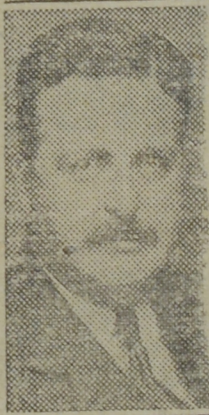


Hiccoughs Now Are Classified By The Medical Men

Many Types of This Ill But There Is No Sure Cure.

By LOGAN CLENDENING, M.D.
Cleveland College Western Reserve University

Hiccough may be funny, annoying, disabling, or extremely serious. Every once in a while the newspapers report the plight of some patient who has been hiccupping for several weeks or months. They become exhausted, and not infrequently there is a fatal outcome.



Dr. Clendening

Some of the most frequent questions asked doctors are also among the most difficult to answer. One of these is, "Doctor, what shall I do for hiccupping?" One would think that so apparently simple a thing could be successfully treated by any kind of a doctor, but the actualities are that a physician confronted with a case of hiccupping is usually almost completely helpless.

The physiology of hiccupping is due to the simultaneous and involuntary contraction of the diaphragm and the glottis, which arrests air in the windpipe. This is a reversal of the normal reflex which automatically opens the glottis at the same time that the diaphragm moves in respiration.

Many Classifications

There are many classifications of hiccupping, such as the reflex type, the irritation type, the neurotic type, the epidemic type, and the inflammatory type.

The commonest of all is the irritation type, in which the hiccupping occurs from causes which, when removed, at once bring relief, such as distention of the stomach from too much food, hot or cold drinks, swallowing of air. Some people are subject to recurrent hiccupping due to the fact that the esophagus is too short and food accumulates there and chronically irritates the diaphragm.

The neurotic type occurs in certain individuals who have a hyper-sensitive stomach mucosa. They frequently have hiccupping which lasts sometimes for days or weeks.

Hiccupping is occasionally epidemic, apparently due to the action of a germ, similar to the germ of sleeping sickness, which affects the nerve centres of the respiratory region.

Remedies for hiccupping have been suggested since ancient times. One of the aphorisms of Hippocrates says that "sneezing after hiccupping removes the hiccupping." Mechanical methods of relieving a simple hiccupping are regular forced breathing, by holding the breath, holding the tongue down with a tongue depressor, pressing the eyeballs, the external ear and the back of the neck, hanging from the arms stretched above the head, keeping the abdominal muscles tensed and holding the breath.

Many medicines have been recommended, but there is none that can be depended upon.

QUESTIONS FROM READERS

A. B.: "What is the cause of spots before the eyes?"

Answer: Spots before the eyes frequently occur in normal eyes. They may be due to over-stimulation by bright light or sunlight. Certain forms indicate definite disease of the eyes and it is advisable, if they are persistent, to have an examination made in order to determine if they are of the harmless variety.

Every Woman Loves Charming Negligees

Lace and Velvet Make Alluring Lounging Robe

By LISBETH

Every woman loves to possess a lovely negligee. She may not have much time for wearing dainty but impractical lounging robes, but she has a feeling that she may be ill some time, or go on a trip where she will need such things, and just to own a trailing mass of lace, satin, silk or velvet, is a delightful thing to feel.

Night apparel certainly grows lovelier and lovelier, the designers apparently having concentrated on making robes de nuit in as many styles and as nearly like exquisite formal gowns as possible. Robes to cover these nightgowns are just as lovely. Some are surprisingly inexpensive, too.

Robe Is Reversible

At the left is a reversible lounging robe of beige colored lace lined with crushed velvet in a turquoise blue shade. Notice the crushed velvet collar and cuffs, the length of the front closing also showing a line of it. It is double-breasted, and rather tailored, in spite of the lace and velvet of which it is made.

