

The Grand Falls Gazette

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THURSDAY, JULY 21, 1932

MIGRATION TO AVOID FURTHER WASTE

Commissioner David Lamb, writing in the Empire Review, declares that with the revival of migration would come a revival in trade. He believes that it would be of enormous benefit to trade as well as to thousands of individuals if some of the millions of pounds spent on relief in the Old Country were diverted to assisting able-bodied men and women to locate on the land in various British territories.

"A revival in trade may cause a revival in migration; it is certain that a revival in migration would cause a revival in trade," he says. "I know there are overseas Cabinet Ministers, whose voices and influence will be felt at Ottawa, who object to any added rural population within their territories since they believe, rightly or wrongly, that the result of such a policy would be to intensify the problems of the farmers already settled there."

"I have one question. It is this: As the Homeland alone has, during the past decade, expended in the relief of able-bodied men and women over one thousand million pounds for which there has been no material gain, but much moral and spiritual loss, is it too much to ask that we might contemplate, during the coming decade, the expenditure of a like sum on some constructive and productive adventures in developing and strengthening our Mighty Heritage," says Commissioner Lamb.

MORE LIFE. MORE

BLOOD PRESSURE

Do you know that approximately one in five adults has high blood pressure, and that the number is increasing because the average expectancy of life is increasing? Any study which affords information respecting the vital life-stream, the blood, is interesting to all, so we offer the following facts, given by a medical man in "Hygeia."

The heart beats on an average seventy-two times a minute, and in that time pumps about two gallons of blood. The time required for a drop of blood to make a complete circuit of the body is estimated at twenty-three seconds, necessitating about twenty-six beats. The difference between rest and severe exercise may involve changes as great as 1000 per cent. or thirty pints a minute.

The amount of work which the heart does in one day is equivalent to the additional energy expended by a man in shovelling twenty-six tons of coal up a three-foot incline; or it may be expressed as the equivalent of lifting half a pound forty inches high with each beat. Under normal conditions, approximately eight pints of blood are passing through the heart every minute. During violent exercise all the blood in the body (eight pints) goes through the heart in about twelve seconds.

Under ordinary pressure the blood courses through the vessels at the rate of 207 yards a minute, seven miles an hour, 168 miles a day and 61,320 miles a year, as the heart beats fifty million times! This is even more remarkable when we recall that all this work is being done by so small an organ as the heart, which weighs but ten ounces.

What about the condition of the blood vessels? It is the hardening of these vessels that almost always causes high blood-pressure. It may be said in general that there are four factors that occasion this hardening: (1) the normal wear and tear of life; (2) acute infections, (venereal diseases, tuberculosis); (3) intoxications (alcohol, tobacco) and (4) personal habits (worry, over-work, over-eating).

MONEY IN TIMOTHY SEED

This spring Maritime farmers paid up to 12c per pound for timothy seed, and most of the supply still came from the United States against a Canadian tariff of 2 cents per pound, a 3 per cent. excise tax, and an unfavourable rate of exchange. From July 1, 1931, to May 31, 1932, over 8½ million pounds of timothy seed were imported from the United States, and only 40,165 lbs. from Great Britain.

The Dominion Seed Branch, Sackville, N.B., by press item of last July, advised Maritime farmers to save for seed fields of timothy that were practically free from ox-eye daisy and without too many sheep sorrel, chickweed, cinquefoil, yarrow, plantain and spurrey. Samples were received from 90 P.E.I. farmers and one N.B., who harvested up to 3,300 lbs., with highest average yield of 400 lbs. per acre. The samples graded 15 No. 1, 23 No. 2, 24 No. 3 and 29 rejected. Advice was given on best screens and where to get them for tacking to frames of ordinary fanning mills.

Timothy is ripe when the heads thresh out readily in the hand, and is cut with the binder adjusted high to avoid most of the bottom weeds. Threshing may be done direct from the field when the stocks are thoroughly cured, but if stored should not be threshed until through sweating in the mow. Use all rows of teeth in the thresher. Hulling the seed may be kept to a minimum by cutting before over-ripe, lowering the speed of the threshing cylinder, and opening the concaves just to thresh clean. Grading may be done when convenient, but seed in chaff should be spread out and stirred if heat develops.

FIND CRATE FEEDING BRINGS BETTER RETURNS

There is more than usual interest for farmers in facts established by studies in poultry feeding and finishing at the federal Experimental Station at Swift Current, Sask., last year. In conducting the studies designed to show the relative value of feeds and method, four separate lots of cockerels and pullets were used. Without going into all the details shown by the studies the following conclusions are cited:

It is possible to make a profit on home-grown feeds by raising poultry for meat production.

Crate feeding as a finishing medium is both profitable and advisable.

Holding birds until they are reasonably well matured is profitable, and selling immature birds is unprofitable. Pullets should be finished by crate feeding from three weeks to a month earlier in age than cockerels.

Overmature birds are unprofitable because of the small gains made per pound of seed consumed.

