Club, of Boston, has succeeded in matching John Willie, the Chicago heavyweight, to meet Al Kuhlak, the Michigan giant, for Feb. 28. They will go 12 rounds.

A bill has been introduced in the Tennessee legislature, which, if passed, will legalize sparring matches. The House is said to favor it.

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MEN! LOOK HERE!

Men With Back Pains, Rheumatism, Nerve Weakness, Indigestion, Constipation, Liver, Kidney or Bladder Troubles

My Electric Belt has restored health and strength to thousands of nervous, debilitated and pain-ridden men and women. You also can be cured if you will grasp the opportunity I offer. Read what the cured say. Electricity, as furnished by my Belts, cures by giving back to the weakened nerves, muscles and organs the vitality they have lost, reducing inflammation, developing the full vigor of health and removing the effects of over-work, exposure to weather and long-continued sickness.

This grand restorer of life carries a strong current direct to the weakened parts, and he is sending out a new wave of new life. It develops and expands all weak organs and checks unnatural drains; no case of failing vigor or debility can resist the powerful Electric Suspensory. I have cured thousands of weak, impotent men, and I can cure you, if you will write me. You are a broken man as a result of living a reckless, fast life; your errors of youth and dissipation in manhood have drained the vital forces from your body. Before you are forty life will have lost all its pleasures for you unless you stop this drain now. It is a grand method, and every man who has ever used it is praising it.



Dr. McLaughlin's Electric Belt

With suspensory for weak men has brought strength, ambition and happiness to thousands of weak men in the past year. I will not promise to make atherosclerosis of the man who was never intended by nature to be strong and sturdy. Even that man I can make better than he is, but the man who has been strong and lost his strength I can make as good as he ever was. I can give back to any man what he has lost by the abuse of the laws of nature.

Back and Bladder Trouble

Newport, N. S., Oct. 12, 1908. Dear Sir:—Your Belt has done wonders for me. I have not suffered with my back or bladder for two years. Your Belt is all right and does its work as represented. Yours respectfully, J. M. GREENO.

Black River, N. S., March 23, 1908. Dear Sir:—It is with the greatest pleasure that I write to you to let you know what your Belt has done for me. I have never "read" anything like this for my trouble. The greatest thing that seems to me is that you have sent me a "Why, you can get about better now and you have no more asthma." Then I say that I took medicine for 15 years, but Dr. McLaughlin's Electric Belt cured me in less than 6 months. Now, Dr., I want to thank you from the depth of my heart for what you have done for me. Whenever I get an opportunity to recommend your Belt, I will do so. Wishing you every success, I remain, yours sincerely, A. E. SEITZ.

Pains in Back and Chest

Dear Sir:—I am well pleased with the Belt I bought from you. I am very well at present. I have been working hard every day. Thanking you for the wonderful cure, I remain, Yours truly, JAMES HATT.

Box 214, Stellarton, N. S., March 30, 1908. Dear Sir:—I take pleasure in sending you my report about the Electric Belt I received some time ago. I have spent a lot of money in medicine of different kinds and will say that the Belt has done me a good deal more good than all the drugs and medicines I threw my money away for. I am thankful to say that I have the right treatment at last. I can see a great difference in my system. I can sleep better, eat better and