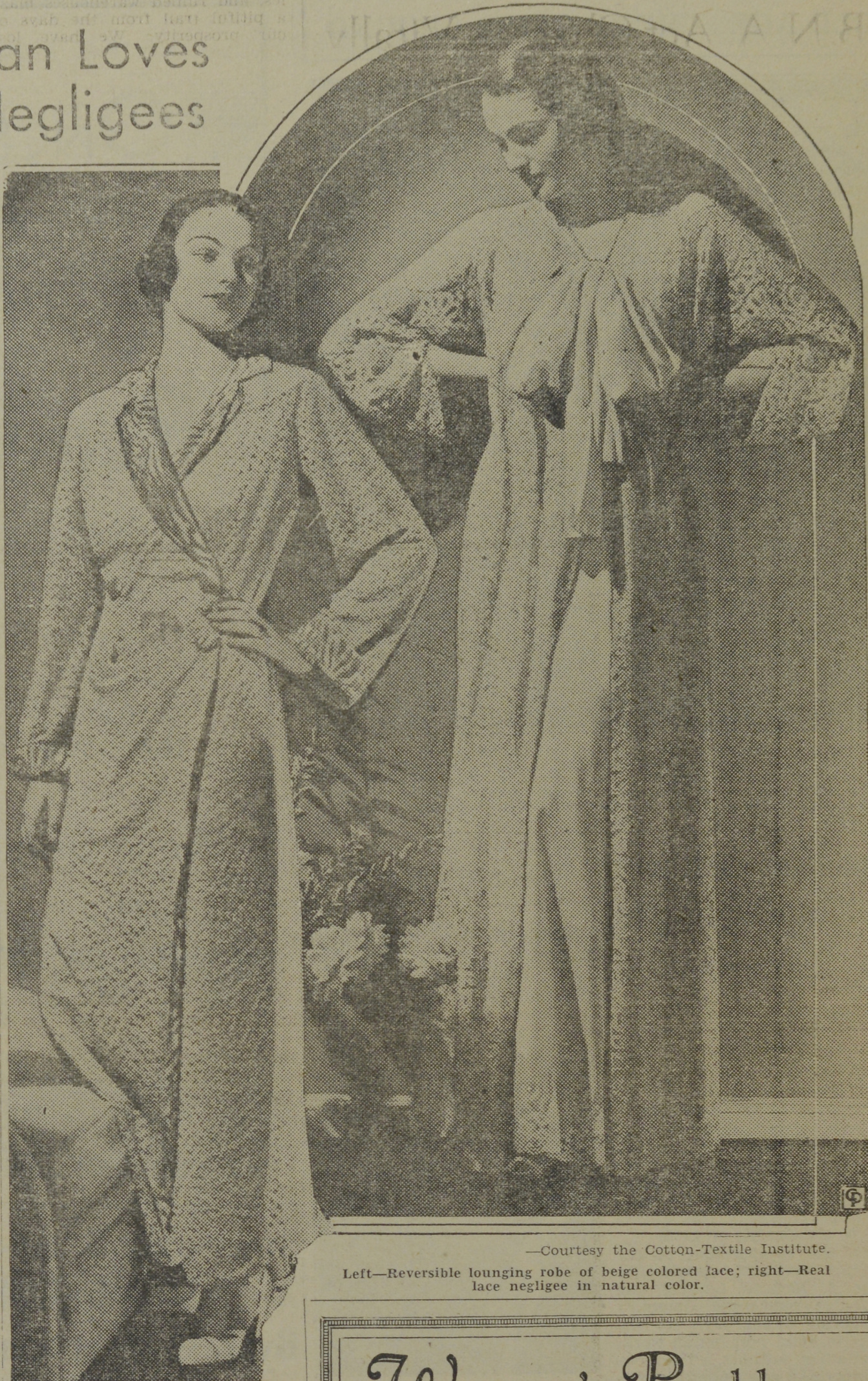
Real lace in a natural color is used for the other. The sleeves are wide, and of three-quarters length, and a huge bow of apricot colored crepe finishes the V-shaped neckline. You can see the dainty, lace-edged nightgown showing at the opening in front.

These two models are designed for one's "private world," but there are the many types of robes, pajamas and hostess gowns that are created to be seen of men—and other women too—for the more informal hours of the day or evening.

These come in a variety of types and materials, including quilted velvets, plain velvet, white satin, gold and silver lames, and other expensive and luxurious materials. The velvet gowns often are lined with chiffon, and are altogether gorgeous.

Velvet trimmed with marabou makes a popular type of hostess or tea gown, with red a favorite color and in several shades, while

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—Courtesy the Cotton-Textile Institute.

Left—Reversible lounging robe of beige colored lace; right—Real lace negligee in natural color.

WHAT ONE GIRL WORE

By BETTY BROWNLEE

Delicate chiffons, pleated all over and carrying about them an air of charm and grace, are a dominant note in fashions for evening wear and in daytime ensembles to be worn at southern resorts. As far as the evening vogue is concerned, there is surely no lovelier picture than the sight of a pretty girl floating about the ballroom amidst a swirl of wispy chiffon. In white and fairylake pastels, gowns of this type are becoming increasingly popular.

For southern resort wear, the flowered chiffons take precedence in gay little ensembles for those afternoon occasions when you may want to "dress up." Such an ensemble is illustrated. The print itself is charming, being in a pale grey-beige with a small design in black and red. It is pleated all over except for the shoulder yoke, with its capelet sleeve and the plain yoke at the waist. The skirt is circular below the hips and the jacket is short, quite flared at the back and trimmed with rich cuffs of black fox.

Before purchasing material for a coat or suit, be sure to ask whether it has been sponged. Every spot of water will show, if it has not been sponged and if caught in a shower the garment is liable to shrink.



Theatre Guest Tickets for
MISS RHODA W. VINCENT
113 Queen Street, Saint John, N. B.

Women's Problems

By VIRGINIA LEE

You've doubtless heard the phrase, "when patience ceases to be a virtue." It is a true saying. There are times when we endure and endure, and are patient until such time as something that is just too much happens, and then we "blow up." And sometimes that explosion wrecks our lives and sometimes it will clear the air.

This is the letter of the woman who "blew up" and cleared matrimonial air.

"Dear Virginia Lee:—Was very much interested in your answer to 'Worried Wife.' I also have a husband who enjoys fooling around with other women.

"We have been married 15 years and are the parents of two children. I'm sure he loves me and is faithful.

"On outings, camping trips and the like, ever since we have been married, he would have to have his picture taken with another woman in his arms. I have the pictures to prove this.

Laughs For Years

"Well, for 15 years I laughed it off and didn't let it worry me, as

you advised, but last summer we took our first real trip of any distance on what he told our friends was to be our long-delayed honeymoon.

"The couple we visited have been entertained in our home several times. My husband always behaved as a proper host on those occasions, but on this, our first visit to their home, he picked her out for his marked attentions. Besides the usual picture that he said he wanted to show the folk back home, taken with a good-looking red-head, he kept telling her he never knew she was so beautiful, and how stunning she looked when she was dressed up, and even told her he wanted her to sit by him in the front seat of our car on trips we made, and she did.

"I choked back my feelings and pretended to be having the time of my life, so I don't think she had the satisfaction of knowing how it hurt.

"We came home from our visit and I decided never to say anything to my husband about how he acted, and that it had spoiled my vacation. But he kept saying things about her, such as he thought she would be untrue to her husband if she had a chance, or maybe she had cheated him, and how silly she looked in a hat

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