Mature, finished birds bring the greatest price per pound and per bird.

Large, well finished birds bring a higher price per pound and per bird than small birds equally well finished.



THAT'S why we're in business. We'll gladly give you help with your insurance problems. Consult us first

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RADIO LICENSES FOR SALE AT THIS OFFICE

NOTICE

TAKE NOTICE that there will be sold by public auction at the Court House at the Parish of Andover in the County of Victoria, on Friday the fifth day of August, A. D. 1932, at the hour of two o'clock in the afternoon, all the right, title and interest either at law or in equity of Edward McCluskey of the Town of Grand Falls in the said County of Victoria,

Merchant, in the following lands and premises:

All that certain tract of land and premises situate in the Parish of Drummond in the County of Victoria, known and distinguished as lot number 167 in Range Four, New Denmark Settlement North, containing seventy-five acres, more or less, and being

the same land granted to Edward McCluskey by the Crown, February 15, 1925, a more particular description to be found in the Victoria County Records.

The same having been seized and taken by me as sheriff at the instance of an execution at the suit of Patterson Chocolates Limited against the

said Edward McCluskey.

Dated the twenty-seventh day of June, A.D. 1932.

FRANK V. BISHOP,
High Sheriff in and for the County of Victoria.

NOTICE

Take notice that there will be sold by public auction at the Court House in the Parish of Andover in the County of Victoria on Friday the fifth day of August, A.D. 1932, at the hour of two o'clock in the afternoon, all the right, title and interest, either at law or in equity, of Andrew Johnson, Junior, in a certain indenture of mortgage made by George W. Johnson and wife to Andrew Johnson, Senior, registered in Book 47, 67, of the Victoria County Records, on the following lands and premises:

All that certain parcel of land and premises situate in the Parish of Grand Falls in the County of Victoria, described as lot number one hundred and twenty-five in Block Nine, granted to Andrew Johnson, Senior, October 4, 1875, containing 100 acres, more or less.

The same having been seized and taken by me as sheriff at the instance of writs of execution at the suits of The Wade Drug Co., Ltd., and J. B. Wright against the said Andrew Johnson, Junior.

Dated the twenty-seventh day of June, A.D. 1932.

FRANK V. BISHOP,
High Sheriff in and for the County of Victoria.

NOTICE

Take notice that there will be sold by public auction at the Court House at the Parish of Andover in the County of Victoria, on Friday the fifth day of August, A.D. 1932, at the hour of two o'clock in the afternoon, all the right, title and interest, either at law or in equity, of Horace G. Watson, deceased, and Mary J. Watson, of the Parish of Grand Falls in said County, in the following lands and premises, subject to a mortgage in favour of Patrick F. Heffernan:

All those three certain lots or parcels of lands and premises situate in the Parish of Grand Falls in the County of Victoria, known and distinguished as lots number 130, 131 and 132, in Block Nine. See Victoria County Records, Book Z, 13 and Book S, 724.

The same having been seized and taken by me as sheriff at the instance of writs of fieri facias at the suits of J. Clark & Son, Limited, and M. L. Wright & Son, Limited, respectively, against the said Horace G. Watson and Mary J. Watson.

Dated the twenty-seventh day of June, A.D. 1932.

FRANK V. BISHOP,
High Sheriff in and for the County of Victoria.

Your Behavior is Standard Behavior

PERHAPS you would like to think that your behavior—meaning the way you behave in regard to the affairs of everyday life—differs from that of the multitude. Well, perhaps it does, but the chances are that it is the same as that of the great majority of persons. Thus:

You wear clothing and hats which conform to the prevailing fashions.

The meals which you serve in your home are almost identical with those served in other homes.

What offends most others is pretty sure to offend you.

Your views on books, novels, preachers, entertainers and radio programmes are likely to be the same as the views of the great majority of your friends.

Your taste in holidays and places is likely to be identical with that of most of your friends and acquaintances.

The books which you most want to get at your public library are pretty certain to be "out"—showing that your reading taste corresponds with that of the great majority of men and women.

NOW do not be offended when it is said that your behavior is standard behavior. Who wants to be "different"? Why run counter to the practices of most men and women?

What you want to believe is that you have individuality and personality. But, for goodness sake, don't be out of step with the great majority of men and women.

Individuality and personality are not behavior. They are permissible, and everyone should aim to have individuality and personality. But, in the realm of behavior, to be "different" is to be eccentric, uncouth, abnormal—perhaps offensive.

Very interesting, is it not?

NOW (do you know what standardizes human behavior? It is the reading of advertisements. Advertisements in newspapers influence the ways of millions—make most of us act in the same way. Advertisements simplify human conduct or behavior—by standardizing it. A simplified life gives us greater opportunity for the expression of individuality and personality.

Suggestion

Cut out this advertisement (for it is an advertisement), and make it a subject for discussion—in your home, in a friend's home, in a literary society. Let the question be: Is it good for the world to have human behavior standardized?

This advt. is sponsored by the Canadian Weekly Newspapers Association.

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